



Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention

Partners Working Together in Wyoming

Wolcott Galleria
136 S. Wolcott Street
Suite 203
Casper, WY 82601

June 20, 2018
Meeting Summary

The purpose of the meeting is to connect staff from the American Heart Association affiliate, state health departments and other state and local heart disease and stroke prevention partners to establish and engage in meaningful relationships around Million Hearts® efforts.

Meeting objectives:

- Identify Million Hearts® 2022 focused activities for 2018
- Recognize Million Hearts® 2022 evidence-based and practice-based CVD prevention strategies and approaches
- List partner programs and resources that align with Million Hearts®
- Identify programs efforts that align and ways to work together
- Create a plan for follow-up to increase engagement
- Recognize key contacts within heart disease and stroke prevention

Million Hearts® 2022:

- Keeping people healthy
- Optimizing care
- Improving outcomes for priority populations

Meeting Outcomes:

Attendees will have expanded their knowledge of evidence-based programs, collaboration strategies, tools, resources and connections to align programs and new initiatives that support Million Hearts®.

Key Themes:

- Provide resources to help providers and empowering patients to address cardiovascular health and hypertension especially given the challenges of a rural state.
- Support non-physician team members such as pharmacists and community health workers.
- Increase utilization of cardiac rehab and addressing challenges such as cost/access issues.
- Establish best practices and streamline systems of care throughout the state.
- Support tobacco prevention and cessation policies and programs amongst adults and youth.

Participants were asked to introduce themselves and state what they are excited about:

“Excited about the community focus and how to do prevention”

“Seeing the work we are doing on a daily basis impacting the lives of people”

“Working with rural communities and getting patients access to care”

“Improving collaboration on the prevention side so that we have the same outcomes as collaboration on the treatment side”

“The opportunities that collaboration offers us to impact people’s lives; the good news is that prevention is effective and there is so much we can do together”

“Empowering the patients to take care of themselves”

“Working on health policy in WY; there are many opportunities moving forward”

“Putting a face to the name of the people we have been working with”

“Exciting to see the work that is happening in the states and all the great work you do”

“Hoping to get some knowledge and some tools to advance my work”

Logistics – Preparing for Afternoon Workgroups

1 LINKING COMMUNITIES TO CLINICAL SERVICES	2 HYPERTENSION CONTROL	3 TOBACCO CESSATION
Amanda Hubbard Stevi Sy John Clymer Jill Ceitlin Julia Schneider	Hannah Herold Melody Bowar April Wallace Miriam Patanian	Kristen Waters Nickola Bratton Joe D’Eufemia Julie Harvill Robin Rinker

ACTION: Before lunch is over, please add your name to the Sign-up sheet for the Workgroup you plan to attend/engage.

GROUP 1: LINKING COMMUNITIES TO CLINICAL SERVICES			
<i>Participants:</i>			
Rachael Settles	Stacey Zeidler	Maribel Frank	Alison Yoenngberg
David Wheeler	Debbie Hornor	Dian True	Julieann Tanachion
<i>Discussion Leads:</i>		<i>Flip Chart Notes:</i>	<i>Notetaker:</i>
Amanda Hubbard Stevi Sy		John Clymer Jill Ceitlin	Julia Schneider
<u>TOPIC AREAS</u>			
Community health workers- certification/training and billing Pharmacists Financial survival but also good care- how to better serve their patients but also contain costs Access to care for rural patients Working with EMS Stroke systems of care Educating the community and how to better help with education Telehealth Supporting tribal communities and sharing lessons learned/success stories Parish nurses EMR interoperability			
<u>DISCUSSION</u>			
The WHAT			
What are the issues your organization is seeking to address?			
What has been successful (strategies and practices)?			
What are the key challenges?			
Community health workers			
Pharmacists			

AHA-Working with hospitals on Get with the Guidelines; QI initiatives; corporate partners- better understand what is happening in the community and how to provide resources; “end to end solutions”- how to better connect and develop a continuum;

Financial survival but also good care- how to better serve their patients but also contain costs

WY Med Center- access to care for rural patients; working with EMS; stroke systems of care; educating the community and how to better help with education.

Community Health Workers- one of the largest programs is at Tribal Health- started with staff education and expanded that; collaboration with pharmacists through U of WY School of Pharmacy

U of WY Telehealth Network is a huge resource for the state. DPH has invested for licenses for providers across the state for Zoom- it’s encrypted and meets HIPAA. 250 providers have registered. Dr. Wheeler LOVES this program and gives a lot of credit to the state. Dr. Wheeler and Dr. Bush sit on the NW Regional Telehealth Regional Network. Has made life in WY much more manageable. Medicaid pays for all telehealth visits. Other than Medicaid, no one will pay for services in the home. Used Zoom in the clinic- the quality is amazing. A lot of rules around docs using this so there are some challenges. But this has been a great resource for such a rural state.

Working with pharmacy students to work with patients; working with director of pharmacy @medical center Mountain Pacific is getting folks together to talk about resources in the community and how to get patients enrolled with insurance

Stress on caretakers and increased CVD in this population

Lots of disconnected people in the communities of WY. Sense that most folks go to nursing homes- less family support

Challenge of travel to doctor appointments- lack of knowledge, money

Wyoming 211- question on whether this is being used anymore? Is there funding for this?

Grant that supports CHW/lifestyle coach to go out to tribal communities- has made a huge difference for the communities. These 2 women are also certified diabetes educators. Outcomes data is amazing- data should be coming out soon.

NASHP notes WY as not having any CHWs but this might not be the case. Are they certified?

AHA has done a lot of work with tribes. Inter-tribal event that has been native led held in OK but draws in several states. Debbie spoke to Admiral Meeks – which resources are tribes accessing; what are the best practices and successes that can be shared.

Circulate info on funds available via Seeds of Change

Faith community – parish nurses. Several trained in the state. Volunteer-based.

Medicaid expansion- private insurance in WY is very expensive compared to other states for several reasons Overwhelmed with EMRs; need to work with vendors; interoperability is a challenge- many years away from registry reporting being streamlined

Who else should be at the table:

Hospital in Douglas – bringing in people on community paramedicine

Primary Care Association- Jan Cartright. There are 6 FQHCs in the state

U of WY Family Practice Residence Clinics

What do we choose to focus on?

What would success look like for this work?

What objectives do we seek to accomplish?

Ability for CHWs and others to get paid depends on your license and status. If you work with a physician group and are under the supervision of a physician, you can bill under their name. Not sure if Medicaid pays for CHWs. Job descriptions; working with employers to make the case.
 Patient literacy would be covered if it's part of the patients' care plan
 Could be Meals on Wheels – has to be 2 conditions like diabetes and hypertension. Finally seeing a small ROI. CMS launched new codes for people with mental health disorders. Requirements are difficult to meet- highly organized team and a lot of administrative burden. Mental health, primary care and FQHC partnered in one rural area to get this done.
 Formal training for CHWs- program does exist; who provides certification? No one has wanted to take it on. What about a community college; or a hospital. Tribal health has their own training program. Someone has to employ the CHWs- people need to get paid: volunteerism does not work anymore. Parish nurses who have no budget do not succeed. We need the workers first; and then a defined structure.
 Critical access hospitals- offer professional development
 PCNA can serve as role models for the quality care they are delivering.
 Lindsay is Director of Public health nurses and is a good resource
 Explore foundation funding: Myra Fox Skelton Foundation – Eric Munoz sits on the board- cardio thoracic surgeon

The HOW

How do we accomplish this? What specific actions or tasks need to be carried out in order to complete each step?

Who can we increase awareness of existing or new resources?

How do we want to stay accountable to these plans?

Plan to meet again in the next month- follow up with Nicola

Training and support of CHWs
 Support Telehealth throughout the state

Action	Who	By When
Sharing Zoom license info through University of Wyoming	Dr. Wheeler to reach out to Corey Jenkins- Project coordinator for Wyoming Telehealth Network	
Curriculum for CHW training	Dian True to follow up with Hannah Herold	
Follow up with Mountain Pacific (QIO) on CHWs	Amanda Hubbard	
Explore private foundation support for rural areas and identify a good grant writing	Debbie/AHA	
Reach out to PCA (Jan) about CHWs	Amanda Hubbard	

GROUP 2: HYPERTENSION CONTROL

Participants:
 Brandi Wahlen Matthew Guerttman
 Trisha Thompson

Discussion Leads:
Hannah Herold
Melody Bowar

Flip Chart Notes:
April Wallace

Notetaker:
Miriam Patanian

TOPIC AREAS

DISCUSSION

The WHAT

What are the issues your organization is seeking to address?

What has been successful (strategies and practices)?

What are the key challenges?

QIN/QIO:

- Share resources with our contracted organizations
- Implemented chronic care management in 15 primary care clinics – focused on Medicare age, but will reach everyone. Clinics have hired care coordinators
 - Classes are offered for patients
 - Must have 2+ chronic conditions, be a Medicare beneficiary, work with care coordinator to establish a care plan, must meet for at least 20 minutes/month for the care coordinator to be able to bill for it
 - Involve community organizations
 - Use a HIPAA compliant platform to track the community resources patients use

Wyoming Medical Center – Pulmonary and Cardiac Rehab:

- Pulmonary rehab – take blood pressures before rehab to make sure they are in optimal range before exercise
- Teach them to take their blood pressure at home; verify

Johnson County:

- Walk-in blood pressures; compare manual BP to their home blood pressure machine
- Provide education around BP

WY Department of Health:

- Hypertension rates have been increasing over the last 10 years (23.3% from BRFSS 2005; 29.9% from BRFSS 2015)
- Increase in number of patients who have their hypertension under control during this same time period
- Quality care coordination – (Medicaid incentive-based payment program) – similar trends
- PCMHs: 57% with hypertension have it under control in 2005; now closer to 70%
- Plan to implement SMBP monitor loaner programs similar to NY
- Promote the Million Hearts SMBP toolkits

THE WHAT

What do we choose to focus on?

