



**American
Heart
Association.**

2026 Uqsuqsiñiq Añun & Uqsruqsiñiq Qanuqtuq Tautuktuaq Nutaag Tautuktuat American Indian iñuñniñ ima Alaska Nunamiut & Uummat taññaqtugviit añuniagat Yunaaitit Steets

Uqsruqsiñiq añun timimi (CVD) (ICD-10 I00 miñ I99)

- 2023-mi, CVD 4670-nik tuquñniit piqalirruq (ukiut nalunaqtuğniña tuquñniit qanuqtağniña 179.3 atautchimut 100 000) nangitchuq-Hispaanik iñuñniñ (NH) American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ. 2023-mi ukiut nalunaqtuğniña tuquñniit qanuqtağniña CVD-mut sivulliuqtuq tuquñniit piqaqtuq 218.3 atautchimut 100 000 tamarmiq US iñuñniñ.

Uqsruqsiñiq añun koronerii (CHD) (ICD-10 I20-miñ I25-mut [ilagivagaat Myocardial Infarction (MI) ICD-10 I21-miñ I22-mut])

- CHD 1909-nik tuquñniit piqalirruq (ukiut nalunaqtuğniña tuquñniit qanuqtağniña, 72.5 atautchimut 100 000) sulı MI 534-nik tuquñniit piqalirruq (ukiut nalunaqtuğniña tuquñniit qanuqtağniña, 20.1 atautchimut 100 000) NH American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ. 2023-mi ukiut nalunaqtuğniña tuquñniit qanuqtağniñit CHD-mut sivulliuqtuq tuquñniit piqaqtuq 82.2 atautchimut 100 000 tamarmiq US iñuñniñ, sulı MI-mut sivulliuqtuq tuquñniit piqaqtuq 21.9 atautchimut 100 000 tamarmiq US iñuñniñ.

Uqsruqsiñiq (ICD-10 I60 miñ I69)

- 2023-mi, 699 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik, tamarmiq ukiuqaqtut, uqsruqsiñiq-miñ tuquñniit.
- 2023-mi, ukiut nalunaqtuğniña tuquñniit qanuqtağniñit uqsruqsiñiq sivulliuqtuq tuquñniit piqaqtuq 39.0 atautchimut 100 000 tamarmiq US iñuñniñ sulı 27.2 atautchimut 100 000 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.

Uqsruqsiñiq añun qanuqtuq atautchimik piqaqtuq (SCA) (ICD-10 I46.0, I46.1, I46.9, I49.0)

- 2023-mi, 62 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik SCA sivulliuqtuq tuquñniit-miñ tuquñniit. Ukiut nalunaqtuğniña tuquñniit qanuqtağniñit SCA sivulliuqtuq tuquñniit piqaqtuq 4.3 atautchimut 100 000 tamarmiq US iñuñniñ sulı 2.3 atautchimut 100 000 American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.
- 2023-mi, 2259 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik SCA nalunaqtaq atautchimik tuquñniit nalunaqtağniq allagaat tuquñniit. Ukiut nalunaqtuğniña nalunaqtaq atautchimik tuquñniit qanuqtağniñit SCA-mut piqaqtuq 90.2 atautchimut 100 000 tamarmiq US iñuñniñ sulı 85.7 atautchimut 100 000 American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.

Uqsruqsiñiq añun piłaitchuqtuq (HF) (ICD-10 I50)

- 2023-mi, 313 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik HF sivulliuqtuq tuquñniit-miñ tuquñniit. Ukiut nalunaqtuğniña tuquñniit qanuqtağniñit HF sivulliuqtuq tuquñniit piqaqtuq 21.6 atautchimut 100 000 tamarmiq US iñuñniñ sulı 12.4 atautchimut 100 000 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.
- 2023-mi, 2186 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik HF nalunaqtaq atautchimik tuquñniit nalunaqtağniq allagaat tuquñniit. Ukiut nalunaqtuğniña nalunaqtaq atautchimik tuquñniit qanuqtağniñit HF-mut piqaqtuq 99.6 atautchimut 100 000 tamarmiq US iñuñniñ sulı 84.4 atautchimut 100 000 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.

Allatigut nalunaiqsagñiqtağmiñ, tamarmiq qanuqtuq una Tautuktuat-mi Yunaaitit Steets atchiaqtuq. Naammaktuaq Qanuqtuq Tautuktuaq Nutaag qiviarlugu taqrut sulı ilaliutirutinik nalunaiqsagñiaqtuq tautuktitañut qanuqtuq piñiqtuñut.

©2026 American Heart Association, Inc. Tamarmik piłlutağniñit añiruuq. Atchuğnaqtuq aturuminaqtuq piłlutağniñit piłaitchuq.

