



American Heart Association.

EmPOWERED to Serve™



Enroll your church in the EmPOWERED for Health Church Challenge 2022

The American Heart Association and GoodRx have joined forces to support you and your faith family on your ongoing health journey.

Help your church expand its culture of health and wellness initiatives.

We're calling on faith-based organizations with health and wellness ministries to apply for the challenge **now!**

PROGRAM DETAILS

- 4-month program.
- Science based health education.
- Weekly one-hour health & wellness lessons.
- Wellness session that will empower members to help improve their health and harmony with their faith.

PROGRAM BENEFITS

- Participating faith organizations will receive **\$1,000 stipends** to support their health ministries with additional opportunities for support and special giveaways.
- Inspire and motivate member to improve their health and help to prevent heart disease and stroke.

Make your commitment to JOIN the challenge TODAY!

Email Nina Elliott, Health Strategies Coordinator at Nina.Elliott@heart.org to JOIN

Proud partner of



This initiative is locally supported by