What would success look like for this work?

What objectives do we seek to accomplish?

Cultivating collaboration – what opportunities are there?

- How can we get valuable resources and information to our patients?

- How can we better support clinic staff?
 - Training?
 - Reduce time constraints?
- How can we gather information, collate it, present it?
- Can we focus on training on accurate blood pressure measurement?
 - Care managers/coordinators can educate on proper blood pressure measurement
 - Need to identify gaps in providing patient education
 - How do we address the gaps that exist currently in procuring blood pressure cuffs
 - Which blood pressure cuffs are recommended?
http://www.dableducational.org/sphygmomanometers/devices_2_sbpm.html
 - There is also an AHA patient care / heart channel – has movies related to cardiac and diabetes education

The HOW

How do we accomplish this? What specific actions or tasks need to be carried out in order to complete each step?

How can we increase awareness of existing or new resources?

How do we want to stay accountable to these plans?

- BP cuff loaner program – would likely begin around January 2019
- Make resources available – cuffs and education
- Get the ear of payers to pay for cuffs
- Let providers (and the public) know that local health department can measure blood pressure
- QIO works with providers to work with their data
- Target BP – incentivizing providers for hypertension control rate (QUESTION FOR AHA: How many clinics are there in Target BP?)
- Million Hearts Hypertension Control Challenge – recognizes providers that have at least an 80% hypertension control rate
- Need to increase availability of resources – education for patient and provider, equipment, and medication
- Empower patients to continue monitoring blood pressure and encourage them to seek ongoing support
- Support physicians’ access to data to monitor blood pressure control in patient populations – improve controlled hypertension

SUSTAINABILITY

- Training manual / materials
- Data to benchmark and measure improved outcomes
- Show providers ROI
- Implement ongoing group communication
 - Chronic disease conference
- Development of chronic disease coalition (DOH can support this)

DELIVERABLE -

Increase availability of resources – education for patients and providers, equipment, and medication

Develop a train-the-trainer approach to improve consistent messaging about hypertension control

Action	Who	By When
Identify the content of the training that will coincide with the beginning of a blood pressure cuff loaner program	Hannah QIO Clinical setting partners	Mid-August

Build resource list – ADRC	Brandi as lead Each group compile your own list of resources, then Brandi will combine into 1 list	Beginning of August – Brandi will reach out to all
Identify training venues, events	Hannah	October
Getting the training to clinicians – consider medical society and other meetings to offer the training QIO can also train the organizations they contract with	Brandi Matthew Trisha	Beginning in January 2019

GROUP 3: TOBACCO CESSATION

Participants:

Joe D'Eufemia
Vitaliy Kroychik

Discussion Leads:

Flip Chart Notes:

Notetaker: Robin Rinker

TOPIC AREAS

AHA

- Tobacco Tax \$1
- Information – WQTP
- E-cigarettes
 - Youth
 - Messaging
 - Harm reduction language – get rid of it
- Tax
 - \$1 minimum would lead to \$43 million in the first year
 - Coalition started – expanding to more tobacco prevention
 - Key concepts
 - Consistent messaging
 - Grassroots groups
 - Community engagement
 - Champions

Smoke-Free Laws

- We have a coalition – statewide, not state-funded
- Education – TPCP and MPHCC
- Grassroots – community engagement
- Advocacy – ACS CAN, AHA, Citizenry

DISCUSSION

The WHAT

What are the issues your organization is seeking to address?

What has been successful (strategies and practices)?

What are the key challenges?

- AHA-focused on tobacco tax
- ACSCAN—cessation materials and line to call, in WY pushing people to state quitline
- Health Dept—chantix cessation rate much better than rest of the country
- Local prevention (PMO)—
- Tribal work—currently being discussed in state legislature. Lawmakers have used reservations as an excuse because they're sovereign (no tax). Non-natives are supposed to be charged tax, but not happening. Discussion of state tax on reservations (happens in NM) with agreement between tribe and state-reservation gets portion of that money. Discussions continue—bill dropping in 2018 leg session to work with the tribes
 - Wyoming's reservation houses two tribes, additional challenge of policies that work for both tribes
 - There are some opportunities, but must be led by tribes, and must be priority/need for them
- How do we raise a generation less inclined to smoke? How do we limit exposure to second hand smoke? Limit exposure for young people?
 - Young people do not think smoking is cool, but do not consider ecigs tobacco products. Juul—ecig that looks like memory stick from computer—equivalent to entire pack of cigarettes
- Wyoming has great data around tobacco between DOH and Wyoming Statistics and Analysis Center
 - PNA (also surveys student attitudes). Elective. Several districts have opted out, but more are re-electing because YRBS is no longer funded. Even years, 6-12 grades.
- Behavioral health—40% of quitline participants have behavior health conditions. Want to quit at same rates, but outcomes are 8-10% points lower—trying to figure out why.
 - There are centers using harm reduction—encouraging people to pick up smoking.
 - One of side effects with Chantix is suicidal thoughts. But removed warning because there isn't correlation, but patient and provider stigma
- E-cigarettes—RJ Reynolds is trying to strengthen harm reduction language in quitline through legislation—some is in place.
 - Wyoming has one of the most generous and comprehensive cessation treatment programs in the country. 3 months of free cessation
- Smoke free policies are better than taxes
 - No state general funds for cessation program. Now have just under \$300,000 from state investments
 - After next biennium funding will look different. Spending a lot of money on quitline and media, but putting as much money in communities
 - With loss of PMO, will see changes in capacity at community level. Sustainability is challenging due to budget
- Tobacco 21: DOH, don't see point in putting effort into this w/o tax or smokefree law
 - Difficult given WY politics, need impact data
- Media opportunities

- Did have settlement and CDC funds for this, slowly reduced, must now use all CDC funds for media, sometimes some settlement funds. This year considering media for secondhand—targeting parents who smoke in front of children.
- Tobacco taskforce?
 - DoH cannot lead, but can play a role. Casper is political bell weather—other communities looking to Casper.
 - 28% of state covered by comprehensive smokefree laws—6 communities have comprehensive, 13 total have smokefree laws
 - How do we start conversation about smokefree again? A lot of restaurants and bars are independently smokefree even w/o law. Can we link to Tourism office? Tourism can connect small population across large state—common goal, connects all of WY—major economic driver.
 - How do we all get on same page? Rowing in same direction.
 - Did have coalition in 2003 to work on general tobacco issues, after RWJF funding ended, that group has ended. Have had several specific coalitions on tobacco related topics led by ACSCAN and AHA.
 - Exploring whether WY wants to do this again.

THE WHAT

What do we choose to focus on?

What would success look like for this work?

What objectives do we seek to accomplish?

- Need a Champion in the state—lots of new young people running for local office
- Tobacco taskforce statewide but not state-funded—one objective is going smokefree---AHA & ACSCAN
 - Currently have coalition focused on tobacco tax, but coming to terms with fact that that might never happen. What else do we do? ACSCAN optimistic
 - Action: consistent messaging about outcomes of tobacco tax
 - Create subworkgroups?
 - NB: Cessation is only paid for for the next 2 years—budget uncertain after next 2 years due to expiration of budget amendment

The HOW

How do we accomplish this? What specific actions or tasks need to be carried out in order to complete each step?

Who can we increase awareness of existing or new resources?

How do we want to stay accountable to these plans?

SUSTAINABILITY

- Maintain statewide coalition
- Enhance communications
- Get on the same page

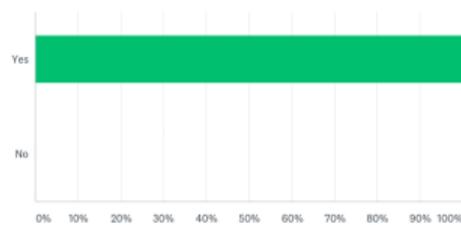
Pre-Meeting Survey Questions:

This survey was used to finalize the meeting agenda and presentations, and to provide you with the most valuable information for your work in heart disease and stroke prevention.

1. Organization Name:
2. Name:
3. What is your primary role/function within your organization?
4. Has your organization previously been involved in any Million Hearts® activities?
5. Does your organization currently use community health workers to do prevention and/or treatment for heart disease and stroke in Wyoming?
6. Does your organization currently work with community peri-medicine for prevention and/or treatment for heart disease and stroke in Wyoming?
7. Does your organization currently work on community pharmacy in Wyoming?
8. Does your organization currently work on tobacco cessation in Wyoming?
9. Does your organization currently work on self-management of blood pressure in Wyoming?
10. What does success look like at the end of the meeting?

Q2: Does your organization currently work on any Million Hearts® initiatives?

Answered: 10 Skipped: 1



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Presentations:

Million Hearts® 2022

Robin Rinker, MPH, CHES
Health Communications Specialist
Division for Heart Disease and Stroke Prevention, CDC

The goal of Million Hearts is to prevent 1 million heart attacks, strokes, and other cardiovascular events. During the first 5-year phase of Million Hearts®, we made significant progress in many areas. And while final numbers will not be available until 2019, we estimate that up to half a million events may have been prevented from 2012-2016. With new strategies in place, we are hoping to build on our momentum over the next five years.



Million Hearts® 2022 is co-led by the Centers for Disease Control & Prevention and the Centers for Medicare and Medicaid Services. But it is carried out by a variety of partners across federal and state agencies, and private organizations. Million Hearts® provides a platform to shine light on a selection of evidence-based strategies for cardiovascular disease prevention, and it serves as a learning lab and repository of tools, protocols, and resources for partners to use to implement these strategies. The important thing to note, however, is that while Million Hearts® provides the platform, the strategies, the tools, protocols and resources, it’s the partners who are the ones really driving this initiative.

