



THE UNIVERSITY OF KANSAS HEALTH SYSTEM  
ST. FRANCIS CAMPUS

# Stroke Patient Resources

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# Social Determinants of Health

- Several social determinants of health have been associated with an increased risk for stroke including a low education level, low income, living in an impoverished area, few available healthcare services, rural areas, social isolation, and lacking health insurance.
- These social determinants feed into well documented risk factors of stroke including hypertension, diabetes, hyperlipidemia, cigarette smoking, lack of physical exercise, and heart disease.

# Social Determinants of Health

- As such, assessing for and assisting patients in addressing gaps in basic needs at home is of utmost importance in secondary stroke prevention.
- Strokes are 50% more likely in those with 3 or more SDOH risk factors in adults over 75 compared with those without any SDOH, controlling for other risk factors.
- In adults over 65, social isolation alone is associated with 4-fold greater risk of TIA or stroke.

# What can I do?



# Assess and Reassess

## History

GENERAL

Medical

Surgical

Family

SOCIAL DETERMINANTS

Substance Use

E-cigarette/Vaping

Medical Marijuana

Sexual Activity

Socioeconomic

Social Documentation


Social Determinants


SPECIALTY


Birth


Review Social Determinants


♥ Social Determinants of Health


 Tobacco Use  
Oct 13 2021: High Risk


 Financial Resource Strain  
Not on file


 Transportation Needs  
Not on file


 Stress  
Not on file


 Intimate Partner Violence  
Not on file


 Housing Stability  
Not on file


 Alcohol Use  
Not on file

 Food Insecurity  
Not on file

 Physical Activity  
Not on file

 Social Connections  
Not on file

 Depression  
Not on file

 Postpartum Depression  
Not on file

✓ Close

5

# Internal Resources

- Social Work
- Case Management
- Pastoral Care
- Psychiatry
- Internal Medicine

# External Resources

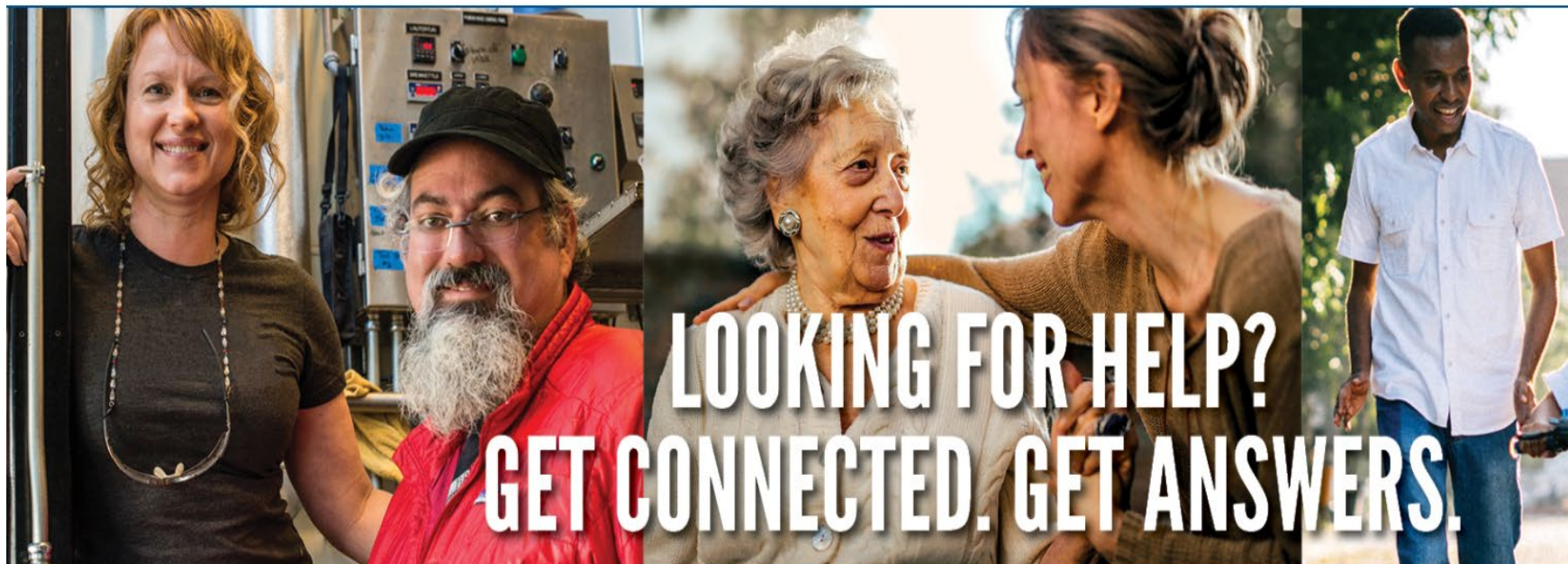
- American Heart Association
  - <https://www.empoweredtoserve.org/en/community-resources/health-lessons-overview>
- Minds Matter
  - <https://mindsmatterllc.com/>
- United Way
  - <https://www.211.org/>
  - <https://211kansas.myresourcedirectory.com/>
  - <https://www.211helps.org/>

