

Madeleine De Caires

A woman enters a bakery with a total bag. The narration reads "...My Diabetes..."

The woman looks inside a glass case of desserts.

We see an image of a piece of cake with a cherry on top. The narration reads "is so much more than just 'sugar in my blood'. It is..."

Narration reads "ALL THE NUMBERS" in large text, followed by "that I have to keep up with", and the patient is depicted in a doctor's office looking overwhelmed.

Narration reads "the constant balance between medication and food", and the woman is depicted as a tight rope walker, with food on one side, and medication on the other.

Narration reads "my dry and flaky skin" as the woman rubs lotion on her face in the bathroom.

Narration reads "the extra weight I must take", as the woman stands on a scale, and runs on a treadmill.

Narration reads "I need a whole team of doctors", and the image depicts the woman sitting in a doctor's office, with four doctors in front of her.

Narration reads "All the little things I have to do to maintain a healthy lifestyle", and the image depicts the woman sitting inside the bakery/cafe from earlier, enjoying a book while drinking tea.