Million Hearts® 2022
Priorities

Keeping People Healthy	Optimizing Care
Reduce Sodium Intake	Improve ABCS*
Decrease Tobacco Use	Increase Use of Cardiac Rehab
Increase Physical Activity	Engage Patients in Heart-healthy Behaviors

Improving Outcomes for Priority Populations
Blacks/African Americans
35- to 64-year-olds
People who have had a heart attack or stroke
People with mental illness or substance use disorders

*Aspirin when appropriate, Blood pressure control, Cholesterol management, Smoking cessation



Wyoming Department of Health Address Priorities that Align with Million Hearts®

- 100% Federally Funded through CDC's "State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health" (known as 1305)
- October 2018 through June 2023: Funded through "Improving the Health of Americans Through Prevention and Management of Diabetes and Heart Disease and Stroke" (known as 1815)



Wyoming Department of Health Million Hearts Activities

Hannah Herold, MPH, MA, CHES
Chronic Disease Prevention Program Manager

Vitaliy Kroychik, CHES, CTTS, NCTTP
Tobacco Prevention Specialist

Priorities:

- ✓ Improve environments in worksites, schools, early childhood education services, state and local government agencies, and community settings to promote healthy behaviors.
- ✓ Improve the delivery and use of quality clinical and other health services aimed at preventing and managing high blood pressure and diabetes.
- ✓ Increase implementation of quality improvement processes in health systems.
- ✓ Increase use of team-based care in health systems.
- ✓ Increase links between community and clinical organizations to support prevention, self-management and control of diabetes, high blood pressure, and obesity.
- ✓ Improve ABCS, Engage Patients in Heart Healthy Behavior
- ✓ Integrated Pharmacy Project: Partnership with University of Wyoming School of Pharmacy; Enrolling pharmacists through the Practice-Based Research Network; Training on motivational interviewing, CDSME, and appropriate referrals to community resources; Use of Pharmacists' Patient Care Process and Collaborative Practice Agreements
- ✓ Tobacco Prevention and Control- Increase Cessation; Decrease Youth Initiation



Mountain-Pacific Quality Health Address their Work and Alignment with Million Hearts®

- ✓ **Engage providers:** To improve patient care with evidence-based best practices
- ✓ **Encourage collaboration:** Among providers and other community stakeholders
- ✓ **Empower patients:** To take an active role in managing their health



Align with the Million Hearts® Initiative to improve preventive care measures, including aspirin use, blood pressure control, cholesterol management and smoking/tobacco education

Target disparate populations, including gender, racial and ethnic disparities and rural populations, to improve cardiac health

- Offer technical assistance on the cardiovascular measures submission for participating clinics
- Assist home health agencies with measures reporting through the Home Health Cardiovascular Data Registry
- Help clinics utilize EHRs for data analysis and performance improvement activities focused on clinical quality measures

American Heart Association/American Stroke Association Programs and Resources that Align with Million Hearts

Policy Priorities:

- ✓ Support efforts to increase active living and healthy eating through policy: SNAP; Every Student Succeeds Act
- ✓ Support policy that establishes best practices and streamlined protocols of care throughout the state: 911 Dispatch Training
- ✓ Support efforts to decrease tobacco use in Wyoming: Tobacco tax at a \$1 minimum; smokefree laws; Tobacco 21; tobacco cessation funding



Resources:

- Heart Attack Risk Calculator www.cvriskcalculator.com
- AHA's Smoking Cessation Tools and Resources
- Get with the Guidelines www.heart.org/quality
- My Life Check Health Assessment
http://www.heart.org/HEARTORG/Conditions/My-Life-Check---Lifes-Simple-7_UCM_471453_Article.jsp#.WYynd4WcE2w
- Check, Change, Control: Blood Pressure
http://www.heart.org/HEARTORG/Conditions/HighBloodPressure/HighBloodPressureToolsResources/Find-a-Check-Change-Control-Program-Near-You_UCM_449325_Article.jsp#.WYynnoWcE2w
- Food and Beverage Tool Kit for a healthy food environment and policies
http://www.heart.org/HEARTORG/HealthyLiving/WorkplaceHealth/EmployerResources/Healthy-Workplace-Food-and-Beverage-Toolkit_UCM_465195_Article.jsp#.WYynwiWcE2w
- Target BP: <http://targetbp.org/>
- EmPowered to Serve <https://www.empoweredtoserve.org/>

February is 'Heart Month' in Wyoming!



Time	Agenda Item/Topic	Speaker/Facilitator
8:30 – 9:00 am	Partner Networking	
9:00	Welcome	John Clymer Executive Director National Forum for Heart Disease and Stroke Prevention
	Overview of the Day	Julie Harvill
9:05 – 9:40 am	Introductions In one sentence, what excites you about your role in heart disease and stroke prevention?	John Bartkus Pensivia
9:40 – 10:30am	Million Hearts® 2022 <ul style="list-style-type: none"> • Million Hearts® Accomplishments • What must happen to prevent? • 2018 Focus Q and A/Group Interaction	Robin Rinker, MPH, CHES Health Communications Specialist Division for Heart Disease and Stroke Prevention Centers for Disease Control and Prevention
10:30 – 10:45am	Break	
10:45 – 11:05am	Wyoming Department of Health address priorities that align with Million Hearts®.	Hannah Herold, MPH, MA, CHES Chronic Disease Prevention Program Manager
11:05 – 11:20am	Mountain-Pacific Quality Health address their work and alignment with Million Hearts®.	Nickola Bratton AIM Lead
11:20 – 11:35am	American Heart Association/American Stroke Association programs and resources that align with Million Hearts	Kristen Waters, Advocacy Ben Leonard, QSI Debbie Horner, Health Strategies

11:35 am – 12:15pm	Catered Lunch	
12:15 – 2:00pm	Afternoon Breakouts/Facilitated Discussions	
	<ul style="list-style-type: none"> • Linking Communities to Clinical Services (Community Health Worker, Community Paramedicine) • Engagement of Pharmacists • Hypertension Control • Tobacco Cessation 	John Bartkus
2:00 – 2:30pm	Reports from Breakouts <ul style="list-style-type: none"> • What are you planning to do? • How will you get it done? • What are the next steps? • 	John Bartkus
2:30 – 2:50 pm	Plans for Follow-up/Next Interactions	John Bartkus
2:50 – 2:55pm	Evaluation and Feedback Process	April Wallace, MHA Program Initiatives Manager
2:55p.m.	Wrap Up	April Wallace
3:00p.m.	Adjourn	



**Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working
Together in Wyoming
June 20, 2018
Contact List**

First Name	Last Name	Organization/Company	Job Title
Naomi	Amaha Gollnick	American Heart Association	Regional Vice President, Advocacy
John	Bartkus	Pensivia	Advocacy Program/Project Management Consultant
Melody	Bowar	Wyoming Medical Center	Stroke Coordinator
Nickola	Bratton	Mountain-Pacific Quality Health	Account Manager
Jill	Ceitlin	American Heart Association	State and Community Advocacy Manager
John	Clymer	National Forum for Heart Disease & Stroke Prevention	Executive Director
Joe	D'Eufemia	Wyoming Dept of Health	Tobacco Prevention Program Manager
Mica	Elmore	Wyoming Medical Center	Cardiovascular Service Line Coordinator
Maribel	Frank	Wyoming Medical Center	AVP of Population Health & Outreach
Andy	Gienapp	Department of Health	EMS Manager
Matthew	Guerttman	Wyoming Physician Services	Director
Julie	Harvill	American Heart Association	Operations Manager, Million Hearts Collaboration
Hannah	Herold	Wyoming Department of Health	Chronic Disease Prevention Program Manager
Debbie	Hornor	American Heart Association	Senior Vice President, Health Strategies SouthWest Affiliate
Keith	Hotle	PMO	CEO
Kimberly	Hoyt	Cheyenne Cardiology	RN Clinical Supervisor
Amanda	Hubbard	CRMC	Training Center Coordinator
Lindsay	Huse	Wyoming Department of Health	State Supervisor, Public Health Nursing

Diane	Kavanagh	Wyoming Medical Center	RN
Vitaliy	Kroychik	Wyoming Department of Health	Tobacco Prevention Specialist
Ben	Leonard	American Heart Association	QSI Director
Jason	Mincer	ACS CAN	Captain Awesome
Miriam	Patanian	National Association of Chronic Disease Directors	Lead Consultant for CVH and Health Systems
Carol	Rieser	Cheyenne Regional Medical Center	Administrator of Specialty Services
Robin	Rinker	Centers for Disease Control	Project Officer
Julia	Schneider	National Association of Chronic Disease Directors	Consultant, CVH Team
Rachael	Settles	Cheyenne Regional Medical Center	RN
Mary Lynne	Shickich	Shickich Strategies	President
Linda	Stopp	US Dept of Health and Human Services Office of the Assistant Secretary for Health Region 8	Public Health Advisor
Stevi	Sy	Mountain-Pacific Quality Health	Regional Medication Safety Lead
Julieann	Tanachion	Johnson County Public Health	RN
Trisha	Thompson	Johnson County Public Health	Nurse Manager
Trisha	Thompson	Johnson County Public Health	Nurse Manager
Dian	true	Wyoming Association of Diabetes Educators (WADE)	CEO
Brandi	Wahlen	Mountain-Pacific Quality Health	Account Manager
April	Wallace	American Heart Association	Program Initiatives Manager
Kristen	Waters	American Heart Association / American Stroke Association	Government Relations & Community Integration
David	Wheeler	Wyoming Neurologic Associates	Neurologist
Alison	Youngberg	Wyoming Medical Center	RN, CNOR, RNFA
Stacey	Zeidler	Wyoming Medical Center	Physician Liaison



**Advancing Million Hearts®:
AHA and State Heart Disease and Stroke
Partners Working Together in Wyoming**

June 20, 2018 – 9:00 AM to 3:00 PM MDT

Wolcott Galleria
136 S Wolcott Street, Suite 204
Casper, WY 82601

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Welcome & Overview of the Day

John Clymer, Executive Director
*National Forum for Heart Disease and Stroke Prevention
Co-chair, Million Hearts® Collaboration*

Julie Harvill, Operations Manager
Million Hearts® Collaboration

2



3

Meeting Purpose:
Connecting staff from AHA Affiliates, state health departments and other state and local heart disease and stroke prevention partners to establish and engage in meaningful relationships around Million Hearts® efforts.

