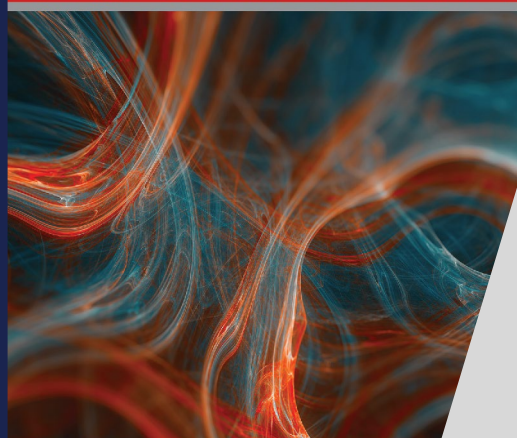


Circulation



Uumanek Ellangneq & Qemirluni ayuqellria Statistiks 2026 Nutaan Qalarutiiq

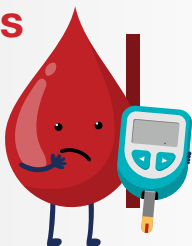
The American Heart Association (AHA) **2026 Statistiks Nutaan Qalarutiiq** angyaqegkun ellangnermi aturluni uumanek cali auqat ellangnermik, anguteghlluku qasqellriit, akineq, cali ellangnermik Amerikami cali nunaryarmi inuit iluani. Uksuum iluani akuliarluni qalarutirraaq mi **Circulation** cali picicertuq aturluni akiitairluku **AHAjournals.org/StatUpdate** (Website-aq Inglissuun)

Diabetes wall'u prediabetes
qallunrituq iluani **malruk**
Amerikami angutengqellriit.

(2021–2023 ellangneklugviit aturluki)

Ellminek **23% Amerikami**
angutengqellriit diabetes-
ilit tuqucimalriit nallunritellriit
aturluki auqat sukariinun, auqat
qepunritellriinun, cali cholesterol-un.

(2021–2023 ellangneklugviit aturluki)



218

100,000-llu iluani

Uksuq iluani aturneqarluni
aaqqigicqellriit **Amerikami**
tuquciqellriit rate-a CVD-ngun

(2023 ellangneklugviit aturluki)



235

100,000-llu iluani

Uksuq iluani aturneqarluni
aaqqigicqellriit **nunaryarmi**
tuquciqellriit rate-a CVD-ngun

(2021 ellangneklugviit aturluki)



Ellminek akuliarluni, Amerikami
inerquq tuqucirtuq ngun **CVD**
akuliarluni **34 sekenti.**
Akuliarluni uksumi, 2,510
Amerikami tuquciqellriit CVD-ngun

(2023 ellangneklugviit aturluki)



Ellminek akuliarluni, Amerikami
inerquq tuqucirtuq ngun
qemirluni ayuqellria
akuliarluni **3 miniti cali 14**
sekenti. Akuliarluni uksumi,
446 Amerikami tuquciqellriit
qemirluni ayuqellria-ngun

(2023 ellangneklugviit aturluki)

Uumanek Ellangneq & Qemirluni ayuqellria Statistiks 2026 Nutaan Qalarutiiq



Akiitairluku aturluni nutaanellria Amerikami cali Nunaryarmi Ellangneklugviit

26%

iluani Amerikami nallunrilnguut
6–11 ukiullit cali



14%

iluani Amerikami nallunrilnguut 12–17 ukiullit
tamakurluki Amerikami nallunritellriit aturluki
ikayurluku 60 miniti cali timim iluani
aturluni akuliarluni uksumi.

(2022 cali 2023 ellangneklugviit aturluki)



Amerikami: Angutengqellriit



40%

Ilit obesity (2021–2023 ellangneklugviit aturluki)

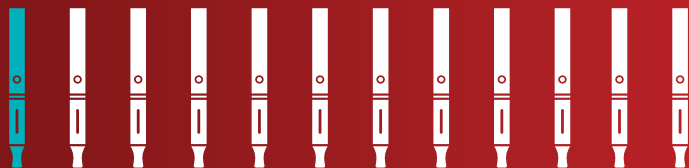


Amerikami: Nallunrilnguut cali anguteqellriit



21%

Ilit obesity (2021–2023 ellangneklugviit aturluki)



1 iluani 12 qelipqegciryaraqeni
nallunrilnguut Amerikami aturluki
e-cigarette mwirni 30 uksuq.

(2024 ellangneklugviit aturluki)



80% iluani qaillunrituq Amerikami
angutengqellriit nutaanellriit
cali akngurneqellriit

tangerluku nutaanellria CKM
(Uumanek cali auqat Ellangneq–kuigek–metabolic) qasqellriit.

(2009–2018 ellangneklugviit aturluki)



2021-mi, Alzheimer ellangneq
cali allat dementia-Ilit qaillunrituq

57 miliyun

nunaryarmi inuit.

Tamakurluni qalarutiiq piciqerciq uunga-mi: AHAjournals.org/StatUpdate
(Website-aq Inglissuun)

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Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earle RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbat SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; Ilit aturluki American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2026 Uumanek Ellangneq cali Qemirluni ayuqellria Statistiks: Amerikami cali nunaryarmi ellangneklugviit qalarutiiq American Heart Association. *Circulation*. Internet-mi qalarutirraaq Januaari 21, 2026. DOI: 10.1161/CIR.0000000000001412