Atrial fibrillation (AFib) affects millions of Americans — not just patients, but the loved ones who care for them as well. Patients may feel alone, scared or depressed. Caregivers may be tired, confused or overwhelmed.

That’s why MyAFibExperience exists: so real people can share their real stories and make a real difference in people’s lives.

Signing up at MyAFibExperience.org is easy, and membership is free — putting advice, encouragement and reliable, helpful information at your fingertips whenever you need it.

**Sign up for HEALING**
Find emotional support by sharing your experiences, monitoring your progress and celebrating your achievements with others who are facing a similar journey.

**Sign up for HELP**
Get practical advice from other patients, family members, friends and caregivers who have asked the same questions you now face.

**Sign up for HOPE**
Read stories of encouragement and share the strength of real people — just like you — who live with AFib.

Make a connection. For life. MyAFibExperience.org
The American Heart Association and StopAfib.org are collaborating to support atrial fibrillation patients.