Meeting Outcomes:
Attendees will have expanded their knowledge of evidence-based programs, collaboration strategies, tools, resources and connections to align programs and new initiatives that support Million Hearts®.

4

Agenda

9:00 AM	<ul style="list-style-type: none"> Welcome and Overview Introductions Million Hearts® 2022 Programs and Resources that Align with Million Hearts® <ul style="list-style-type: none"> - WY Dept of Health - Mountain-Pacific Quality Health - AHA/ASA 	<ul style="list-style-type: none"> John Clymer & Julie Harvill John Bartkus Robin Rinker Hannah Herold & Vitaliy Kroychik Nickola Bratton Debbie Hornor & Kristen Waters
11:35 AM	<ul style="list-style-type: none"> Lunch 	
12:15 PM	<ul style="list-style-type: none"> Afternoon Breakout Workgroups 	<ul style="list-style-type: none"> John Bartkus
2:00 PM	<ul style="list-style-type: none"> Workgroup Report-outs 	
2:30 PM	<ul style="list-style-type: none"> Plans for Follow-up 	<ul style="list-style-type: none"> John Bartkus
2:50 PM	<ul style="list-style-type: none"> Evaluation & Feedback / Wrap Up 	<ul style="list-style-type: none"> April Wallace
3:00 PM	<ul style="list-style-type: none"> Adjourn 	

5



Expectations - Approach for the Day

John Bartkus, PMP, CPF
Principal Program Manager, Pensivia

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Introductions:

1. Name
2. Organization
3. What excites you about your role in heart disease and stroke prevention? *(one sentence)*

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Logistics – Preparing for Afternoon Workgroups

1 LINKING COMMUNITIES TO CLINICAL SERVICES	2 HYPERTENSION CONTROL	3 TOBACCO CESSATION
Amanda Hubbard Stevi Sy John Clymer Jill Ceitlin Julia Schneider	Hannah Herold Melody Bowar April Wallace Miriam Patanian	Kristen Waters Nickola Bratton Joe D'Eufemia Julie Harvill Robin Rinker

ACTION: Before lunch is over, please add your name to the Sign-up sheet for the Workgroup you plan to attend/engage.

8



A key focus for the day...

ALIGNMENT

9

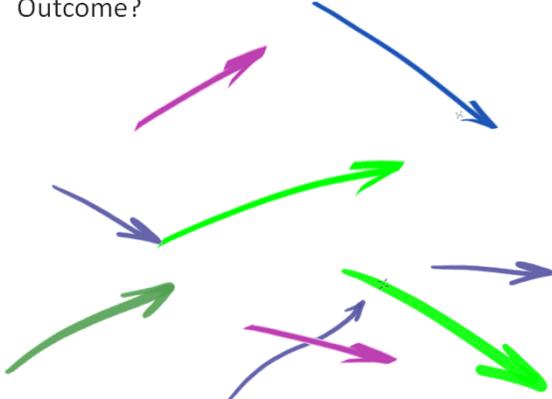
Activity

- “We’re all Arrows”
- Look around the room. Identify something to focus on.
- Close your eyes.
- Fully extend your arm to point at it. *(Watch out for your neighbors)*



10

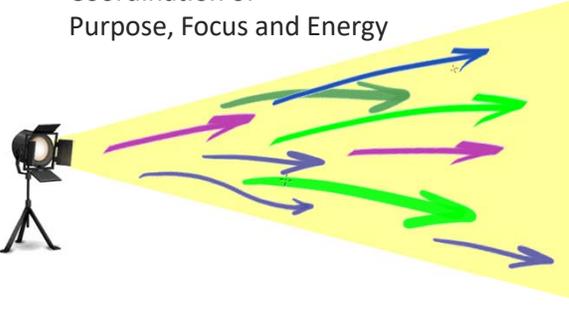
Outcome?



11

Alignment

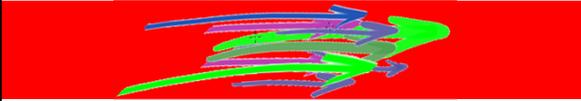
Coordination of Purpose, Focus and Energy



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Alignment

Coordination of Purpose, Focus and Energy



Higher Impact on the target

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One of the sheets in your packet is "My Alignment Notes"



Opportunities I found to:

- * Align with My work
- * Align with Others work

If "Alignment" is a key goal of this meeting, then what would evidence of cultivating alignment be?

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Preventing 1 Million Heart Attacks and Strokes by 2022

Robin Rinker, MPH, CHES
Health Communications Specialist
Division for Heart Disease and Stroke Prevention
Centers for Disease Control and Prevention



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Million Hearts® 2022

- **Aim:** Prevent 1 million—or more—heart attacks and strokes in the next 5 years
- National initiative co-led by:
 - Centers for Disease Control and Prevention (CDC)
 - Centers for Medicare & Medicaid Services (CMS)
- Partners across federal and state agencies and private organizations



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Heart Disease and Stroke in the U.S.

- More than **1.5 million** people in the U.S. suffer from heart attacks and strokes per year¹
- More than **800,000** deaths per year from cardiovascular disease (CVD)¹
- CVD costs the U.S. **hundreds of billions of dollars** per year¹
- CVD is the greatest contributor to racial disparities in life expectancy²

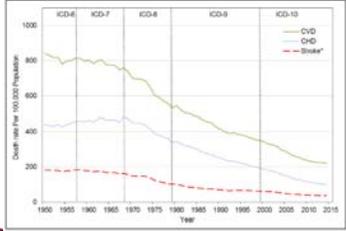


References
1. Benjamin EJ, Blaha MJ, Chiuve SE, Cushman M, Das SR, Deo R, et al. Heart Disease and Stroke Statistics-2017 Update: A Report From the American Heart Association. Circulation 2017;135(10):e146-603.
2. Kochavek KD, Anis E, Anderson RN. How did cause of death contribute to racial differences in life expectancy in the United States in 2010? NCHS data brief, no 125. Hyattsville, MD: National Center for Health Statistics. 2013

17

Heart Disease and Stroke Trends 1950-2015

While CV deaths have been declining for the past 40 years, the **reduction in these deaths has slowed.**




Source – Mensah GA, Wei GS, Sorlie PD, et al. Decline in Cardiovascular Mortality – Possible Causes and Implications. Circulation Research. 2017;120:366-380.

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Million Hearts® 2022

Aim: Prevent 1 Million Heart Attacks and Strokes in 5 Years

The diagram features a central illustration of a city skyline with a hospital building and a person walking. A large blue arc labeled 'COMMUNITY' spans the top. Two callout boxes, 'Keeping People Healthy' and 'Optimizing Care', point towards the community. A red callout box labeled 'Priority Populations' points to a specific area within the community.

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Million Hearts® 2022

Priorities

Keeping People Healthy	Optimizing Care
Reduce Sodium Intake	Improve ABCS*
Decrease Tobacco Use	Increase Use of Cardiac Rehab
Increase Physical Activity	Engage Patients in Heart-healthy Behaviors

Improving Outcomes for Priority Populations
Blacks/African Americans with Hypertension
35- to 64-year-olds
People who have had a heart attack or stroke
People with mental and/or substance use disorders who use tobacco

*Aspirin use when appropriate, Blood pressure control, Cholesterol management, Smoking cessation

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Keeping People Healthy

Goals	Effective Public Health Strategies
Reduce Sodium Intake Target: 20%	<ul style="list-style-type: none"> Enhance consumers' options for lower sodium foods Institute healthy food procurement and nutrition policies
Decrease Tobacco Use Target: 20%	<ul style="list-style-type: none"> Enact smoke-free space policies that include e-cigarettes Use pricing approaches Conduct mass media campaigns
Increase Physical Activity Target: 20% (Reduction of inactivity)	<ul style="list-style-type: none"> Create or enhance access to places for physical activity Design communities and streets that support physical activity Develop and promote peer support programs

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Optimizing Care

Goals	Effective Health Care Strategies
Improve ABCS* Targets: 80%	<p><i>High Performers Excel in the Use of...</i></p> <ul style="list-style-type: none"> Teams—including pharmacists, nurses, community health workers, and cardiac rehab professionals Technology—decision support, patient portals, e- and default referrals, registries, and algorithms to find gaps in care Processes—treatment protocols; daily huddles; ABCS scorecards; proactive outreach; finding patients with undiagnosed high BP, high cholesterol, or tobacco use Patient and Family Supports—training in home blood pressure monitoring; problem-solving in medication adherence; counseling on nutrition, physical activity, tobacco use, risks of particulate matter; referral to community-based physical activity programs and cardiac rehab <p><small>*Aspirin use when appropriate, Blood pressure control, Cholesterol management, Smoking cessation</small></p>
Increase Use of Cardiac Rehab Target: 70%	
Engage Patients in Heart-healthy Behaviors Targets: TBD	

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Improving Outcomes for Priority Populations

