

Ohio-Self-Measured Blood Pressure Loaner Program

High blood pressure is one of the most important risk factors for heart disease with over 29% or 103,559 Mahoning and Trumbull County residents diagnosed with high blood pressure and an estimated 25% more unaware they have high blood pressure. It is important to know your numbers. ONE Health Ohio (Youngstown, Lloyd McCoy, and Warren) has collaborated with The American Heart Association (AHA) to improve blood pressure control rates through the creation of a Self-Measured Blood Pressure (SMBP) Loaner Program.

Through this collaboration the AHA and ONE Health Ohio have worked together to establish a new process which includes resources on blood pressure control and self-measured blood pressure for patients and providers, access to new automated blood pressure equipment, and follow up with provider (including periodic follow up to report blood pressure readings taken at home to provider) to help manage and improve blood pressure over time.

This process helps monitor blood pressure readings, manage high blood pressure if needed and follows the patient through their health journey. The SMBP Loaner Program helps to transform the health in our community through access to vital equipment, allowing for a more accurate picture of blood pressure over time. And helps create a deepened partnership between provider and patient to achieve better health outcomes around blood pressure control and management. This initiative was launched in February 2022 and impact will be felt across three ONE Health Ohio locations (ONE Health Ohio @ Youngstown Wick Ave, ONE Health Ohio @ Lloyd McCoy, and ONE Health Ohio @ Warren West) which consists of over 8,000 patients.