

# Heart health: The link between Type 2 Diabetes and Chronic Kidney Disease



Kidney disease is a common complication of type 2 diabetes. People living with type 2 diabetes and kidney disease are at 3x higher risk of dying from a cardiovascular event like heart attack or stroke. Taking action can help lower the risk.

**FOR THOSE LIVING WITH DIABETES, THERE ARE MANY WAYS TO LOWER THE RISK OF HEART DISEASE AND STROKE.**

Talk to a health care professional about next steps. You're not in this alone. For more information, please visit [www.heart.org/diabetes](http://www.heart.org/diabetes).