



**American
Stroke
Association.**

*A division of the
American Heart Association.*

STROKE SUPPORT SERVICES



A stroke changes a survivor's life — and their loved ones' lives — in an instant. Whether it's in person, online or on the phone, the American Stroke Association is here to support your journey to recovery.

Stroke.org



WEBSITE

Get information to help prevent, treat and beat stroke.

stroke.org



SUPPORT GROUP

Connect with others with similar experiences, learn helpful information and help ease the depression and isolation that's common after stroke. Use our support group finder for a list of groups near you.

stroke.org/SupportGroup



SUPPORT NETWORK

Be a part of an online community of survivors and caregivers who know what you're going through and can help you find your footing on the path to better health.

stroke.org/SupportNetwork



STROKE FAMILY WARMLINE

Talk with our trained specialists who can provide helpful information, connect you to local services or just be a listening ear.

Call **1-888-4-STROKE** (1-888-478-7653) or visit stroke.org/SpeakWithUs.



STROKE CONNECTION E-NEWS

Your trusted monthly newsletter supporting stroke survivors, their families and caregivers.

StrokeConnection.org