



2026 Uumanek Ellangneq & Qemirluni ayuqellria Statistiks Nutaan Qalarutiiq Qanruyutet Qantaryaraq Nunaryarmi Ellangneq Angyaqegkun

2024, 2025, cali 2026 Statistiks Nutaan Qalarutiiq-llit meen piciqellriit 2021 Nunaryarmi Ellangneq Angyaqegkun ellangellruuq ellangneklugviit. Atam ellangneq nunaryarmi iluani qalarutellriit ikayurluki (2025 cali 2026 Statistiks Nutaan Qalarutiiq-mek) piciqellriit pimalria assiingellriit ellangneq 2024 Statistiks Nutaan Qalarutiiq-mek, taumi akineqarluni assiingellriit irniqellruyaraq-mek cali inuit meen piciqellriit ellangneqarluni, statistiks cali maligtaq-llu nunaqmanrilkeni imarpiggluku aturluki ayuqenrit-llit assiingellriit, cali ellangneklugviit nutaanellriit akuliqertut qulen 3000-llu, uksuq 2024 Amerikami Uumanek Aturluni Tuntussaq Statistiks Nutaan Qalarutiiq qalarutirraarluni.

Una qanruyutet qantaryaraq-mi qalarutellriit ellangneklugviit meen nunaryarmi ellangneklugviit piciqellriit.

Uumanek cali auqat Ellangneq (CVD)

- 2021-mi, qanrutngurarluni 19.41 miliyun nunaryarmi tuquciqellriit CVD-ngun piciqellriit. Uksuq iluani aturneqarluni aaqqigciqellriit nunaryarmi tuquciqellriit rate-a CVD-ngun 235.18 100 000-llu iluani piciqellriit. Nunaryarmi piciqellriit 612.06 miliyun piciqellriit. Uksuq iluani aturneqarluni aaqqigciqellriit CVD-ngun piciqellriit rate-a 7178.73 100 000-llu iluani piciqellriit.
- 2021-mi, CVD-ngun piciqellriit tuquciqellriit rate-llit angyaqellriit Aasiامي Qitiqarmi cali Iyurop-mi Kangirliq-mi; qass'aq angyaqellriit piciqellriit Oseaniya-mi, Afriqami Kangingnaarmi cali Midul list-mi, cali Afriqami Qitiqarmi sub-Saharan-mi. Rate-llit piciqellriit qerqerluteng Aasiامي Pacifik-mi akiqellriit angyaqellriit Australasiaq-mi.

Coronary Uumanek Ellangneq (CHD)

- Nunaryarmi, nalruqelluku 2021-mi, 254.28 miliyun inuit ischemic uumanek ellangneq (IHD) piciqellriit; angutellriit iluani angyaqellriit piciqellriit arnatellriit iluani (145.31 cali 108.97 miliyun inuit, nalruqelluku). Uksuq iluani aturneqarluni aaqqigciqellriit piciqellriit rate-a 2946.38 100 000-llu iluani piciqellriit (angutellriit iluani 3610.24 100 000-llu iluani; arnatellriit iluani 2357.61 100 000-llu iluani).
- 2021-mi, Afriqami Kangingnaarmi cali Midul list-mi IHD piciqellriit rate-llit angyaqellriit meen nunaryarmi qerqunritellriit; mwirni Iyurop-mi Kangirliq-mi, cali Aasiامي Kangirliq-mi cali Aasiامي Qitiqarmi.
- Nalruqelluku 2021-mi, nunaryarmi 8.99 miliyun tuquciqellriit IHD-ngun piciqellriit, angutellriit iluani tuquciqellriit angyaqellriit arnatellriit iluani (5.00 miliyun cali 3.99 miliyun, nalruqelluku). 2021-mi, nunaryarmi IHD-ngun uksuq iluani aturneqarluni aaqqigciqellriit tuquciqellriit rate-a 108.73 100 000-llu iluani piciqellriit (136.84 100 000-llu iluani in angutellriit iluani; 85.32 100 000-llu iluani arnatellriit iluani).
- IHD-ngun tuquciqellriit rate-llit angyaqellriit Aasiامي Qitiqarmi, Iyurop-mi Kangirliq-mi, cali Afriqami Kangingnaarmi cali Midul list-mi. Tuquciqellriit qerqerluteng Aasiامي Pacifik-mi akiqellriit angyaqellriit.

Nallunritelluku tamakurluku Statistiks Nutaan Qalarutiiq, qimugtaq-llit cali ellangneq allat piciqellriit qalarutellriit statistiks-llit aturluki. Statistiks cali angyaqellriit una qanruyutet qantaryaraq-mi ellangneklugviit aturluki inerquut: Institute for Health Metrics and Evaluation (Ellangneq Metric-llit cali Nallunritellriit Tuntussaq). Aturluni qemaggluku. Mikelngurarluni piciqellri. www.healthdata.org/gbd/about (Website-aq Inglissuun).

