

St Joe's-Blood Pressure Screening and Referral Program (November 2021):

High blood pressure is one of the most important risk factors for heart disease with over 31% or 51,512 Trumbull County residents diagnosed with high blood pressure and an estimated 25% more unaware they have high blood pressure. It is important to know your numbers. St. Joe's at the Mall has collaborated with The American Heart Association (AHA) to improve blood pressure control rates through the creation of automated BP screenings and blood pressure devices to check out and return (launched November 2021). Through this collaboration the AHA and St. Joe's at the Mall have worked together to establish a new process which includes resources on blood pressure control for community members, access to new automated blood pressure equipment, and referral to a Mercy Health provider if needed to help manage and improve blood pressure over time.

This process helps monitor blood pressure readings, manage high blood pressure if needed and enhances engagement of community members through their health journey. This initiative is estimated to impact roughly 210 people annually. This initiative helps to transform the health in our community through access to vital equipment and resources. And a more accurate picture of blood pressure with enhanced health outcomes.