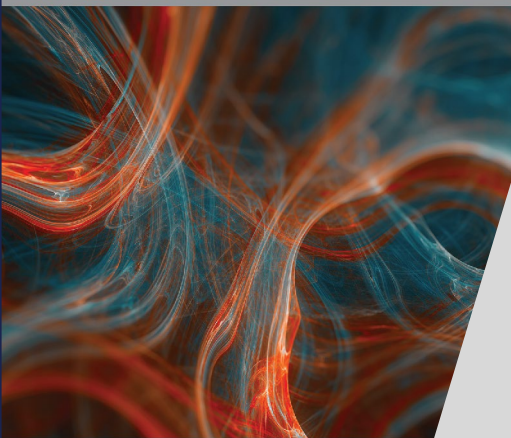


Circulation



Maladi Kè & Estatistik Pou Estwòk Mizajou 2026

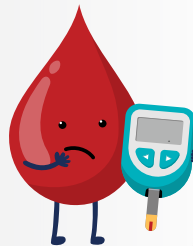
American Heart Association an (AHA) **Estatistik Aktyalize pou 2026 la** se yon sous prensipal pou kontwòle sante kadyovaskilè, faktè risk sante, ak maladi nan popilasyon Etazini ak popilasyon mondyal la. Li pibliye nan **Circulation** epi li disponib gratis nan **AHAjournals.org/StatUpdate** (Sit entènèt an Anglè)

Dyabèt oswa predyabèt afekte plis pase mwatye adilt Etazini yo.

(selon done 2021-2023 yo)

Sèlman 23% nan adilt Etazini yo ki fè dyabèt rive fè kontwòl rekòmande sik nan san, tansyon ak kolestewòl.

(selon done 2021-2023 yo)



218
pou chak 100,000

To lanmò Etazini ki ajiste selon laj ki atribye ak CVD

(selon done 2023 yo)



235
pou chak 100,000

To lanmò Etazini ki ajiste selon laj ki atribye ak CVD

(selon done 2021 yo)



An mwayèn, yon moun Ozetazini mouri akòz **CVD** chak **34 segonn.**

2,510 lanmò Etazini akòz CVD chak jou

(selon done 2023 yo)



An mwayèn, yon moun Ozetazini mouri akòz yon **estwòk** chak **3 minit epi 14 segonn.** 446 lanmò Etazini akòz estwòk chak jou

(selon done 2023 yo)

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Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; nan non Konsèy American Heart Association an sou Komite Estatistik Epidemiyoloji ak Prevansyon an ak Komite Estatistik sou Estwòk la. Estatistik sou maladi kè ak konjesyon serebral nan lane 2026: yon rapò sou done Etazini ak mondyal American Heart Association. *Sikilasyon*. Pibliye anliy nan dat 21 Janvyè 2026. DOI: 10.1161/CIR.0000000000001412

Mizajou 2026 sou Estatistik pou Maladi Kè ak Estwòk



Aksè Gratis nan Done Etazini ak Done Mondyal ki Pi Resan yo

26%

nan jèn Etazini yo 6-11 lane
epi

14%

nan jèn Etazini yo 12-17 lane

satisfè rekòmandasyon Etazini an pou
omwen **60 minit aktivite fizik chak jou.**

(selon done 2022-2023 yo)



Ozetazini: Adilt



40%

gen obezite (selon done 2021 jiska 2023 yo)



Ozetazini: Timoun ak Adolezan



21%

gen obezite (selon done 2021 jiska 2023 yo)



1 sou 12 elèv lekòl segondè

Ozetazini te konsome sigarèt nan 30
dènye jou yo.

(selon done 2024 yo)

**Plis pase 80% jèn Etazini yo
ak adilt ki gen laj mwayen yo**

montre premye **CKM**

risk (kadyovaskilè-ren-metabolik).

(selon done 2009 a 2018 yo)



Nan lane 2021, **maladi
Alzheimer** ak lòt demans
te afekte

57 milyon

moun nan tout monn lan.

**Jwenn aksè nan tout rapò a nan: [AHAjournals.org/StatUpdate](https://www.ahajournals.org/StatUpdate)
(Sit entènèt an Anglè)**

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