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Qemirluni ayuqellria

- 2021-mi, nunaryarmi qemirluni ayuqellria picicellriit 93.82 miliyun inuit picicellriit, cali nerellriit qemirluni ayuqellria picicellriit 69.94 miliyun, intracerebral hemorrhage picicellriit 16.60 miliyun, cali subarachnoid hemorrhage picicellriit 7.85 miliyun. 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqigicicellriit picicellriit rate-llit picicellriit 1099.31 100 000-llu iluani qemirluni ayuqellria-ngun, 819.47 100 000-llu iluani qemirluni ayuqellria-ngun, 194.51 100 000-llu iluani intracerebral hemorrhage-ngun, cali 92.17 subarachnoid hemorrhage-ngun.
- Tamalkuteng, 2021-mi, uksuq iluani aturneqarluni aaqigicicellriit qemirluni ayuqellria picicellriit rate-llit angyaqellriit Afriqami sub-Saharan-mi, cali Aasiامي Kangirliq-mi, Kangirliq-Qungrumi, cali Aasiامي Qitiqarmi Rate-llit picicellriit qerqerluteng Australasiaq-mi.
 - Uksuq iluani aturneqarluni aaqigicicellriit nerellriit qemirluni ayuqellria picicellriit angyaqellriit Afriqami sub-Saharan-mi Kangirliq-Qungru-mi; mwirni Afriqami sub-Saharan-mi Kangirliq-mi, cali Aasiامي Kangirliq-mi, cali Aasiامي Qitiqarmi.
 - Uksuq iluani aturneqarluni aaqigicicellriit intracerebral hemorrhage picicellriit angyaqellriit Afriqami sub-Saharan-mi Kangirliq-mi, Aasiامي Kangirliq-Qungru-mi, Oseaniya-mi, cali Aasiامي Pacifik-mi akiqellriit angyaqellriit.
 - Uksuq iluani aturneqarluni aaqigicicellriit subarachnoid hemorrhage picicellriit angyaqellriit Aasiامي Pacifik-mi akiqellriit, cali Andean Latin Amerikana-mi.
- 2021-mi, nunaryarmi 7.25 miliyun tuqucicellriit qemirluni ayuqellria-ngun picicellriit. Nunaryarmi, meen 3.59 miliyun inuit nerellriit qemirluni ayuqellria-ngun tuqucicellriit; 3.31 miliyun inuit intracerebral hemorrhage-ngun tuqucicellriit; cali 0.35 miliyun inuit subarachnoid hemorrhage-ngun tuqucicellriit
- 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqigicicellriit tuqucicellriit rate-llit picicellriit 87.45 100 000-llu iluani qemirluni ayuqellria meenngun, 44.18 100 000-llu iluani nerellriit qemirluni ayuqellria-ngun, 39.09 100 000-llu iluani intracerebral hemorrhage-ngun, cali 4.18 100 000-llu iluani subarachnoid hemorrhage-ngun.
- 2021-mi, uksuq ierisinde aturneqarluni aaqigicicellriit tuqucicellriit qemirluni ayuqellria-ngun angyaqellriit Oseaniya-mi, cali Aasiامي Kangirliq-Qungru-mi. Rate-llit picicellriit qerqerluteng Australasiaq-mi cali Iyurop-mi Kangirliq-mi.
 - Uksuq iluani aturneqarluni aaqigicicellriit tuqucicellriit nerellriit qemirluni ayuqellria-ngun angyaqellriit Iyurop-mi Kangirliq-mi; mwirni Afriqami Kangingnaarmi cali Midul list-mi, cali Aasiامي Qitiqarmi. Tuqucicellriit qerqerluteng Australasiaq-mi.
 - Uksuq ierisinde aturneqarluni aaqigicicellriit intracerebral hemorrhage-ngun tuqucicellriit angyaqellriit Oseaniya-mi; mwirni Aasiامي Kangirliq-Qungru-mi cali Kangirliq-mi, cali Afriqami Sup-Saharan-mi Qitiqarmi cali Kangirliq-mi.
 - Uksuq ierisinde aturneqarluni aaqigicicellriit nalruqelluku subarachnoid hemorrhage-ngun tuqucicellriit angyaqellriit Oseaniya-mi; mwirni Aasiامي Kangirliq-Qungru-mi, cali Andean Latin Amerikana-mi.