Anjiruq Anjun Uqsruq (HBP) (ICD-10 I10 miñ I15)

- 2023-mi, 845 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik (tamarmiq ukiuqaqtut) HBP tuquñniit.
- 2023-mi, ukiut nalunaqtuñniñ tuquñniit qanuqtañniñ HBP sivulliuqtuq tuquñniit piqaqtuq 31.9 atautchimut 100 000 tamarmiq US iñuñniñ suli 32.6 atautchimut 100 000 American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.

Aniñguñmiut anjiruq uqsruq & Uqsruqtuq

- 2021-miñ 2023-mut uqsruqtuq nalunaqtuñniñ 2026 Qanuqtuq Tautuktuaq Nutaag ilagivagaat, kisiani nalunaqtuñniñ suli katitiriagait iñuñmiut atausiq suli iñuñmiut atausiq piñlatañniñ piñaitchuqtuq saqqummersitaujuq uukturaq 2026 Qanuqtuq Tautuktuaq Nutaag allagaa titirañmi.

Sukkuqniq (ICD-10 E10 miñ E14)

- US-mi inuusuttut <20 ukiuqaqtut 2002-miñ 2018-mut nalunaqtuñniñ ataani, nalagnaqt atautchiq 1 sukkuqniq piqaliriq qanuqtañniñ (atautchimut 100 000) 7.8-uq American Indian iñuñniñ inuusuttut-mut, taimaa 9.4 Eeshiya iñuñniñ ima Pasifik Qikiqtaq-miut iñuñniñ inuusuttut-mut, 17.7 Hispaanik iñuñniñ inuusuttut-mut, 22.1 Blak iñuñniñ inuusuttut-mut, suli 26.4 Uqñaq iñuñniñ inuusuttut-mut.
- US-mi inuusuttut <20 ukiuqaqtut 2002-miñ 2018-mut nalunaqtuñniñ ataani, nalagnaqt malñuk 2 sukkuqniq piqaliriq qanuqtañniñ (atautchimut 100 000) 46.0-uq American Indian iñuñniñ inuusuttut-mut, taimaa 16.6 Eeshiya iñuñniñ ima Pasifik Qikiqtaq-miut iñuñniñ inuusuttut-mut, 25.8 Hispaanik iñuñniñ inuusuttut-mut, 50.1 Blak iñuñniñ inuusuttut-mut, suli 5.2 Uqñaq iñuñniñ inuusuttut-mut.
- 2023-mi, 1110 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñnik sukkuqniq-miñ tuquñniit.
- 2023-mi, 2023-mi ukiut nalunaqtuñniñ tuquñniit qanuqtañniñ sukkuqniq sivulliuqtuq tuquñniit piqaqtuq 22.4 atautchimut 100 000 tamarmiq US iñuñniñ suli 41.5 atautchimut 100 000 NH American Indian iñuñniñ ima Alaska Nunamiut iñuñniñ.

Tautuktuat, nalunaqtuñniñ takuyauyait, suli nutaaq/ataani Qanuqtuq Tautuktuaq Nutaag saqqummersitaujut anjisuñniaqtuq tuñniaqtuq una-miñ:

[Heart and Stroke Association Statistics | American Heart Association](#) (Qarasaasiakkut nallautik Inglisun).

Ukiuqtañruktuq tautuktuaq iluani aniñguñmiut qanuqtuq una tautuktuat naagutiqtuq sailiqsuagñangitchut nalunaqtuñniñ Qanuqtuq Tautuktuaq Nutaag takkuuq katitiraujut, suli taqruaq tuñniaqtuq ataani allagaat taqruaq atuqtillugu. Katitiriagait-nik atuqtaujut nalunaqtuñniñ pissusiq naammaktuaq allagaat-mi allagaat. Ilaliutilugit, atautchikkut qanuqtuq saqqummersitaujut misiginaqtuñniit piqaqtut. Ilavit taqruaq tuñniaqtuq atautchikkut qanuqtuq una tautuktuat, qiviarlugu naammaktuaq Uqsuqsiñiq Anjun & Uqsuqsiñiq Qanuqtuq Tautuktuaq allagaat nalunaqtuñniñ pissusiq suli sivulliuqtuq taqruaq nalunaiqsagñiaqtuq.

The American Heart Association uqaqtuq naammaktuaq allagaat ataani imaatun taqruaq tuñniaqtuq:

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogunbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urrut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee-p ataani uqaqtillugu. 2026 Uqsuqsiñiq Anjun & Uqsuqsiñiq Qanuqtuq: US-mi suli silaup iluani nalunaqtuñniñ American Heart Association-miñ rapuutik. *Circulation*. Nallaktuami saqqummersitaujuq Jaanuari 21, 2026-mi.

Tusaqtitiriagait uqaqtigñniñ tamarmik News Media Relations-mut uqaqtillugit ataani <http://newsroom.heart.org/newsmedia/contacts> (Qarasaasiakkut nallautik Inglisun).