← → ↺ 🏠 <https://211kansas.myresourcedirectory.com>

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Home Search ▾ My Account  A1A



HELP STARTS HERE

CHOOSE A ZIP

OR

CHOOSE A CITY

OR

CHOOSE A COUNTY





Housing & Shelter



Financial Assistance



Food



Transportation



Family Support



Health & Dental Care



Mental Health & Addiction



Clothing, Hygiene, and Household Goods



Seniors & Disability



Employment & Education



Legal & Money Management



Taxes



## Transportation

Viewing 1-10 of 115 results (listed by best match)

 Go back and start a new search

 Add a location and other options

Add a ZIP code to list by location

List by best match



List alphabetically



### Air Force Aid Society - McConnell AFB

ASSISTS MILITARY MEMBERS/RETIRED MILITARY AND THEIR FAMILIES ONLY.

**Services:** Transportation Expense Assistance, Undesignated Temporary Financial Assistance

53147 Kansas, Ste. 105  
22 MSSDPF - McConnell AFB  
Wichita, KS 67221  
(316) 759-6020



### Allen County Services to the Elderly Van

To provide safe, accessible and affordable point-to-point and door-to-door transportation to transit dependent citizens throughout Allen County.

**Services:** Senior Ride Programs

1 North Washington  
Iola, KS 66749  
(620) 363-2023



### Alma Outreach

To provide services to clients in need.

**Services:** Commodity Supplemental Food Program, Food Pantries, General Counseling

206 W 1st  
Alma, KS 66401  
(785) 321-9600



## Custom Search

Viewing 1-6 of 6 results (listed by best match)

 Go back and start a new search

 Add a location and other options

List by location



List by best match



List alphabetically



### Alma Outreach

To provide services to clients in need.

**Services:** Commodity Supplemental Food Program, Food Pantries, General Counseling Services, Health Insurance Information/Counseling, Household Goods, Legal Counseling, Personal Financial Counseling, Rent Payment Assistance, Transportation Expense Assistance, Travelers Assistance, Utility Assistance

206 W 1st  
Alma, KS 66401  
(785) 321-9600

### ATA BUS

To provide general public transportation services to the Flint Hills region.

**Services:** General Paratransit/Community Ride Programs, Local Bus Services, Transportation Organizations

5815 Marlatt Ave  
Manhattan, KS 66503  
(785) 537-6345

[Return to search results](#)

[Start a new search](#)

[My account](#)

## ATA BUS

5815 Marlatt Ave  
Manhattan, KS 66503  
(785) 537-6345

[www.flinthillsatabus.com](http://www.flinthillsatabus.com)

### About this Provider

#### Description:

To provide general public transportation services to the Flint Hills region.

#### Hours:

7 am - 5 pm Mon - Sat. Please call 24 hrs in advance to schedule a ride.

#### Handicap Accessible?

Yes

#### Is Shelter?

No

#### Date of Official Change:

January 7, 2021

#### Address Listings

Physical (Primary) 5815 Marlatt Ave  
Manhattan, KS 66503

#### Special Notes/Funding

Federal, state and local funding, and donations.

#### Description

To provide general public transportation services to the Flint Hills region.

#### Hours

7 am - 5 pm Mon - Sat. Please call 24 hrs in advance to schedule a ride.

#### Eligibility

None.

#### Fees

\$2.00 one way to/from any point in Manhattan. All rides outside of the Manhattan city limits are \$4.00 each way. If a person cannot pay for a ride we may be able to direct him/her to various social service agencies that are in a position to purchase ticket books for persons in need.


#### Intake Procedure

Please call 24 hours in advance to schedule a ride. Cutoff for scheduling next-day rides in 5:00 pm.

#### Service Area

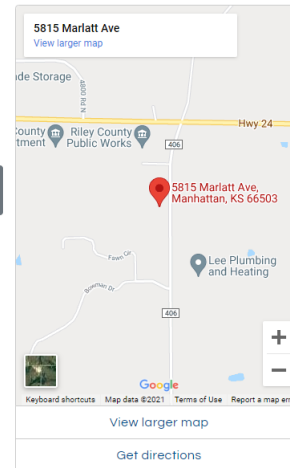
Geary, part of Pottawatomie, and Riley counties.