Auqat Qepunritellria Angyaqellria

- 2021-mi, nunaryarmi auqat qepunritellria systolic angyaqellria-ngun 10.85 miliyun tuqucicellriit picicellriit. Nunaryarmi uksuq iluani aturneqarluni aaqigicicellriit tuqucicellriit rate-a auqat qepunritellria angyaqellria-ngun 131.10 100 000-llu iluani picicellriit.
- Uksuq ierisinde aturneqarluni aaqigicicellriit tuqucicellriit rate-llit auqat qepunritellria systolic angyaqellria-ngun angyaqellriit Aasiامي Qitiqarmi; mwirni Iyurop-mi Kangirliq-mi, Afriqami Sup-Saharan-mi Qitiqarmi, cali Afriqami Kangingnaarmi cali Midul list-mi.
- 2019-mi, auqat qepunritellria angyaqellria atam 1 picicellriit 5 qasqellriit angyaqellriit ellangneq angyaqegkunnganut (uksuq ellangneq picicellriit tuqucicellriit assiingellriit cali disability-picicellriit-gguqarluni aaqigicicellriit ellangellriit ukuut-llit) meen nunaryarmi qerqunritellriit, kinguq Oseaniya-mi, cali Afriqami Sup-Saharan-mi Kangirliq-mi, Qitiqarmi, cali Kangirliq-mi.

Nallunritelluku tamakurluku Statistiks Nutaan Qalarutiiq, qimugtaq-llit cali ellangneq allat picicellriit qalarutellriit statistiks-llit aturluki. Statistiks cali angyaqellriit una qanruyutet qantaryaraq-mi ellangneklugviit aturluki inerquut: Institute for Health Metrics and Evaluation (Ellangneq Metric-llit cali Nallunritellriit Tuntussaq). Aturluni qemaggluku. Mikelngurarluni picicellri. www.healthdata.org/gbd/about (Website-aq Inglissuun).

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Uqat Cholesterol angyaqellria & Allat Lipid-Ilit

- 2021-mi, nunaryarmi qerqellria qavarluni lipoprotein cholesterol angyaqellria-ngun 3.65 miliyun tuquciqellriit picicellriit. 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqqigciqellriit tuquciqellriit rate-a qerqellria qavarluni lipoprotein cholesterol angyaqellria-ngun 43.67 100 000-llu iluani picicellriit.
- 2021-mi, uksuq ikerisinde aturneqarluni aaqqigciqellriit tuquciqellriit rate-llit qerqellria qavarluni lipoprotein cholesterol angyaqellria-ngun angyaqellriit Iyuroop-mi Kangirliq-mi; mwirni Aasiامي Qitiqarmi, cali Afriqami Kangingnaarmi, cali Midul list-mi

Tabaakuuq

- 2021-mi, nunaryarmi tabaakuuq-ngun nalruqelluku 7.25 miliyun tuquciqellriit picicellriit (angutellriit 5.68 miliyun cali arnatellriit 1.57 miliyun). 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqqigciqellriit tuquciqellriit rate-a tabaakuuq-ngun 85.66 100 000-llu iluani picicellriit.
- 2021 ellangneklugviit aturluki, Aasiامي Kangirliq-mi cali Oseaniya-mi tabaakuuq-ngun tuquciqellriit rate-llit angyaqellriit. Tuquciqellriit rate-llit qerqerluteng Andean Latin Amerikana-mi
 - Global Burden of Disease study (Nunaryarmi Ellangneq Angyaqegkun Ellangellruuq)-mit nalruqelluku, 2021-mi, tabaakuuq atam malruk-ngun qasqellria uksuq ellangneq picicellriit tuquciqellriit assiingellriit-ngun (auqat qepunritellria systolic angyaqellria atam 1-ngun), cali tabaakuuq qass’aq-ngun qasqellriit iluani uksuq ellangneq picicellriit tuquciqellriit cali ikayuqarluni ellangneq nunaryarmi.

Timim iluani Aturluni

- 2021-mi, nunaryarmi timim iluani aturluni qerqellria-ngun nalruqelluku 0.66 miliyun tuquciqellriit picicellriit. 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqqigciqellriit tuquciqellriit rate-a timim iluani aturluni qerqellria-ngun 7.99 100 000-llu iluani picicellriit.
- 2021-mi, nunaryarmi qerqunritellriit ikerisinde timim aturluni qerqellria-ngun tuquciqellriit rate-llit angyaqellriit Afriqami Sup-Saharan-mi Kangirliq-Qungru-mi, Afriqami Kangingnaarmi cali Midul list-mi, cali Oseaniya-mi. Tuquciqellriit rate-llit qerqerluteng Aasiامي Pacifik-mi akiqellriit angyaqellriit, cali Latin Amerikana-mi Kangirliq-Qungru-mi.

