



# Qualified Charitable Distributions

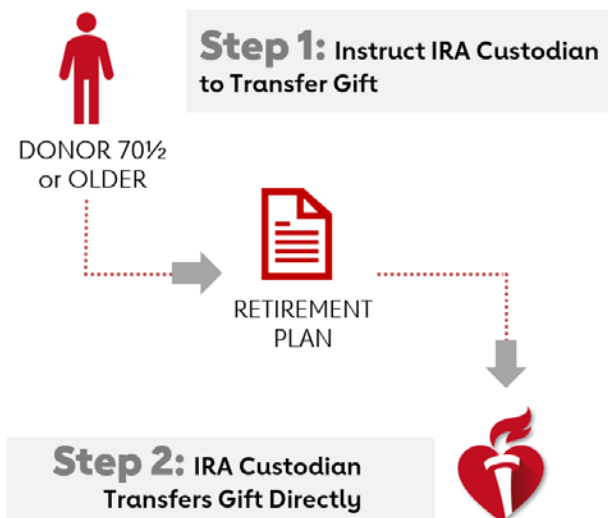


from an Individual Retirement Account (IRA)  
to the American Heart Association

Using an Individual Retirement Account (IRA) to show support of your favorite charities is often the most tax-efficient method of making a current donation. This is partially due to IRA distributions being taxed as ordinary income when received by the account owner. Under current law, individuals age 70½ and older can “roll over” up to \$100,000 per year to charity. You do not recognize the transfer as taxable income on your tax return, but the qualified distribution does count toward your required minimum distribution for the year. Even though the maximum that a donor can gift to charity each year is \$100,000 there is no minimum.

## Why Use a Qualified Charitable Distribution?

- Unique opportunity for donors age 70½ and older to give up to \$100,000.
- Tax Savings: It is not taxable income to the donor – so it’s effectively a charitable deduction.
- Direct your gift to a specific fund or purpose within AHA or other charity.
- The distribution counts toward your required minimum distribution (RMD).



### How It Works

1. Notify your IRA custodian to make a direct transfer of the distribution amount from the IRA to AHA or other charity.
2. You take the portion of your required minimum distribution (RMD) that you need as income and transfer the remainder to a qualified charity, thereby only paying income tax on the needed income\*.
3. Obtain a written acknowledgment from the qualified charity (different from a tax deduction receipt) to benefit from the tax-free treatment.

*\*If you make contributions to your IRA after age 70 ½, some charitable distributions from your IRA may be treated as income. Please discuss this with your financial advisor before contributing.*



# Instructions for a Qualified Charitable Distribution (QCD)



from an Individual Retirement Account (IRA)  
to the American Heart Association

A Qualified Charitable Distribution (QCD) (also known as an IRA Charitable Rollover) is a simple way to make a gift.

## Important Reminders of IRS Rules

- You must be age 70½ or older and own a traditional or Roth IRA to be eligible
- You must notify your IRA custodian to make a direct transfer of the distribution amount from the IRA to our organization
- The distribution counts toward your required minimum distribution (RMD) and you pay no tax on the distribution
- Up to \$100,000 of the amount transferred qualifies for this beneficial tax treatment
- You must obtain a written acknowledgement from the American Heart Association (different from a tax deduction receipt) in order to benefit from the tax-free treatment

## Transferring Your Gift

When transferring your gift, please notify your American Heart Association staff contact in advance so we can identify your gift and send you the proper acknowledgement that is required to count your gift towards your required minimum distribution (RMD).

### Checks

Please mail checks for Qualified Charitable Distributions to:

American Heart Association  
PO Box 840692  
Dallas, Texas 75284

### Cash Transfer

Instructions for a cash transfer via wire or ACH must be communicated by American Heart Association staff directly to donors or their professional advisors.

### Stock or Mutual Fund Transfer from Your IRA as a Qualified Charitable Distribution

Visit the AHA website at [heart.org/stockgifts](http://heart.org/stockgifts) and select Stock or Mutual Funds, depending on which is being gifted to receive full transfer instructions to make your gift.

## Easy Online Forms

At [FreeWill.com/QCD/Heart](http://FreeWill.com/QCD/Heart) making your QCD gift is easy and more convenient by beginning your forms online. You may also choose to print out blank forms to complete by hand or transact the gift over the phone with your financial custodian.

## For More Information

If you have questions about how to make a Qualified Charitable Distribution, prefer not to go online, or unsure which strategy may be right for you, please contact us at 888-227-5242, [plannedgiving@heart.org](mailto:plannedgiving@heart.org), or visit [Heart.org/plannedgiving](http://Heart.org/plannedgiving). We are pleased to assist you and answer your questions.