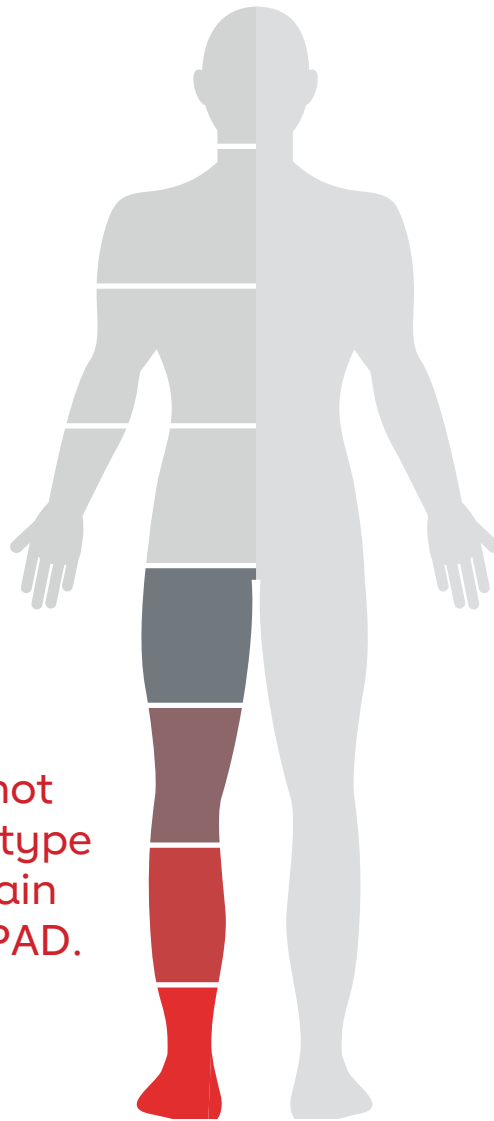


# Type 2 Diabetes and PAD



**Peripheral artery disease (PAD)** is a narrowing of the arteries leading to the limbs and organs, usually in the legs.

Most leg pain is not serious. But with type 2 diabetes, leg pain could be due to PAD.



**See a health care professional for the following:**



Leg pain that doesn't go away after exercising.



Foot or toe wounds that won't heal or heal slowly.



Poor nail growth on the toes or hair loss on the legs.



Lower temperature in the lower leg or foot compared to the rest of the body.

**FOR THOSE LIVING WITH DIABETES, THERE ARE MANY WAYS TO LOWER THE RISK OF HEART DISEASE AND STROKE.**

Talk to your doctor about your next steps. You're not in this alone. For more information please visit [www.heart.org/diabetes](http://www.heart.org/diabetes).