Timim angyaqellria & Obesity

- 2021-mi, nunaryarmi timim angyaqellria ellangneq angyaqellria-ngun 3.71 miliyun tuquciqellriit picicellriit. 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqqigciqellriit tuquciqellriit rate-timim angyaqellria ellangneq angyaqellria-ngun 44.23 100 000-llu iluani picicellriit.
- 2021 ellangneklugviit aturluki, qerqunritellriit ikerisinde uksuq ikerisinde aturneqarluni aaqqigciqellriit tuquciqellriit rate-llit timim angyaqellria ellangneq angyaqellria-ngun qerqerluteng Aasiامي Pacifik-mi akiqellriit angyaqellriit, cali angyaqellriit Afriqami Sup-Saharan-mi Kangirliq-Qungru-mi, Afriqami Kangingnaarmi cali Midul list-mi, cali Oseaniya-mi.

Diabetes

- 2021 ellangneklugviit aturluki nunaryarmi, 525.65 miliyun inuit diabetes-llit piciqellriit (angutellriit 270.84 miliyun cali arnatellriit 254.81 miliyun). Nunaryarmi uksuq iluani aturneqarluni aaqqigciqellriit diabetes piciqellriit rate-a 6123.59 100 000-llu iluani piciqellriit
- 2021-mi, qerqunritellriit i erisinde diabetes piciqellriit nalruqelluku angyaqellriit Oseaniya-mi; mwirni Afriqami Kangingnaarmi cali Midul list-mi, Karibiani-mi, cali Kangingnaarmi Amerikana-mi akiqellriit angyaqellriit.
- 2021-mi, nunaryarmi 1.66 miliyun diabetes-ngun tuquciqellriit piciqellriit. 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqqigciqellriit tuquciqellriit rate-a diabetes-ngun 19.61 100 000-llu iluani piciqellriit.
- Uksuq i erisinde aturneqarluni aaqqigciqellriit tuquciqellriit rate-llit diabetes-ngun angyaqellriit Oseaniya-mi; mwirni Afriqami Sup-Saharan-mi Kangirliq-Qungru-mi. Rate-llit piciqellriit qerqerluteng Aasiامي Pacifik-mi akiqellriit angyaqellriit.
- 2021-mi, nunaryarmi akutaqarluni plasma glucose angyaqellria-ngun 5.29 miliyun tuquciqellriit piciqellriit. 2021-mi, nunaryarmi uksuq iluani aturneqarluni aaqqigciqellriit tuquciqellriit rate-a nallunritellria akutaqarluni plasma glucose angyaqellria-ngun 63.73 100 000-llu iluani piciqellriit.
- 2021-mi, uksuq i erisinde aturneqarluni aaqqigciqellriit tuquciqellriit rate-llit nallunritellria akutaqarluni plasma glucose angyaqellria-ngun angyaqellriit Oseaniya-mi; mwirni Afriqami Sup-Saharan-mi Kangirliq-Qungru-mi cali Qitiqarmi, cali Afriqami Kangingnaarmi cali Midul list-mi.

Qanruyutet qantaryaraq-llit, infograpfik-llit, cali Statistiks Nutaan Qalarutiiq nutaan ellriit qanercaraq-lluku piciqerciq uunga-mi:

[Uumanek cali Qemirluni ayuqellria Aturluni Tuntussaq Statistiks | American Heart Association](#) (Website-aq Inglissuun).

Statistiks cali angyaqellriit una Qanruyutet qantaryaraq-mi piciqellriit qalarutellriit qalarutirraarluku Statistiks Nutaan Qalarutiiq dokument-ngun katumirluku, cali piciqerciq citaat aturluku una ataani allallria dokument citaat-mek. Ellangneklugviit piciqellriit tabluluq-llit aturluki ataani allallriit tamakurluku dokument-mi. Cali, atam statistiks-llit qalarutirraarlriit ellminek ellangellruutet-mek piciqellriit. Ika una qanruyutet qantaryaraq-mi statistiks-llit atam citaat-lluku, nallunritelluku tamakurluku Uumanek Ellangneq cali Qemirluni ayuqellria Statistiks dokument, ellangneklugviit piciqellriit cali.

The American Heart Association nallunritellriaqaa tamakurluku dokument citaat-lluku una-llu qanruyutet aturluki:

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; llit aturluki American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2026 Uumanek Ellangneq cali Qemirluni ayuqellria Statistiks: Amerikami cali nunaryarmi ellangneklugviit qalarutiiq American Heart Association. *Circulation*. Internet-mi qalarutirraaq Januaari 21, 2026.

Mediya-mek nallunritellriit meen Nuutestem Mediya-llruut Piliriartait-mi piciqerciq <http://newsroom.heart.org/newsmedia/contacts> (Website-aq Inglissuun).