Priority Population	Intervention Needs	Strategies
Blacks/African Americans	<ul style="list-style-type: none"> Improving hypertension control 	<ul style="list-style-type: none"> Targeted protocols Medication adherence strategies
35-64 year olds	<ul style="list-style-type: none"> Improving HTN control and statin use Decreasing physical inactivity 	<ul style="list-style-type: none"> Targeted protocols Community-based program enrollment
People who have had a heart attack or stroke	<ul style="list-style-type: none"> Increasing cardiac rehab referral and participation Avoiding exposure to particulate matter 	<ul style="list-style-type: none"> Automated referrals, hospital CR liaisons, referrals to convenient locations Air Quality Index tools
People with mental and/or substance abuse disorders	<ul style="list-style-type: none"> Reducing tobacco use 	<ul style="list-style-type: none"> Integrating tobacco cessation into behavioral health treatment Tobacco-free mental health and substance use treatment campuses Tailored quitline protocols

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Resources and Tools

- Action Guides**—Hypertension control; Self-measured blood pressure monitoring (SMBP); Tobacco cessation; Medication adherence
- Protocols**—Hypertension treatment; Tobacco cessation; Cholesterol management
- Tools**—Hypertension prevalence estimator; ASCVD risk estimator
- Health IT**
- Clinical Quality Measures**
- Consumer Resources and Tools**

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Partner Opportunities: Hospitals Sample Actions to Consider

- Action:** Make healthy food and beverage choices available to patients, visitors, and staff
 - Resource:** [HHS/GSA Health and Sustainability Guidelines for Federal Concessions and Vending Operations](#)
 - Success Story:** [Sodium Reduction Community Program Los Angeles County Department of Public Health](#)
- Action:** Implement comprehensive smoke-free policies
 - Resource:** [The Community Guide: Tobacco Use and Secondhand Smoke Exposure: Smoke-Free Policies](#)
 - Success Story:** [Communities Putting Prevention to Work: Tobacco Use Prevention and Control](#)
- Action:** Institute automatic referral of eligible patients to cardiac rehab
 - Resource:** [Increasing Cardiac Rehabilitation Participation From 20% to 70%: A Road Map From the Million Hearts Cardiac Rehabilitation Collaborative](#)



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Partner Opportunities: Employers Sample Actions to Consider

- Action:** Make healthy food and beverage choices available to all employees
 - Resource:** [HHS/GSA Health and Sustainability Guidelines for Federal Concessions and Vending Operations](#)
 - Success Story:** [Sodium Reduction Community Program Los Angeles County Department of Public Health](#)
- Action:** Develop and support policies at worksites to encourage use of tobacco cessation services.
 - Resource:** [The Community Guide: Tobacco Use and Secondhand Smoke Exposure: Outline Interventions](#)
 - Success Story:** [North Carolina Division of Public Health, Tobacco Prevention and Control Branch: Expanding Comprehensive Coverage for Tobacco Cessation](#)
- Action:** Provide environmental supports for recreation or physical activity (e.g., onsite exercise facility, walking trails, bicycle racks).
 - Resource:** [CDC Worksite Health ScoreCard](#)
 - Success Story:** [Bike Share Program Offers California State Employees Another Way to Be Active](#)



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Partner Opportunities: Clinical Care Teams Sample Actions to Consider

- Action:** Use standardized treatment protocols for hypertension treatment, tobacco cessation, and cholesterol management
 - Resource:** [CDC: Million Hearts® Protocols](#)
 - Success Story:** [2014 Hypertension Control Champions: Large Health Systems](#)
- Action:** Implement self-measured blood pressure monitoring (SMBP) interventions with clinical support
 - Resource:** [Million Hearts® Self-Measured Blood Pressure Monitoring: Action Steps for Clinicians](#)
 - Success Stories:** [2013 Hypertension Control Champion: Niles V. Patel, MD; 2015 Hypertension Control Champion: Reliant Medical Group](#)
- Action:** Improve performance on Million Hearts® clinical quality measures on aspirin, BP control, cholesterol, smoking cessation, and cardiac rehab
 - Resource:** [Million Hearts® ABCS measures](#)
 - Success Story:** [Association of State and Territorial Health Officials \(ASTHO\) Million Hearts Minnesota](#)
- Action:** Leverage electronic health record (EHR) systems to excel in the ABCS
 - Resource:** [Million Hearts® EHR Optimization Guides](#)
 - Success Story:** [Michigan Center for Effective IT Adoption](#)



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Stay Connected

- Million Hearts® eUpdate Newsletter
- Million Hearts® on Facebook and Twitter
- Million Hearts® Website
- Million Hearts® for Clinicians Microsite




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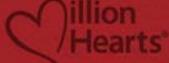
Million Hearts® for Clinicians Microsite

- Features Million Hearts® protocols, action guides, and other QI tools
- Syndicates **LIVE** Million Hearts® on your website for your clinical audience
- Requires a small amount of HTML code—customizable by color and responsive to layouts and screen sizes
- Content is free, cleared, and continuously maintained by CDC




Available at <https://tools.cdc.gov/medialibrary/index.aspx#microsite/id/273017>

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Q & A

Group Interaction

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Break

Resume at 10:36

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WYOMING DEPARTMENT OF HEALTH
PROGRAMS AND RESOURCES
THAT ALIGN WITH MILLION HEARTS®

Hannah Herold, MPH, MA, CHES
Chronic Disease Prevention Program Manager

Vitaliy Kroychik
Tobacco Prevention Specialist

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Wyoming Department of Health
Million Hearts Activities

Hannah Herold, MPH, MA, CHES
Chronic Disease Prevention Program Manager

Vitaliy Kroychik, CHES, CTTS, NCTTP
Tobacco Prevention Specialist

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Chronic Disease Prevention
Program Funding Overview

- **100% Federally Funded through CDC**
 - “State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health”
 - AKA “1305”
- **October 2018 through June 2023...**
 - Funded through “Improving the Health of Americans Through Prevention and Management of Diabetes and Heart Disease and Stroke”
 - “1815”

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Current Priorities

Improve environments in worksites, schools, early childhood education services, state and local government agencies, and community settings to promote healthy behaviors.

- Nutrition
- Physical Activity

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Current Priorities

Improve the delivery and use of quality clinical and other health services aimed at preventing and managing high blood pressure and diabetes.

- Increase implementation of quality improvement processes in health systems.
- Increase use of team-based care in health systems.

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Wyoming Department of Health
Committed to your health.

Current Priorities

Increase links between community and clinical organizations to support prevention, self-management and control of diabetes, high blood pressure, and obesity.

- Increase access to, use of, and reimbursement for Diabetes Prevention Programs and Diabetes Self-Management Programs
- Increase use of health-care extenders in the community in support of self-management of high blood pressure and diabetes.

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Wyoming Department of Health
Committed to your health.

MH Priority: Reduce Sodium Intake

- **Nutritional consulting in school districts**
 - Partnership with Wyoming Department of Education
 - Consulting and follow-up TA provided to 58 school districts
- **Chop Chop Magazine in schools**
- **Nutrition professional development to Early Care and Education (ECE) providers**
 - 1005 ECE Providers received PD

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Wyoming Department of Health
Committed to your health.

MH Priority: Reduce Sodium Intake/ Increase Physical Activity

- **Worksite wellness initiatives**
 - Worksite Wellness Grants
 - 5 recipients
 - Required: Increase physical activity and nutrition standards and guidelines.
 - Optional: Tobacco cessation, preventative cancer screenings, breastfeeding-friendly environments, suicide prevention

39

Wyoming Department of Health
Committed to your health.

MH Priority: Increase Physical Activity

- **Professional development and training to ECE providers**
 - Train-the-trainer
 - Stencil Project
 - Stakeholder meeting
 - Partnering with DFS to revise licensing requirements



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Wyoming Department of Health
Committed to your health.

MH Priority: Improve ABCS, Engage Patients in Heart Healthy Behavior

- **Increasing use of lifestyle change programs for chronic disease management and prevention**
 - Technical assistance contractors to provide targeted TA and professional development to providers
 - Mini-grants for Diabetes Prevention Programs

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Wyoming Department of Health
Committed to your health.

MH Priority: Improve ABCS, Engage Patients in Heart Healthy Behavior

- **Integrated Pharmacy Project**
 - Partnership with University of Wyoming School of Pharmacy
 - Enrolling pharmacists through the Practice-Based Research Network
 - Training on motivational interviewing, CDSME, and appropriate referrals to community resources
 - Use of Pharmacists' Patient Care Process and Collaborative Practice Agreements

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MH Priority:
Improve ABCS, Engage Patients in Heart Healthy Behavior

Wyoming Department of Health
 Committed to your health.

