



**Advancing Million Hearts®:
AHA and Heart Disease and Stroke Prevention
Partners Working Together in Washington**

THURSDAY, AUGUST 10, 2017

8:30 AM - 3:00 PM PST

*Seattle Airport Marriott Hotel
3201 South 176th St.
Seattle, Washington 98188*

MEETING PURPOSE:

Connecting staff from AHA Affiliates, state health departments and other state and local heart disease and stroke prevention partners to establish and engage in meaningful relationships around Million Hearts® efforts.

MEETING OBJECTIVES:

At the end of the meeting, participants will be able to:

- 1) Identify Million Hearts® focused activities for 2017
- 2) Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches
- 3) List partner programs and resources that align with Million Hearts®
- 4) Identify programs efforts that align and ways to work together
- 5) Create plan for follow-up to increase engagement
- 6) Recognize key contacts within heart disease and stroke prevention

MEETING OUTCOMES

Attendees will have expanded their knowledge of evidence based programs, collaboration strategies, tools, resources and connections to align programs and new initiatives that support Million Hearts®.

AGENDA

8:30 AM **CONTINENTAL BREAKFAST AND PARTNER NETWORKING**

9:00 AM **WELCOME AND OVERVIEW OF THE DAY**

Julie Harvill

Operations Manager, Million Hearts® Collaboration

Pama Joyner

Director, Office of Healthy and Safe Communities, Prevention and Community Health, Washington State Department of Health

INTRODUCTIONS

John Bartkus

Pensivia

In one sentence, what excites you about your role in heart disease and stroke prevention?

9:30 AM **MILLION HEARTS® 2022**

Robin Rinker, MPH, CHES,

Health Communications Specialist, Division for Heart Disease and Stroke Prevention, Centers for Disease Control and Prevention

- Million Hearts® Accomplishments
- What must happen to prevent?
- 2017 Focus

Q AND A / GROUP INTERACTION

10:15 AM **BREAK**

10:30 AM **WASHINGTON STATE HEALTH DEPARTMENT PROGRAMS AND RESOURCES THAT ALIGN WITH MILLION HEARTS®**

Cheryl Farmer, MD

Manager, Heart Disease, Stroke, and Diabetes Prevention Program Community-Based Prevention Section, Washington State Department of Health

Susan S. Buell

Association Director of Adult Healthy Lifestyles and Chronic Disease YMCA of Pierce and Kitsap Counties

Q AND A / GROUP INTERACTION

11:00 AM **QUALIS HEALTH PROGRAMS AND RESOURCES THAT ALIGN WITH MILLION HEARTS®**

Jeff Sobotka, PMP, MBA, CPHIMS, CHP

Quality Improvement Consultant, Practice Coach, Qualis Health, Healthy Hearts Northwest Project

Q AND A / GROUP DISCUSSION

11:15 AM **AHA/ASA PROGRAMS AND RESOURCES THAT ALIGN WITH MILLION HEARTS®**

Western States Affiliate Lindsay Hovind
Senior Director, Government Relations

Elaine Kitamura
Regional Director, Multicultural Initiatives

Kristen VanWart
Sr. Community Health Director, Field Operations/Development

Elizabeth Peterson
Regional Director, Quality & Systems Improvement

Q AND A

11:30 AM **CATERED LUNCH**

12:30 PM **AFTERNOON BREAKOUTS/FACILITATED DISCUSSIONS**

John Bartkus

Group 1. Hypertension Control

Group 2. Role of community health workers and community based organizations in addressing CVD

Group 3. Worksite Wellness

Group 4. Public Health Policy - Tobacco and Pharmacist

WAYS TO WORK TOGETHER AND NEXT INTERACTIONS

John Bartkus

- Plan for follow-up to increase engagement
- Key contacts within heart disease and stroke prevention with state

2:45 PM **EVALUATION**

Whitney Garney

3:00 PM **WRAP UP / ADJOURN**

April Wallace

REGISTRANTS AS OF AUGUST 7, 2017

American Diabetes Association ■ An Ounce of Prevention ■ Center for MultiCultural Health ■ Chelan-Douglas Health District ■ Grant County Health District ■ Inland Northwest Health Services ■ King County Promotores Network ■ Million Hearts Collaboration, AHA ■ National Association of Chronic Disease Directors ■ National Forum for Heart Disease & Stroke Prevention ■ Pensivia ■ People for People ■ Public Health Seattle & King County ■ Qualis Health ■ Quality Food Centers (QFC) Pharmacy ■ Skagit Regional Health ■ Spokane Regional Health District ■ Swedish Medical Group ■ Tacoma Pierce County Health Department ■ Texas A&M University ■ "US Department of Health & Human Services (HHS) Region 10" ■ University of Washington ■ Washington Center for Nursing ■ Washington Office of the Insurance Commissioner ■ Washington State Department of Health ■ Washington State Department of Social and Health Services, Aging and Long-Term Support ■ Washington State Health Care Authority ■ Washington State Pharmacy Association (WSPA) ■ Washington State University ■ YMCA of Pierce and Kitsap Counties ■ Patient Centered Outcomes Research Institute (PCORI) ■ Kaiser Senior Caucus