



OUR MISSION:

To be a relentless force
for a world of longer,
healthier lives.



2022-2023 AMERICAN HEART ASSOCIATION Heart Ball Ambassador Program

The Heart Ball Ambassador Program is an inclusive leadership development program, community engagement and health education program for Wichita area high school sophomores



OVERVIEW OF OUR CURRICULUM

Ambassadors begin meeting in August and typically meet once a month until the conclusion of the program in May. Additional details will be provided to families throughout the program.

- **Kickoff Event in August**
- **Mental Health & Self Care - how this impacts health**
- **Creating Heart Healthy & Equitable Communities**
- **Exploring Careers in Health Care**
- **Developing your Personal Brand**
- **Making an Impact at the Ambassador Teleparty Fundraiser**
- **Living Heart Healthy & Becoming a Health Advocate**
- **Presentation at the 2023 Wichita Heart Ball**
- **CPR & AED Training**

WHAT'S REQUIRED & HOW TO APPLY

Submit a completed application, letter of reference, deposit or full payment AND signed agreement by May 1st, 2022 for early admission which includes seats to the 2022 Heart Ball, May 7th. See application for financial options.

***Need-based scholarships are available, first come first serve.**

Requirements

- **2022-2023 High School Sophomore**
- **1 Letter of Reference from a non-family member**
- **Completed application & full contribution OR deposit**
- **Strive to attend all Ambassador programs and activities and be a positive brand Ambassador for the Association**
- **Demonstrate leadership qualities and responsibility toward keeping commitments**

HEART BALL AMBASSADOR PROGRAM

Ambassadors are a group of selected high school sophomores who participate in educational and social programs and activities. The Ambassadors will be presented at the American Heart Association's Heart Ball in February 2023. The activities will occur during the 2022-2023 school year.

The Ambassador program is intended to be fun and prepare young leaders to be future heart advocates.

Becoming an Ambassador is an excellent resume builder, since these young men and women have the opportunity to learn valuable leadership development skills and network with peers. Attending the required sessions will equate to community services hours (max 15 hours).



Questions or for more information:

Angie Galindor
angie.galindo@heart.org