

Hello Million Hearts® Partner Call Participants,

Thank you for joining Tuesday's Million Hearts® Partner Call. Please find below resources and announcements that were mentioned.

- For more information on the YMCA's Blood Pressure Self-Monitoring program, visit: <http://www.ymca.net/blood-pressure-self-monitoring>
- For more information on ACPM, visit: [www.ACPM.org/lifestyle-medicine](http://www.ACPM.org/lifestyle-medicine)
- Visit the Million Hearts American Heart Month 2018 Event Page for shareable social media content: <https://millionhearts.hhs.gov/news-media/events/heart-month.html>
- Mark your calendars to watch CDC's Public Health Grand Rounds on February 20, 2018 1pm (ET): "Million Hearts 2022: A Compelling Call to Action"  
<https://www.cdc.gov/cdcgrandrounds/index.htm>
- Watch the National Heart, Lung, and Blood Institute's new video, #Move with Heart: <https://www.nhlbi.nih.gov/health-topics/education-and-awareness/heart-month>
- Host Million Hearts tools and resources for clinicians on your website: <https://tools.cdc.gov/medialibrary/index.aspx#/microsite/id/279017>
- For more information on American Heart Association-Heart Month Activities, visit [heart.org](http://heart.org)
  - **Hashtag Trending:** Remember the official hashtag for National Wear Red Day in February is **#WearRedAndGive**. The Go Red for Women national channels will be using this hashtag all month long in social media posts, and we ask you to join us in our efforts to make it a national trend! *\*Note: if there are legal reasons that keep you from using the word "give," feel free to share the hashtag #WearRedDay instead.* <https://www.goredforwomen.org/fight-heart-disease-women-go-red-women-official-site/get-involved/national-wear-red-day/>
  - **Feb. 7-14:** Congenital Heart Defect Week: National awareness week to raise awareness about CHD and recognize families and patients. [Congenital Heart Defect Information Site](#)

**Partner Update:**

- **Alliance for Aging Research:** National Heart Valve Disease Awareness Day is being celebrated on February 22nd. This is our second annual valve disease day and have a lot of exciting things planned this year with our 32 partners. We have created lots of really great resources for our partners to use in their outreach and social media including two 30 and 60 second videos that provide a really great overview of valve disease and the awareness day as well as graphics, a web badge, Facebook filters, banner images, and more. If you are not a partner, and would like to be, please email me at [kallcorn@agingresearch.org](mailto:kallcorn@agingresearch.org). We will also be hosting a Twitter chat on February 22nd at 1pm eastern time @valvediseaseday. If you would like to know more information about this day, you can visit [www.ValveDiseaseDay.org](http://www.ValveDiseaseDay.org).

The live recording and transcripts will be available on the AHA Million Hearts® [webpage](#).

Thank you for your participation and we look forward to you joining us for the next partner call on **April 17, 2018, 1 p.m. EST.**

Million Hearts® Team