- **Using HIE for Chronic Care Management**
 - Select group of high-needs practices
 - Receiving support on use of Electronic Health Records, reporting of clinical quality measures, and improving patient care for patients with chronic diseases
 - Technical assistance and support provided through Mountain Pacific Quality Health Foundation

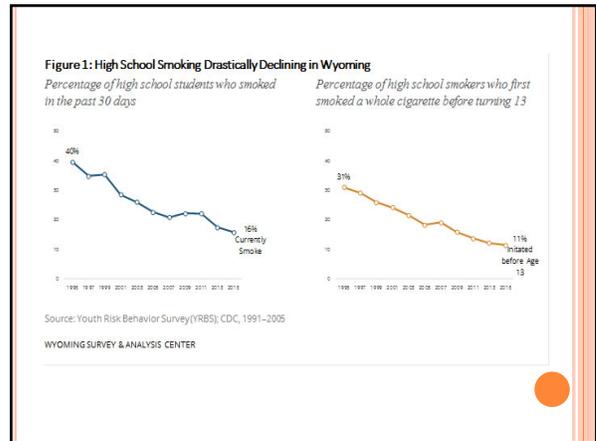
43

TOBACCO PREVENTION AND CONTROL UPDATES

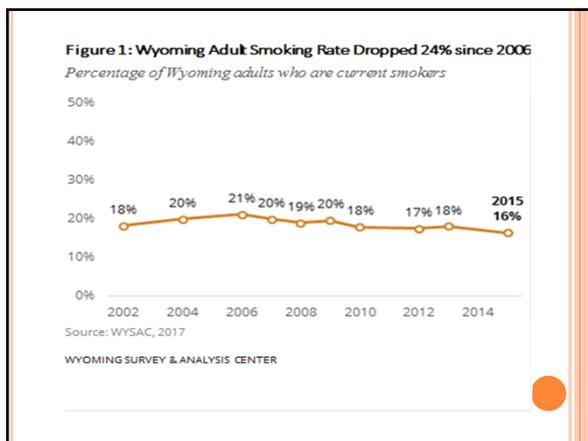
44

- Goal 1: Increase Cessation
 - Provide Chantix at no cost to participants
 - 31% NRT+Coaching Quit rate
 - 44% Chantix+Coaching Quit rate
- Goal 2: Decrease Youth Initiation
 - Stay Fresh campaign launched in March
 - Peer to peer messaging
 - Empowering and educating youth to make their own decision
 - Oh Vape No
 - Not as bad is still no good

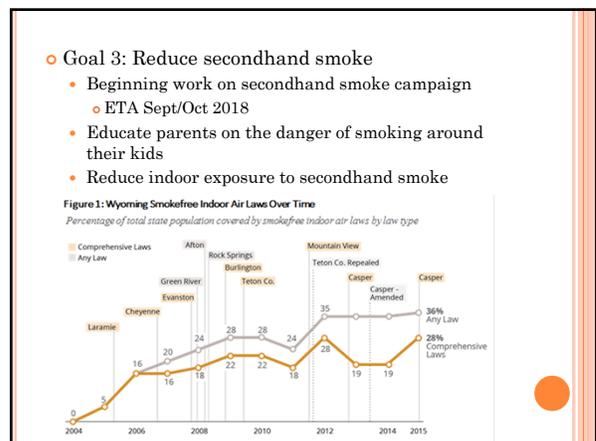
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- Goal 4: Decrease disparities
 - Cessation focus on AI, Pregnant women, and those with behavioral health issues (anxiety, depression)
 - E-Coaching pilot to increase reach to younger population
 - LGBT cultural competency training for cessation coaches.

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Q & A

Group Interaction

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MOUNTAIN-PACIFIC QUALITY HEALTH AND ALIGNMENT WITH MILLION HEARTS®

Nickola Bratton
AIM Lead

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Mountain-Pacific Quality Health

Quality Innovation Network – Quality Improvement Organization (QIN-QIO)

Working Together to Improve Health Care

Better care, better population health and lower costs through improvement.




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POLL: How much do you already know about Mountain-Pacific?

- A. Nothing – I’m here to learn!
- B. I’ve heard the name.
- C. Some, but I don’t have a clear understanding of what all Mountain-Pacific does.
- D. I have a good understanding of who they are and what they do.

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About Mountain-Pacific



- **Engage providers**
To improve patient care with evidence-based best practices
- **Encourage collaboration**
Among providers and other community stakeholders
- **Empower patients**
To take an active role in managing their health

CMS-designated quality improvement organization for Wyoming, Montana, Hawaii and Alaska

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The QIO Program

- One of the largest federal programs dedicated to improving health quality at the local level.
- Each state has a Quality Innovation Network-Quality Improvement Organization (QIN-QIO) that collaborates with other QIO's across the nation.
- Mountain-Pacific Quality Health is the QIN-QIO for Montana, Wyoming, Alaska, Hawaii, Guam, American Samoa and the Commonwealth of the Northern Mariana Islands.

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“Boots on the Ground”

Quality improvement organizations are CMS’ “boots on the ground”

56

Quality Improvement Initiatives from CMS

- 1. Delivering beneficiary- & family-centered care**
 - BFCC-QIOs
- 2. Healthy People, Healthy Communities**
 - Improving Cardiac Health
 - Improving Health of People with Diabetes
 - Improve Adult Immunizations

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Quality Improvement Initiatives from CMS

- 3. Better Health Care for Communities**
 - Reduce Healthcare-Acquired Conditions in Nursing Homes
 - Improve Coordination of Care
- 4. Better Health Care at Lower Costs**
 - Promoting improvement through assistance with quality reporting and federal reimbursement programs
 - Meaningful Use of HIT

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Foundation Principles

Better Health - Better Care - Lower Cost

- Enable innovation
- Foster learning organizations
- Eliminate disparities
- Strengthen infrastructure and data systems

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Areas of Focus

- Antibiotic Stewardship
- Cancer Prevention
- Cardiac Health
- Care Coordination
- Colorectal Cancer Screening
- Diabetes Care
- Health Care Infections
- Immunizations
- Medication Safety
- Nursing Home Quality
- Quality Payment Program
- Transforming Clinical Practice

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Our Approach

- Align with the Million Hearts® Initiative (www.millionhearts.hhs.gov) to improve preventive care measures, including aspirin use, blood pressure control, cholesterol management and smoking/tobacco education
- Target disparate populations, including gender, racial and ethnic disparities and rural populations, to improve cardiac health

61

Our Approach

- Offer technical assistance on the cardiovascular measures submission for participating clinics
- Assist home health agencies with measures reporting through the Home Health Cardiovascular Data Registry
- Help clinics utilize EHRs for data analysis and performance improvement activities focused on clinical quality measures

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Our Approach

Focus on the ABCS

- Measure monitoring
- HHQI
- Merit-based Incentive Payment System (MIPS) Calculator

Practice Pattern Variance

- Data driven quality improvement
- Optimizing utilization of health information technology (HIT)
- Support innovations in care delivery

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Our Partners



- Home Health Agencies
- Physician Offices
- Hospitals
- Nursing Homes
- Pharmacies
- Care Transition Teams
- DEEP™ Facilitators
- Community Health Workers

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Contact Information

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This material was developed by Mountain-Pacific Quality Health, the Medicare Quality Innovation Network-Quality Improvement Organization (QIN-QIO) for Montana, Wyoming, Alaska, Hawaii, Guam, American Samoa and the Commonwealth of the Northern Mariana Islands, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Contents presented do not necessarily reflect CMS policy. 11SOW-MPQHF-WY-B1-18-01

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Q & A

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COMMUNITY IMPACT

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AHA and Million Hearts®: Spotlight on Wyoming
Get With The Guidelines & Mission: Lifeline Quality Awards

- CHEYENNE REGIONAL MEDICAL CENTER
 - GWTC- Heart Failure
 - GWTC- Stroke
- WYOMING MEDICAL CENTER
 - GWTC- Heart Failure
 - GWTC- Stroke

EARN PUBLIC RECOGNITION FOR YOUR ACHIEVEMENT.

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AHA and Million Hearts®: Spotlight on Wyoming: Advocacy

POLICY PRIORITIES → Organized by category, based on scientific research and modified each year based on latest data and how many people impacted

YOU'RE THE CURE NETWORK, WY STATE ADVOCACY COMMITTEE → Grassroots advocacy network and statewide grassroots advocates

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Policy Priorities in Wyoming

- HEALTHY EATING/ ACTIVE LIVING** → Support efforts to increase active living and healthy eating through policy
- SYSTEMS OF CARE** → Support policy that establishes best practices and streamlined protocols of care throughout the state
- TOBACCO FREE** → Support efforts to decrease tobacco use in Wyoming

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ADVOCACY SUCCESS: PULSE OXIMETRY

- Wyoming recently adopted a policy ensuring all newborns are screened for Critical Congenital Heart Defects using pulse oximetry testing.
- The policy went into effect on January 1, 2018
- Heart Heroes from across Wyoming met with Governor Mead to thank him for signing the amended rules in a swift manner

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HEALTHY EATING AND ACTIVE LIVING

- Support efforts to increase active living and healthy eating through policy
- Supplemental Nutrition Assistance Program: Healthy food incentives program
- Every Student Succeeds Act: Increasing quality and quantity of Physical Education in schools through ESSA

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SYSTEMS OF CARE TELEPHONE CPR (T-CPR)

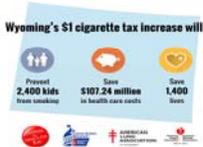
- ▶ Dispatchers are seen as lifelines
- ▶ T-CPR would add high-quality CPR training to state required 911 dispatch training (an additional 4 hours)
- ▶ T-CPR has been shown to dramatically increase bystander CPR rates and is associated with improved patient survival




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TOBACCO FREE

- ▶ A minimum \$1 tax increase on tobacco products
 - Last tobacco tax increase was in 2004
 - Revenue Committee sponsored bill in 2018
- ▶ State-wide/Local Smoke-Free
 - Cheyenne, Casper, Laramie, Evanston, Cowley
 - Afton, Green River, Rock Springs
- ▶ Tobacco 21
 - Increase legal age to purchase tobacco
- ▶ Tobacco Cessation Funding
 - Protecting and securing funding




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ADVOCATING FOR HEART

- ▶ You're the Cure advocates gathered at the State Capitol Building to meet their lawmakers and advocate for AHA policies
- ▶ Gov. Mead signed a proclamation declaring February 'Heart Month' in Wyoming




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ADVOCATE TODAY!

- Text 'HEART' to 46839 to receive campaign updates via text
- Sign a petition card




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Tools and Resources

ONLINE TOOLS

- AHA Wyoming Facebook Page
- Sign up For You're the Cure
- My Life Check
- Heart Attack Risk Calculator
- AHA's Smoking Cessation Tools and Resources
- AHA Workplace Health Solutions



RESOURCES

- EmPowered to Serve
- Get With The Guidelines
- Check, Change, Control
- Target: BP




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DISCUSSION

- ▶ Is there a program you were unaware of that you would like to explore further for implementation or application in the state?
- ▶ On which topics would you like additional information?
- ▶ Other questions or areas to discuss?



