### MET Event Record 1

**Date:** ____________  **Time MET called:** ____________

**Date of birth:** ____________

**Age:** ____________  **Weight:** ____________

**Race:** ____________  
  - ☐ Male  
  - ☐ Female

**Hispanic Origin:**  
  - ☐ Yes  
  - ☐ No/Not Documented

**Event Location (name):** ____________

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### Vital signs taken within 4 hours PRIOR to MET call (if none enter last documented vital signs prior to activation):

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>HR</th>
<th>BP</th>
<th>RR</th>
<th>SpO2</th>
<th>Temp</th>
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### Vital signs at time of MET call:

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### Illness Category at time of MET call:

- ☐ Medical Cardiac  
- ☐ Medical Non-Cardiac  
- ☐ Newborn  
- ☐ Ambulatory/Outpatient  
- ☐ Surgical Cardiac  
- ☐ Surgical Non-Cardiac  
- ☐ Obstetric  
- ☐ Trauma  
- ☐ Other (Visitor/Employee)

**MET Trigger(s):** ____________________________________________

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### MET Drug Interventions

- ____________________________________________
- ____________________________________________
- ____________________________________________
- ____________________________________________
- ____________________________________________

### MET Non-Drug Interventions (Therapeutic/Diagnostic)

- ____________________________________________
- ____________________________________________
- ____________________________________________
- ____________________________________________
- ____________________________________________

**MET Outcome:**

- ☐ No therapy necessary  
- ☐ Progressed to cardiac or respiratory arrest  
- ☐ Stat transfer to operating room (OR)  
- ☐ Status changed to DNAR after MET evaluation  
- ☐ Responded to therapy, remained on current unit  
- ☐ Therapy limited by patient/family/physician - medical futility  
- ☐ Transfer to telemetry/step-down unit required  
- ☐ Transfer to ICU required  
- ☐ Transfer to Cardiac Cath Lab  
- ☐ Transferred to other hospital  
- ☐ Died during MET event

**Time first MET member arrived:** ____________  
**Time last MET member departed:** ____________

**MET member signature** ___________________________  **ID#** ____________

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Provided by American Heart Association’s Get With The Guidelines - Resuscitation
**MET Event Record 1 - back page**

**Triggers and Procedures**

*The lists below are taken directly from the NRCPR MET Data Collection Form that will be used when abstracting MET data. These lists of triggers and procedures should be used as a reference when completing the MET Event Record on the reverse side of this form.*

**MET Activation Triggers – Check all that apply**

- Trigger Unknown/Not Documented
- **Respiratory:**
  - Respiratory Depression
  - Tachypnea
  - New onset of difficulty breathing
  - Reversal agent without immediate response
    (e.g. naloxone/Narcan, flumazenil/Romazicon, neostigmine/Prostigmin)
  - Bleeding into airway
  - Decreased oxygen saturation
- **Cardiac:**
  - Bradycardia
  - Tachycardia
  - Hypotension
  - Symptomatic Hypertension with end organ signs/symptoms
  - Chest pain unresponsive to Nitroglycerin (NTG)

**Drug Interventions – Check all given during MET event**

- None
- Aspirin
- Antiarrhythmic Agent
- Anti-epileptic
- Atropine
- Calcium
- Diuretic (IV)
- Fluid Bolus (IV)
- Glucose Bolus
- Heparin/Low Molecular Weight Heparin (LMWH)
- Inhaled Bronchodilator
- Insulin/Glucose
- Magnesium
- Mannitol
- Nitroglycerin (IV)
- Nitroglycerin (SL)
- Reversal agent (e.g. naloxone/Narcan, flumazenil/Romazicon, neostigmine/Prostigmin)
- Sodium bicarbonate
- Thrombolytic
- Vasoactive Agent Infusion (not bolus)

**Other Drug Intervention(s):**

**Non-Drug Interventions (Diagnostic and Therapeutic) – Check all done or ordered during MET event**

- None
- Bedside Cardiac Ultrasound (echo)
- Bronchoscopy
- Cardiopulmonary
- Chest Tube
- Chest X-ray
- Coma position
- CPR
- Cricothyrotomy
- Defibrillation
- Electroencephalogram (EEG)
- Foley catheter
- Gastric lavage
- Gastrointestinal Endoscopy (Upper GI)
- Gastrointestinal Endoscopy (Lower GI)
- Head CT (stat)
- Hyperventilation
- **Monitoring:**
  - Apnea/Bradycardia Monitor (stand alone)
  - ECG Monitor
  - Non-Invasive BP (NIBP) Monitor
  - Pulse Oximeter
  - 12-lead ECG
  - Nasogastric (NG) / Orogastric (OG) Tube
  - Neonatal Head Ultrasound (echo)
  - Pacemaker
  - Percutaneous Endoscopic Gastrostomy (PEG)
  - Ventilation:
    - Bag-Valve-Mask
    - Mask CPAP/BiPAP
    - Nasal Airway
    - Oral Airway
    - Endotracheal Tube (ET)
    - Laryngeal Mask Airway (LMA)
    - Combitube
    - Other:
  - Serum Lactate
  - Thoracentesis
  - Stat Consult:
    - Cardiology
    - Critical Care
    - Neurology
    - Pulmonary
    - Surgery
  - Other:

**Transfusion:**

- Albumin
- Fresh frozen plasma
- Packed red blood cells
- Platelets

**Vascular Access:**

- Central Vein
- Peripheral Vein
- Intravenous (IO)
- Umbilical Artery (UAC)
- Umbilical Vein (UVC)

**Other Non-Drug Interventions:**