#### Geography Served

 If a location is grayed out it means that only certain areas within it are covered. The areas with complete coverage are listed in black.

#### Kansas

Geary County  
Pottawatomie County  
Riley County





Housing & Shelter



Financial Assistance



Food



Transportation



Family Support



Health & Dental Care



Mental Health & Addiction



Clothing, Hygiene, and Household Goods



Seniors & Disability



Employment & Education



Legal & Money Management



Taxes



## Custom Search

Viewing 1-10 of 28 results (listed by location, Near to Far)

← Go back and start a new search

⚙ Add a location and other options

List by location



List by best match



List alphabetically



### Social Services

To provide services to clients in need.

**Services:** Commodity Supplemental Food Program, Food Pantries, Household Goods, Legal Counseling, Meals, Personal Financial Counseling, Rent Payment Assistance, Transportation Expense Assistance, Undesignated Temporary Financial Assistance, Utility Assistance

407 Ash St  
Wamego, KS 66547  
(785) 456-7872



### St. Mary's Food Pantry

To help those in need with non-perishable food items.

**Services:** Food Pantries, Personal/Grooming Needs

909 E Jesuit Ln  
St. Marys, KS 66536  
(785) 584-6466



### Manhattan Community Garden

To provide supplement to food budget by growing one's own food.

**Services:** Food Production

1221 Thurston St  
Manhattan, KS 66502  
(785) 539-8763



### Social Services

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**Services:** Commodity Supplemental Food Program, Food Pantries, Household Goods, Legal Counseling, Meals, Personal Financial Counseling, Rent Payment Assistance, Transportation Expense Assistance, Undesignated Temporary Financial Assistance, Utility Assistance

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Wamego, KS 66547  
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909 E Jesuit Ln  
St. Marys, KS 66536  
(785) 584-6466



### Manhattan Community Garden

To provide supplement to food budget by growing one's own food.

**Services:** Food Production

1221 Thurston St  
Manhattan, KS 66502  
(785) 539-8763



### Food Pantry (Seven Dolors)

Satellite pantry for Flint Hills Breadbasket, feeding the hungry of Riley County.

**Services:** Food Pantries, Personal/Grooming Needs

731 Pierre St  
Manhattan, KS 66502  
(785) 565-5000



### Temporary Emergency Food Assistance Program (TEFAP)

To minimize hunger and poverty through the distribution of available food and to nurture the programs that will help alleviate hunger and poverty.

**Services:** Commodity Supplemental Food Program

905 Yuma Street  
Manhattan, KS 66502  
(785) 537-0730

Viewing 1-10 of 28 results (listed by location, Near to Far)

« prev

1

2

3

next »

Select all on this page.

Undo all selections.

 Print:



Basic Information



Full Details

Print



## **Social Services**

407 Ash St  
Wamego, KS 66547

(785) 456-7872

<http://www.wamegochm.org>

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## **St. Mary's Food Pantry**

909 E Jesuit Ln  
St. Marys, KS 66536

(785) 584-6466

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## **Food Pantry (Seven Dolors)**

731 Pierre St  
Manhattan, KS 66502

(785) 565-5000

<http://www.sevendolors.com>

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## **Commodity Supplemental Food Program (CSFP)**

905 Yuma Street  
Manhattan, KS 66502

(785) 537-0730

<http://www.breadbasket.manhattankans.org>

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## Social Services

407 Ash St  
Wamego, KS 66547

(785) 456-7872

<http://www.wamegochm.org>

### Description:

To provide services to clients in need. Services include: commodities distribution, food pantry, family support during times of illness or other crisis, household items, gasoline, food vouchers, senior boxes, Harvesters Rural Mobile Food Pantry, budgeting, legal services, rent and utilities assistance.

### Hours:

10 am - 4:30 pm, Mon - Fri.

### Handicap Accessible?

Yes

### Is Shelter?

No

### Date of Official Change:

March 8, 2021

### Address Listings

Physical (Primary)

407 Ash St  
Wamego, KS 66547

Mailing

407 Ash St  
Wamego, KS 66547

**Dial 2-1-1 to talk to a specialist**

Or 1-888-413-4327 to find help

## Remember to Assess and Reassess

Patients aren't always in a position to answer social determinant questions upon admission or maybe embarrassed to answer them honestly at first. Listen and observe for signs of needs and be an advocate for your patients. Sometimes we are the only voice they have.



Thank You

A handwritten note on a piece of white paper with a faint grid pattern. The word 'Thank' is written in orange marker and 'You' is written in purple marker.