SAMPLE



| National Institutes of Health Stroke | Scale (NIHSS) | | | | Score | | |
|--|---|---|---|-------------|-----------------|--------------------|-----------------|
| Instructions | Scale Definition | on | Date/Time | | Baseline | 24 Hrs Post TPA | Discharge |
| Date/Time | | | | | | | |
| 1a. LOC | 2 = Not Alert; | but arousable by mino requires repeat stimul | r stimulation to obey, answer, re- ation, obtunded, requires strong ts response, totally unresponsive | stimuli | | | |
| 1b. LOC Questions . Ask the patient the month & age | 1 = Answers of | oth questions correctly ne question correctly neither questions corre | | | | | |
| 1c. LOC Commands . Ask to open & close eyes, then grip & release with non-paretic hand. | 1 = Performs | both tasks correctly one task correctly neither task correctly | | | | | |
| 2. Best Gaze . Asked to follow with eyes thru horizontal plane (or oculocephalic maneuver). | or total gaze pa | resis is not present. | ormal in 1 or both eyes, but force | | | | |
| 3. Visual fields (quadrants) tested with finger counting or visual threat.(done by confrontation) | 0 = No visual 1 1 = Partial het 2 = Complete 3 = Bilateral h | nianopia | cortical blindness). | | | | |
| 4. Facial Palsy . Asked to show teeth & raise eyebrows | 1 = Minor par 2 = Partial pa | ralysis (total or near to | labial fold, asymmetry on smiling otal paralysis of lower face) oth sides (no upper/lower face my | | | | |
| 5. Motor Arm. Asked to extend arms (palm down) 90° (if sitting) or 45° (if supine) & hold for 10 | | | for full 10 seconds drifts down before full 10 second | ds but does | Left: | Left: | Left: |
| seconds. Begin with non-paretic limb. | 2 = Some effor 45°) drifts dow 3 = No effort a 4 = No moven | rt against gravity, lin n to bed, but has some against gravity, limb | | ued 90°or | Right: | Right: | Right: |
| 6. Motor Leg. While supine, asked to hold leg at 30° for 5 seconds. | 1 = Drift , leg 1 2 = Some effort 3 = No effort 4 = No moven | | ed ls to bed w/in 5 sec alls to bed immediately | | Left: Right: | Left: Right: | Left: Right: |
| 7.Limb Ataxia . Finger – nose & heel – shin test on both sides | 0 = Absent 1 = Present in 2 = Present in *UN = Amputa | | lain | | | | |
| 8. Sensory. Sensation or grimace to pin prick or withdrawal from noxious stimuli to limbs in obtunded or aphasic patient. | 0 = Norma l, n 1 = Mild/mod 2 = Severe/tot | erate sensory loss; ma | y be dulled/"Not as sharp" are of face/arm/leg being touche | d. | | | |
| 9.Best Language . Describe what is happening in picture, name items of figures, read list of sentences on attached figures. | 0 = No aphasia , normal 1 = Mild / moderate aphasia ; some loss of fluency / comprehension, without limitation of expression of ideas. (can identify what is happening in picture) 2 = Severe aphasia ; (cannot identify pictures) 3 = Mute ; global aphasia; no usable speech; or auditory comprehension | | | | | | |
| 10.Dysarthria. Read or repeat words from list. | 0 = Norma l articulation 1 = Mild / Moderate ; slurs some words; understood w/some difficulty. 2 = Severe , so slurred as to be unintelligible; mute/anarthric *UN = Intubated or other physical barrier. Explain | | | | | | |
| 11.Extinction & Inattention. Look at visual (from #3) and double simultaneous tactile. Do both arms & legs. | bilateral stimu 2 = Profound | tality ctile, auditory, spatial ation in one sensory n hemi-inattention or in nize own hand; orients | | | | | |
| | _ | , | • | | | | |
| *UN = untestable Initials | | | TOTAL SCORE | | | | |