



## SMART COACH

Reveal your potential. Reclaim your life.

### Achieve Extraordinary Results

A specialized rehabilitation program is essential to achieving the best possible long-term recovery. Combining industry-leading expertise and cutting edge technology, QLI Telerehabilitation takes a practical approach to real-world therapy.



#### How We Can Help:

- Training and consultation for clients and caregivers
- Provide access to expertise and specialty care specific to stroke
- Facilitate continuity of care between medical providers
- Reduce travel time and maximize convenience
- Boost client and caregiver motivation and investment

To learn more: Visit [QLItelerehab.com](http://QLItelerehab.com) or call (402) 573-3734

## The Smart Coach Program

With a focus on educating the patient and their caregiver(s), our clinicians leverage the key aspects of learning and neurorehabilitation to promote care and recovery for those living in rural areas.

Participants receive:

- Discipline specific assessments and a written plan of care
- Six hours of coaching from licensed physical, occupational, and/or speech professionals (frequency varies based on therapy goals)
- Group-based, virtual stroke education
- Post-program recommendations



## Application Criteria

Extending rehabilitation beyond the clinic, HIPAA-compliant video technology enables the delivery of a personalized therapy program involving both the survivor and caregiver. The program allows for constant communication and interdisciplinary cooperation.

To apply for the program, applicants must:

- Have sustained a stroke
- Live at home and greater than 30 miles from a specialized rehab provider
- Have access to a designated caregiver available to attend all virtual therapy sessions and capable of learning and assisting with a training program
- Have access to a cellular enabled smart phone or tablet

## Connect With Our Team

Functional therapy is accessible and convenient. Sessions can occur in the home, the community, or even at work. It's easy to start, join, and engage.

Selection process:

- Fill out an online application at [QLItelerehab.com/SmartCoach](http://QLItelerehab.com/SmartCoach)
- Eligible applicants complete an initial screening with a member of our therapy team
- Final selection is based upon the application, screening results, and rehabilitation potential

