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Fellows Society of Greater New York

Cardiology Fellows Society of Greater New York

Founded in 1989-1990 by Valentin Fuster, MD, PhD, who continues his stewardship of the program.
Largest Fellows Society in the country remaining active and vibrant today more than ever.
Includes over 21 ACGME programs in the Tristate area.

Mission

- To foster a community among cardiology fellows in the Tristate area
- To offer a forum to address educational and clinical issues specifically targeted to cardiology fellows
- To provide opportunities for public speaking through advocacy, community service and outreach
- To involve young physicians early on in their careers with the American Heart Association

Leadership

- **Founding Director** Valentin Fuster, MD, PhD
- **Program Co-Advisors** Anuradha Lala-Trindade, MD
Steven O. Marx, MD
- **Fellows Board of Directors**
 - **President** Tamanna Singh, MD
 - **Co-Vice President, Education** Michael Garshick, MD
 - **Co-Vice President, Education** Miguel Alvarez-Villela, MD
 - **Vice-President, Community Outreach/Advocacy** Jossef Amirian, MD

THE YEAR IN REVIEW 2016-2017

August 23, 2016

Welcome, AHA Fellow Liaisons Meeting

The Fellows Society is led by a fellow-governed Board of Directors (BOD) and supported by a team of hardworking and dedicated liaisons. Two liaisons per institutions are responsible to participate with planning, organization and promotion of the societies programs with input from our BOD, Founding Director, Dr. Fuster and Program Co-Advisors, Dr. Lala-Trindade and Dr. Marx. During the first meeting we brainstormed ideas for our annual educational programs and discussed our annual initiatives.



October 1, 2016

An Afternoon at the MoMA – Art Appreciation Workshop

This year we initiated a new educational program focused on the humanities to foster cultural growth and understanding of the relationship between art and medicine. Taking advantage of our artistic surroundings in New York City, the fellows took a guided-tour of the museum and participated in a discussion of various important works throughout the museum.



November 22, 2016

Careers in Cardiology: Choosing Your Path

This program provided an opportunity for cardiology fellows to receive practical advice and guidance in career development, further specialized training and transitioning from a fellow-in-training to a successful board-certified cardiologist. Fellows participated in small-group discussions regarding career paths with over thirty attending cardiologists from the surrounding area, thus fostering inter-institutional faculty-fellow relationships. They also had the privilege of partaking in an intimate Q&A with our Founding Director, Dr. Fuster, and Program Co-Advisors, Dr. Lala-Trindade (Moderator) and Dr. Marx. In addition to obtaining practical information about finding a job, they received legal advice and information regarding contract negotiation.



Round Table Discussions

- Academic Medicine
- Advanced Heart Failure and Critical Care
- Electrophysiology
- Interventional Cardiology
- Private Practice



November 3, 2017 – January 18, 2017 – March 23, 2017

Adult Congenital Heart Disease Series

The 3 part ACHD series provided an opportunity for small group sessions focused on all aspects of congenital heart disease and featured didactic lectures designed to bridge the educational gap in the field.

Ali N. Zaidi, MD, Director of the Montefiore Adult Congenital Heart Disease & Pulmonary Hypertension Program, Assistant Professor of Internal Medicine & Pediatrics at Montefiore Einstein Center for Heart & Vascular Care, The Children’s Hospital of Montefiore, and The University Hospital for Albert Einstein College of Medicine.

Dr. Zaidi provided a 2-part lecture series focused on:

- Acyanotic congenital heart disease
- Cyanotic congenital heart disease



Muhamed Saric, MD, PhD, Associate Professor at NYU Langone Medical Center concluded the series with a lecture on multimodality imaging of adult congenital heart disease with a focus on:

- Historical overview of major surgical and percutaneous repairs of congenital heart disease
- Role of echocardiography in multimodality imaging of adult congenital heart disease
- Making the diagnosis of adult congenital heart disease easy: how to get maximal information from minimal number of images



December 17, 2016

Controversies in Cardiology Dinner & Debate- “Racing Against Sudden Cardiac Death: The Challenges of Managing Cardiovascular Abnormalities in Competitive Athletes”

The goal of this program was to engage cardiology fellows in a discussion regarding competitive athletes with cardiovascular abnormalities and their risk of sudden cardiac death. Two cases with discussion points regarding pre-participation screening, diagnostic algorithms and treatment, recommendations regarding continued participation in competitive sports and the role for shared decision making were debated among our distinguished panelists from surrounding institutions.



Distinguished Faculty

- David Engel, MD - Columbia University Medical Center, New York-Presbyterian Hospital
- Steven Fowler, MD - NYU Langone Medical Center
- Dan G. Halpern, MD - NYU Langone Medical Center
- Gina LaRocca, MD, MHSc, FACC, FASE, FSCCT - Mount Sinai Hospital
- Daniel B. Sims, MD - Montefiore Medical Center & Albert Einstein College of Medicine

Fellow Case Presenters: Krysthel Engstrom, MD - Mount Sinai Hospital
Randal Goldberg, MD - NYU Langone Medical Center



Community: Educational Talks

This year – similar to years past – fellows with a particular interest in community outreach had the opportunity to address various community groups discussing cardiovascular disease education.

Target BP Lunch and Learn

- Krysthel Engstrom, MD, presented at Hostos Community College.



May 18, 2017

Wall Street Run and Heart Walk

The Cardiology Fellows Society of Greater New York teamed up to promote heart health and exercise during the AHA Wall Street Run and Heart Walk. The goal was to help encourage New Yorkers to live a more active lifestyle by demonstrating the benefits of something as fun and easy as walking.



May 10, 2017

Part I. Controversies in Cardiology Dinner & Debate -“Surgery vs. Percutaneous Intervention: An Ongoing Debate on Revascularizing Complex Coronary Lesions”

The second event in our Controversies in Cardiology series involved a case presentation and dynamic debate that regarded appropriate management of complex coronary lesions. Discussion included the surgical and percutaneous management options for the case including risks, benefits and complications of each treatment option. This was debated among our distinguished panelists from the greater New York area.

Distinguished Faculty:

- Michael Argenziano, MD - Columbia University Medical Center
- Sripal Bangalore, MD - NYU Langone Medical Center
- Valentin Fuster, MD, PhD - Mount Sinai Hospital
- Mario J. Garcia, MD - Montefiore Medical Center
- John Puskas, MD - Mount Sinai Beth Israel
- Samin K. Sharma, MD - Mount Sinai Heart Network

Fellow Case Presenter: May Bakir, MD - Mount Sinai Health System



Part II. End of Year Celebration

Insight from our Founding Director and Co-Program Advisors & Toast to the Graduates

This year has been full of enriching educational events for fellows within the greater New York area including a new series focused on the humanities to foster cultural growth. We hope that all of you have enjoyed the year and encourage you to remain engaged. Thank you for your support and be on the lookout for upcoming programs!

