



American  
Heart  
Association®

## 2026 Heart Disease & Stroke Statistics Update Fact Sheet Native Hawaiian or Pacific Islander Race & Cardiovascular Diseases in the United States

### **Cardiovascular Disease (CVD) (ICD-10 I00 to I99)**

- In 2023, CVD caused 1346 deaths (age-adjusted mortality rate 222.4 per 100 000) among non-Hispanic (NH) Native Hawaiian or Pacific Islander individuals.
- In 2023, the age-adjusted mortality rate for CVD as the underlying cause of death was 218.3 per 100 000 for all US individuals.

### **Coronary Heart Disease (CHD) (ICD-10 I20 to I25 [includes Myocardial Infarction (MI) ICD-10 I21 to I22])**

- In 2023, CHD resulted in 533 deaths (age-adjusted mortality rate, 87.1 per 100 000) and myocardial infarction (MI) caused 137 deaths (age-adjusted mortality rate, 21.8 per 100 000) in NH Native Hawaiian or Pacific Islander individuals.
- In 2023, the age-adjusted mortality rate for CHD as the underlying cause of death was 82.2 per 100 000 for all US individuals. In 2023, the age-adjusted mortality rate for MI as the underlying cause of death was 21.9 per 100 000 for all US individuals.

### **Stroke (ICD-10 I60 to I69)**

- In 2023, 255 NH Native Hawaiian or Pacific Islander people of all ages died from stroke.
- In 2023, the age-adjusted mortality rates with stroke as the underlying cause of death were 39.0 per 100 000 for all US individuals and 43.7 per 100 000 for NH Native Hawaiian or Pacific Islanders individuals.

### **Sudden Cardiac Arrest (SCA) (ICD-10 I46.0, I46.1, I46.9, I49.0)**

- In 2023, 28 NH Native Hawaiian or Pacific Islander individuals of all ages died from an underlying cause of SCA.
- The age-adjusted mortality rates with SCA as the underlying cause of death were 4.3 per 100 000 for all US individuals and 4.2 per 100 000 for NH Native Hawaiian or Pacific Islander individuals.
- In 2023, 853 NH Native Hawaiian or Pacific Islander individuals of all ages died with any-mention of SCA on the death certificate.
- The age-adjusted any-mention mortality rates for SCA were 90.2 per 100 000 for all US individuals and 137.6 per 100 000 for NH Native Hawaiian or Pacific Islander individuals.

### **Heart Failure (HF) (ICD-10 I50)**

- In 2023, 101 NH Native Hawaiian or Pacific Islander individuals of all ages died from an underlying cause of HF. The age-adjusted mortality rates with HF as the underlying cause of death were 21.6 per 100 000 for all US individuals and 17.0 per 100 000 for NH Native Hawaiian or Pacific Islander individuals.

Unless otherwise noted, all statistics in this Fact Sheet pertain to the United States. Please refer to the complete Statistics Update for references and additional information for reported statistics.

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## US Native Hawaiian or Pacific Islander Race – 2026 Statistics Update Fact Sheet

- In 2023, 630 NH Native Hawaiian or Pacific Islander individuals of all ages died with any-mention of HF on the death certificate. The age-adjusted any-mention mortality rates for HF were 99.6 per 100 000 for all US individuals and 105.6 per 100 000 for NH Native Hawaiian or Pacific Islander individuals.

### High Blood Pressure (HBP) (ICD-10 I10 to I15)

- In 2023, 191 NH Native Hawaiian or Pacific Islander people of all ages died from HBP.
- In 2023, the age-adjusted mortality rates for HBP as the underlying cause of death were 31.9 per 100 000 for all US individuals and 31.4 per 100 000 for NH Native Hawaiian or Pacific Islander individuals.

### Overweight & Obesity

- 2021 to 2023 obesity data are included in the 2026 Statistics Update, but the data had not yet been tabulated by race and ethnicity in published studies as of the writing of the 2026 Statistics Update.

### Diabetes (ICD-10 E10 to E14)

- In 2023, 311 NH Native Hawaiian or Pacific Islander individuals of all ages died from diabetes.
- In 2023, the age-adjusted mortality rates with diabetes as the underlying cause of death were 22.4 per 100 000 for all US individuals and 49.6 per 100 000 for NH Native Hawaiian or Pacific Islander individuals.

Fact sheets, infographics, and current/past Statistics Update publications can be downloaded from:  
[Heart and Stroke Association Statistics | American Heart Association](#).

Many statistics in this fact sheet come from unpublished tabulations compiled for the Statistics Update document and can be cited using the document citation listed below. The data sources used for the tabulations are listed in the full document. Additionally, some statistics come from published studies. If you are citing any of the statistics in this fact sheet, please review the full Heart Disease and Stroke Statistics document to determine data sources and original citations.

The American Heart Association requests that the full document be cited as follows:

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; on behalf of the American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2026 Heart disease and stroke statistics: a report of US and global data from the American Heart Association. *Circulation*. Published online January 21, 2026.

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