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CONTACT INFORMATION

- ▶ **Kristen Waters**, *Government Relations & Community Integration Director*
♥ Jackson, WY / Cheyenne WY
♥ Kristen.Waters@heart.org
- ▶ **Debbie Hornor**, *Senior Vice President, Health Strategies, SouthWest Affiliate*
♥ Denver, CO
♥ Debbie.Hornor@heart.org

Facebook.com/ahawyoming/
@heart_south



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Q & A

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LUNCH

Resume at 12:25

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AFTERNOON BREAKOUTS / FACILITATED DISCUSSIONS

John Bartkus, PMP, CPF
Principal Program Manager, Pensivia

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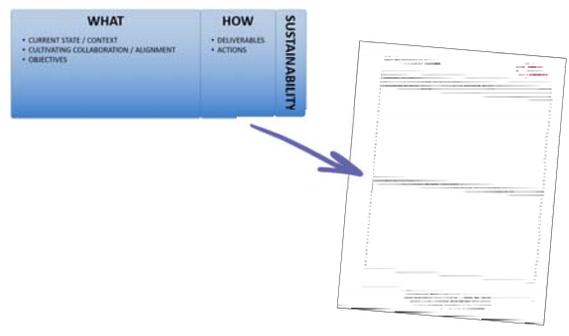
Suggested Workgroup Approach

<p>WHAT</p> <ul style="list-style-type: none"> • CURRENT STATE / CONTEXT • CULTIVATING COLLABORATION / ALIGNMENT • OBJECTIVES 	<p>HOW</p> <ul style="list-style-type: none"> • DELIVERABLES • ACTIONS 	<p>SUSTAINABILITY</p>
---	---	------------------------------

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Use this Conversation as a Vehicle to Identify & Cultivate Alignment.

<p>WHAT</p> <ul style="list-style-type: none"> • CURRENT STATE / CONTEXT • CULTIVATING COLLABORATION / ALIGNMENT • OBJECTIVES 	<p>HOW</p> <ul style="list-style-type: none"> • DELIVERABLES • ACTIONS 	<p>SUSTAINABILITY</p>
---	---	------------------------------



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Capture Your Plan as a Group

WHAT

- CURRENT STATE / CHALLENGE
- CHALLENGES/CONSEQUENCES/ RISK/IMPACT
- GOALS/TARGETS

HOW

- STRATEGIES/ACTIVITIES
- RESOURCES

SUSTAINABILITY

GROUP 1: LINKING COMMUNITIES TO CLINICAL SERVICES WY Workgroup Plan

DESCRIPTIONS:
What are the specific Deliverables (single goals or activities) that need to be completed in order to achieve our shared objectives? In what order should the deliverables be completed?
(Describe in Your Own Words/Phrases/Sentences)
Sustainability Activity / Task:
What are the shared Activity/Tasks to be taken in order to create/achieve the Deliverables?

Deliverable	Activity / Task	Owner	Due Date

Advancing Million Hearts® - June 20, 2018
Million Heart Disease and Stroke Prevention
Partners Working Together in Winning

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1 LINKING COMMUNITIES TO CLINICAL SERVICES	2 HYPERTENSION CONTROL	3 TOBACCO CESSATION
<p>Amanda Hubbard Stevi Sy John Clymer Jill Ceitlin Julia Schneider</p>	<p>Hannah Herold Melody Bowar April Wallace Miriam Patanian</p>	<p>Kristen Waters Nickola Bratton Joe D'Eufemia Julie Harvill Robin Rinker</p>
<p>MPOMSH Meeting Place Of Movers & Shakers</p>	<p>CTBYSO Conversations To Blow Your Socks Off</p>	<p>RORASH Room Of Really Amazing Stuff Happening</p>

Group Report Outs start in main meeting room at 2:15pm

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REPORTS FROM WORKGROUPS AND PLANS FOR FOLLOW-UP

Start at 2:15 !

Group Discussion - Division Perinatal & Lactation, Association of Public Health Nurses - Association of Acute and Traumatic Health Centers for Disease Control and Prevention, Division of Health Promotion and Lactation Services, Association of Chronic Disease Outcomes at City and County Health Offices, National Forum for State and Local Prevention, The Ohio State University, Prevention Collaborative Network, Association Prevention Health, Dermatology, Y...

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1 LINKING COMMUNITIES TO CLINICAL SERVICES	2 HYPERTENSION CONTROL	3 TOBACCO CESSATION
<p>Amanda Hubbard Stevi Sy John Clymer Jill Ceitlin Julia Schneider</p>	<p>Hannah Herold Melody Bowar April Wallace Miriam Patanian</p>	<p>Kristen Waters Nickola Bratton Joe D'Eufemia Julie Harvill Robin Rinker</p>
<p>MPOMSH Meeting Place Of Movers & Shakers</p>	<p>CTBYSO Conversations To Blow Your Socks Off</p>	<p>RORASH Room Of Really Amazing Stuff Happening</p>

Group Report Outs start in main meeting room at 2:10pm

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EVALUATION AND FEEDBACK PROCESS

April Wallace

Program Initiatives Manager, Million Hearts® Collaboration

Group Discussion - Division Perinatal & Lactation, Association of Public Health Nurses - Association of Acute and Traumatic Health Centers for Disease Control and Prevention, Division of Health Promotion and Lactation Services, Association of Chronic Disease Outcomes at City and County Health Offices, National Forum for State and Local Prevention, The Ohio State University, Prevention Collaborative Network, Association Prevention Health, Dermatology, Y...

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WRAP UP

April Wallace

Program Initiatives Manager, Million Hearts® Collaboration

Group Discussion - Division Perinatal & Lactation, Association of Public Health Nurses - Association of Acute and Traumatic Health Centers for Disease Control and Prevention, Division of Health Promotion and Lactation Services, Association of Chronic Disease Outcomes at City and County Health Offices, National Forum for State and Local Prevention, The Ohio State University, Prevention Collaborative Network, Association Prevention Health, Dermatology, Y...

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#1

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Wednesday, June 27, 2018 1:35:51 PM
Last Modified: Wednesday, June 27, 2018 1:37:31 PM
Time Spent: 00:01:40
IP Address: 98.127.241.118

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

- Identify Million Hearts focused activities for 2018 **Very useful**
- Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches **Very useful**
- List partner programs and resources that align with Million Hearts® **Very useful**
- Identify programs efforts that align and ways to work together **Very useful**
- Create plan for follow-up to increase engagement **Very useful**
- Recognize key contacts within heart disease and stroke prevention **Very useful**

Q3 Please rate the following statements regarding your experience at the meeting.

- During the meeting, I identified opportunities to align my work with Million Hearts priorities. **Strongly Agree**
- During the meeting, I identified opportunities to align my work with other partner organizations. **Strongly Agree**
- During the meeting, I identified actionable next steps. **Strongly Agree**

Q4 Which breakout session did you attend? **Tobacco cessation**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Agree
I identified new partners to work with.	Agree
My breakout group make progress towards our topic area.	Agree

Q6 In your opinion, what was the most valuable part of this meeting?

Quality of Information/Networking Opportunity

Q7 In your opinion, what was the least valuable part of this meeting?

--

Q8 Do you have suggestions on how to improve meetings like this in the future?

Appreciate the opportunity to participate.

#2

COMPLETE

Collector:	Web Link 1 (Web Link)
Started:	Wednesday, June 27, 2018 1:58:36 PM
Last Modified:	Wednesday, June 27, 2018 2:03:28 PM
Time Spent:	00:04:52
IP Address:	184.166.168.156

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Very useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Very useful
List partner programs and resources that align with Million Hearts®	Very useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Very useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Strongly Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Strongly Agree
During the meeting, I identified actionable next steps.	Strongly Agree

Q4 Which breakout session did you attend? **Tobacco cessation**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Strongly Agree
I identified new partners to work with.	Strongly Agree
My breakout group make progress towards our topic area.	Strongly Agree

Q6 In your opinion, what was the most valuable part of this meeting?

The most valuable take-away I had was connecting with other stakeholders to make Million Hearts in Wyoming strong!

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future?

We had invited several organizations that were not able to attend including beneficiaries, faith-based organizations and tribal health. They would have brought valuable perspectives to the meeting.

#3

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Wednesday, June 27, 2018 2:02:14 PM
Last Modified: Wednesday, June 27, 2018 2:03:33 PM
Time Spent: 00:01:18
IP Address: 174.208.3.253

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

- Identify Million Hearts focused activities for 2018 **Very useful**
- Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches **Very useful**
- List partner programs and resources that align with Million Hearts® **Very useful**
- Identify programs efforts that align and ways to work together **Very useful**
- Create plan for follow-up to increase engagement **Very useful**
- Recognize key contacts within heart disease and stroke prevention **Very useful**

Q3 Please rate the following statements regarding your experience at the meeting.

- During the meeting, I identified opportunities to align my work with Million Hearts priorities. **Strongly Agree**
- During the meeting, I identified opportunities to align my work with other partner organizations. **Strongly Agree**
- During the meeting, I identified actionable next steps. **Strongly Agree**

Q4 Which breakout session did you attend? **Linking communities to clinical services**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Strongly Agree
I identified new partners to work with.	Strongly Agree
My breakout group make progress towards our topic area.	Strongly Agree

Q6 In your opinion, what was the most valuable part of this meeting?

