





Montana Stroke Survivor Connections Montana Stroke Survivor Connections Montana Stroke Survivor Connections

#### 1-800-241-6442

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Recieve support from the comfort of your home.

Recieve support from the comfort of your home.

Flexible 

Accessible 

Peer-driven

Effective

# Recieve support from the comfort of your home.

Effective

Individualized • Effective • Holistic Flexible • Accessible • Peer-driven

Montana Stroke Survivor Connections is a free, peer-oriented program that is facilitated by long-term stroke survivors with the goal of supporting recent survivors of stroke. 3535 West Broadway, Suite 6 Missoula, MT 59808 Office (406) 541-6442 Toll-free (800) 241-6442 Fax: 406-541-4360

www.biamt.org

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Holistic

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Montana Stroke

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• Holistic

**Peer-driven** 

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# What is Montana Stroke **Survivor Connections?**

Montana Stroke Survivor Connections (MSSC) is a FREE statewide telephone service that provides compassionate and well-informed peer support to stroke survivors as they navigate life after their stroke. This program is facilitated by stroke survivors with the support of the Brain Injury Alliance of Montana.

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#### How do you sign up for this service?

Share this information with your healthcare provider and ask to be enrolled in MSSC. Alternatively, call the Brain Injury Alliance of Montana at 406-541-6442 or send us an email at info@biamt.org.

For more information and to complete a MSSC enrollment form, visit our website www.biamt.org.

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#### Have questions? We have Have questions? We have Have questions? We have answers. answers. answers.

- I recently returned home from the hospital. What resources are available to me?
- Will I enjoy life as much again with the things that stroke has left me with?
- Is it true that there is a cut off point for functional recovery?
- How can I best support my loved one who is • recovering from a stroke?
- How can I best manage my symptoms and adjust to my life post-stroke?
- I want to talk to other people who have experienced what I am going through. Where can I get peer support?

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