

*Hospital Association Montana Primary Care Association Montana Pacific Quality Forum National  
Heart Disease Directors National Forum for Heart Disease & Stroke Prevention Northern Montana Health  
Rockies Medical Center RHC Northwest Physicians Pensivia Providence Health and Services PureView  
Quality Health Associates of North Dakota Sanford Health SCL Health Southern Peigan Health Clinic  
Healthcare St. Peter's Health St. Vincent Healthcare Transformiong Chronic Care University of Montana  
American Heart Association Billings Clinic Blue Cross Blue Shield of Montana Bozeman Health Center*



**Advancing Million Hearts®:  
American Heart Association and Heart Disease and Stroke  
Prevention Partners Working Together in Montana**

September 17, 2020  
8:15 AM - 3:00 PM MT



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Clinic St. James Healthcare St. Peter's Health St. Vincent Healthcare Transformiong Chronic Care Univ  
na Allvion Health American Heart Association Billings Clinic Blue Cross Blue Shield of Montana B  
centers for Disease Control and Prevention Frontier Home Health and Hospice Kalispell Regional Medical*

## MEETING GOAL:

To develop a coordinated and integrated strategy for managing blood pressure and cholesterol to prevent and control co-morbidities in Montana

## MEETING OBJECTIVES:

- 1) Identify strategies to increase patient engagement in managing hypertension and hypercholesterolemia
- 2) Increase awareness of Million Hearts® strategies and activities for 2020
- 3) Increase stakeholder awareness of the links between hypertension/hypercholesterolemia and co-morbidities such as diabetes and dementia
- 4) Develop strategies to increase community supports for patient management of hypertension and hypercholesterolemia

## MEETING OUTCOMES:

Attendees will initiate plans to align and sustain efforts to manage hypertension and cholesterol in Montana.

## ORGANIZATIONS:

Registered as of September 6, 2020

Alluvion Health ■ American Heart Association ■ Billings Clinic ■ Blue Cross Blue Shield of Montana ■ Bozeman Health ■ Centers for Disease Control and Prevention ■ Frontier Home Health and Hospice ■ Kalispell Regional Medical Center ■ Madison County Public Health ■ Mercury Street Medical Group ■ Montana Department of Public Health and Human Services ■ Montana Hospital Association ■ Montana Primary Care Association ■ Mountain-Pacific Quality Health ■ National Association of Chronic Disease Directors ■ National Forum for Heart Disease & Stroke Prevention ■ Northern Montana Health Care ■ Northern Rockies Medical Center RHC ■ Northwest Physicians ■ Pensivia ■ Providence Health and Services ■ PureView Health Center ■ Quality Health Associates of North Dakota ■ Sanford Health ■ SCL Health ■ Southern Peigan Health Clinic ■ St. James Healthcare ■ St. Peter's Health ■ St. Vincent Healthcare ■ Transforming Chronic Care ■ University of Montana

# AGENDA

- 8:15 AM     **PRE-MEETING PARTNER NETWORKING**  
John Bartkus, PMP, CPF  
*Principal Program Manager, Pensivia*  
  
Participants will be randomly assigned into virtual rooms for networking
- 8:45 AM     **PLEASE JOIN US**  
Please join no later than 8:50 am  
Verify Audio/Video working and Vevox App setup on your phone
- 9:00 AM     **WELCOME & OVERVIEW OF THE DAY**  
John Clymer  
*Executive Director, National Forum for Heart Disease & Stroke Prevention*  
  
Sharon Nelson, MPH  
*Program Initiatives Manager, Million Hearts® Collaboration*
- 9:10 AM     **ENGAGEMENT & INTRODUCTIONS**  
John Bartkus  
  
Introduction to key materials, engagement process (polls and Q&A), and participants
- 9:35 AM     **MILLION HEARTS® 2022 UPDATE**  
Laurence Sperling, MD  
*Executive Director, Million Hearts®*  
  
Lauren Owens, MPH  
*Public Health Analyst, Million Hearts®*  
  
Haley Stolp, MPH  
*Public Health Analyst (IHRC Inc.), Million Hearts®*
- 10:05 AM    **MONTANA HYPERTENSION INITIATIVES AND RESOURCES**  
**Montana Department of Public Health & Human Services**  
Crystelle Fogle, MBA, MS, RD  
*Manager, Cardiovascular Health Program*  
  
**American Heart Association**  
Jessica Newmyer  
*Community Impact Consultant, American Heart Association*  
  
**Mountain-Pacific Quality Health**  
Patty Kosednar, PMP, CPHIMS  
*Senior Account Manager, Mountain-Pacific Quality Health*

- 10:40 AM **STRETCH BREAK**  
Jen Childress, *MS, MCHES*  
*Jenspiration, Inc.*  
*Senior Public Health Consultant, National Forum for Heart Disease  
& Stroke Prevention*
- 10:45 AM **HYPERTENSION AND DEMENTIA**  
Jim Richards, *MD*  
*St. Vincent Healthcare*
- 11:05 AM **MANAGING CHRONIC CONDITIONS IN A CHANGING HEALTHCARE ENVIRONMENT**  
Moderated by James DeFoe, *PharmD*  
*Clinical Pharmacist, PureView Health Center*
- Laurence Sperling, *MD*  
*Executive Director, Million Hearts®*
- Eduardo Sanchez, *MD, MPH*  
*Chief Medical Officer, American Heart Association*
- 11:40 AM **PATIENT ENGAGEMENT IN HYPERTENSION AND CHOLESTEROL MANAGEMENT**  
Angela Jennings, *RN-BC*  
*Primary Care Nurse Manager, Bozeman Health*
- 12:00 PM **COMMUNITY SUPPORTS FOR SELF-MANAGEMENT OF HYPERTENSION AND HYPERCHOLESTEROLEMIA**  
Aimee Grose, *RN*  
*Clinical Care Leader*
- Libby Kylo, *BS, RRT*  
*Community Health Worker*  
*Bridging Health and Home Program*  
*Sanford Health*  
*Mayville Medical Center*
- 12:20 PM **LUNCH**
- 12:50 PM **PHYSICAL ACTIVITY BREAK**  
Jen Childress, *MS, MCHES*

- 12:55 PM **BREAKOUT INTRODUCTION & BREAKOUT SESSIONS**  
John Bartkus
- Increasing patient engagement in managing hypertension and hypercholesterolemia
  - Increasing community supports for patient management of hypertension and hypercholesterolemia
- 2:05 PM **BREAK**
- 2:15 PM **GROUP REPORT OUTS**  
John Bartkus
- 2:35 PM **SUMMARY OF COMMON THEMES/STRATEGIES**  
Julie Harvill, *MPA, MPA*  
*Operations Manager, Million Hearts® Collaboration*
- 2:45 PM **NEXT STEPS**  
Crystelle Fogle
- 2:55 PM **WRAP UP / ADJOURN**  
Laura King  
*Director of Public Health, American Heart Association*