Making connection

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future? **Respondent skipped this question**

#4

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, June 28, 2018 10:04:20 AM
Last Modified: Thursday, June 28, 2018 10:07:20 AM
Time Spent: 00:02:59
IP Address: 159.238.36.19

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Very useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Very useful
List partner programs and resources that align with Million Hearts®	Very useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Very useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Agree
During the meeting, I identified actionable next steps.	Strongly Agree

Q4 Which breakout session did you attend? **Tobacco cessation**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Strongly Agree
I identified new partners to work with.	Strongly Agree
My breakout group make progress towards our topic area.	Strongly Agree

Q6 In your opinion, what was the most valuable part of this meeting?

meeting AHA contacts and the breakout session

Q7 In your opinion, what was the least valuable part of this meeting?

na

Q8 Do you have suggestions on how to improve meetings like this in the future?

na

#5

INCOMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, June 28, 2018 10:34:05 AM
Last Modified: Thursday, June 28, 2018 10:34:10 AM
Time Spent: 00:00:05
IP Address: 159.238.36.19

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives: **Respondent skipped this question**

Q3 Please rate the following statements regarding your experience at the meeting. **Respondent skipped this question**

Q4 Which breakout session did you attend? **Respondent skipped this question**

Q5 Please rate the following statements regarding your experience in the breakout session. **Respondent skipped this question**

Q6 In your opinion, what was the most valuable part of this meeting? **Respondent skipped this question**

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future? **Respondent skipped this question**

#6

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Monday, July 02, 2018 11:14:16 AM
Last Modified: Monday, July 02, 2018 11:15:02 AM
Time Spent: 00:00:45
IP Address: 159.238.71.179

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Somewhat useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Somewhat useful
List partner programs and resources that align with Million Hearts®	Somewhat useful
Identify programs efforts that align and ways to work together	Somewhat useful
Create plan for follow-up to increase engagement	Somewhat useful
Recognize key contacts within heart disease and stroke prevention	Somewhat useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Agree
During the meeting, I identified actionable next steps.	Agree

Q4 Which breakout session did you attend? **Linking communities to clinical services**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Disagree
I identified new partners to work with.	Agree
My breakout group make progress towards our topic area.	Agree

Q6 In your opinion, what was the most valuable part of this meeting?

n/a

Q7 In your opinion, what was the least valuable part of this meeting?

n/a

Q8 Do you have suggestions on how to improve meetings like this in the future?

no

#7

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Friday, July 06, 2018 9:40:53 PM
Last Modified: Friday, July 06, 2018 9:46:52 PM
Time Spent: 00:05:58
IP Address: 158.71.150.199

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Very useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Somewhat useful
List partner programs and resources that align with Million Hearts®	Somewhat useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Somewhat useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities. **Agree**

During the meeting, I identified opportunities to align my work with other partner organizations. **Strongly Agree**

During the meeting, I identified actionable next steps. **Agree**

Q4 Which breakout session did you attend? **Tobacco cessation**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session. **Strongly Agree**

I identified new partners to work with. **Strongly Agree**

My breakout group make progress towards our topic area. **Agree**

Q6 In your opinion, what was the most valuable part of this meeting?

The understanding I gained about the challenges and opportunities for work towards Million Hearts goals and for collaboration. I identified new partners and seek to extend and strengthen the connections I made.

Q7 In your opinion, what was the least valuable part of this meeting?

The limited time and the absence of several key partners: Native Americans and emergency responders, pharmacists, educators and community health workers

Q8 Do you have suggestions on how to improve meetings like this in the future?

Take more time and concentrated effort in generating the invite list and in personally inviting key stakeholders

#8

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Monday, July 09, 2018 11:50:58 AM
Last Modified: Monday, July 09, 2018 11:54:40 AM
Time Spent: 00:03:41
IP Address: 205.167.90.193

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Very useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Very useful
List partner programs and resources that align with Million Hearts®	Very useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Very useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Strongly Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Strongly Agree
During the meeting, I identified actionable next steps.	Strongly Agree

Q4 Which breakout session did you attend? **Engagement of pharmacists**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Strongly Agree
I identified new partners to work with.	Strongly Agree
My breakout group make progress towards our topic area.	Strongly Agree

Q6 In your opinion, what was the most valuable part of this meeting?

I was very encouraged to see the support from the different government agencies

Q7 In your opinion, what was the least valuable part of this meeting?

I got something from every part of the meeting.

Q8 Do you have suggestions on how to improve meetings like this in the future?

Respondent skipped this question

#9

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, July 19, 2018 11:18:22 AM
Last Modified: Thursday, July 19, 2018 11:19:46 AM
Time Spent: 00:01:24
IP Address: 159.238.36.19

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Somewhat useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Not very useful
List partner programs and resources that align with Million Hearts®	Very useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Very useful
Recognize key contacts within heart disease and stroke prevention	Somewhat useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Agree
During the meeting, I identified actionable next steps.	Agree

Q4 Which breakout session did you attend? **Tobacco cessation**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Strongly Agree
I identified new partners to work with.	Strongly Agree
My breakout group make progress towards our topic area.	Strongly Agree

Q6 In your opinion, what was the most valuable part of this meeting? **Respondent skipped this question**

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future? **Respondent skipped this question**

#10

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, July 19, 2018 11:14:22 AM
Last Modified: Thursday, July 19, 2018 11:20:04 AM
Time Spent: 00:05:42
IP Address: 69.145.193.197

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Somewhat useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Somewhat useful
List partner programs and resources that align with Million Hearts®	Somewhat useful
Identify programs efforts that align and ways to work together	Somewhat useful
Create plan for follow-up to increase engagement	Somewhat useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Agree
During the meeting, I identified actionable next steps.	Agree

Q4 Which breakout session did you attend? **Hypertension control**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Strongly Agree
I identified new partners to work with.	Agree
My breakout group make progress towards our topic area.	Agree

Q6 In your opinion, what was the most valuable part of this meeting? **Respondent skipped this question**

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future? **Respondent skipped this question**

#11

INCOMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, July 19, 2018 12:28:19 PM
Last Modified: Thursday, July 19, 2018 12:28:23 PM
Time Spent: 00:00:03
IP Address: 159.238.36.19

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives: **Respondent skipped this question**

Q3 Please rate the following statements regarding your experience at the meeting. **Respondent skipped this question**

Q4 Which breakout session did you attend? **Respondent skipped this question**

Q5 Please rate the following statements regarding your experience in the breakout session. **Respondent skipped this question**

Q6 In your opinion, what was the most valuable part of this meeting? **Respondent skipped this question**

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future? **Respondent skipped this question**

#12

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Thursday, July 19, 2018 4:06:54 PM
Last Modified: Thursday, July 19, 2018 4:15:23 PM
Time Spent: 00:08:29
IP Address: 205.167.90.193

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Very useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Very useful
List partner programs and resources that align with Million Hearts®	Very useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Somewhat useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Strongly Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Agree
During the meeting, I identified actionable next steps.	Strongly Agree

Q4 Which breakout session did you attend? **Hypertension control**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Agree
I identified new partners to work with.	Agree
My breakout group make progress towards our topic area.	Strongly Agree

Q6 In your opinion, what was the most valuable part of this meeting?

Meeting people that are driven to improve the lives of Wyoming residents

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future?

Respondent skipped this question

#13

COMPLETE

Collector: Web Link 1 (Web Link)
Started: Friday, July 20, 2018 4:32:28 PM
Last Modified: Friday, July 20, 2018 4:39:17 PM
Time Spent: 00:06:48
IP Address: 161.69.112.10

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Very useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Very useful
List partner programs and resources that align with Million Hearts®	Very useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Very useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Strongly Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Agree
During the meeting, I identified actionable next steps.	Agree

Q4 Which breakout session did you attend? **Tobacco cessation**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Agree
I identified new partners to work with.	Strongly Agree
My breakout group make progress towards our topic area.	Agree

Q6 In your opinion, what was the most valuable part of this meeting?

Meeting new stakeholders in Wyoming

Q7 In your opinion, what was the least valuable part of this meeting?

clinical discussion as that is not work I am engaged in personally.

Q8 Do you have suggestions on how to improve meetings like this in the future?

More time to network with those in attendance

#14

COMPLETE

Collector:	Web Link 1 (Web Link)
Started:	Saturday, July 21, 2018 12:31:54 AM
Last Modified:	Saturday, July 21, 2018 12:33:28 AM
Time Spent:	00:01:33
IP Address:	35.134.247.36

Page 1: Meeting Attendance

Q1 Did you attend the Advancing Million Hearts®: AHA and Heart Disease and Stroke Prevention Partners Working Together in Wyoming held on June 20, 2018? **Yes**

Page 2: Learning Objectives

Q2 How useful do you think the information provided in this meeting was related to the following objectives:

Identify Million Hearts focused activities for 2018	Very useful
Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches	Very useful
List partner programs and resources that align with Million Hearts®	Very useful
Identify programs efforts that align and ways to work together	Very useful
Create plan for follow-up to increase engagement	Very useful
Recognize key contacts within heart disease and stroke prevention	Very useful

Q3 Please rate the following statements regarding your experience at the meeting.

During the meeting, I identified opportunities to align my work with Million Hearts priorities.	Strongly Agree
During the meeting, I identified opportunities to align my work with other partner organizations.	Strongly Agree
During the meeting, I identified actionable next steps.	Strongly Agree

Q4 Which breakout session did you attend? **Tobacco cessation**

Q5 Please rate the following statements regarding your experience in the breakout session.

I found value in the breakout session.	Strongly Agree
I identified new partners to work with.	Strongly Agree
My breakout group make progress towards our topic area.	Agree

Q6 In your opinion, what was the most valuable part of this meeting?

Resources

Q7 In your opinion, what was the least valuable part of this meeting? **Respondent skipped this question**

Q8 Do you have suggestions on how to improve meetings like this in the future? **Respondent skipped this question**
