

# Controlling Blood Pressure in Delaware

As the lead agency of the Hypertension Control Network (HCN), the American Heart Association convenes health center, health system and private practice representatives along with advocates, community-based organizations, and large employers throughout Delaware who have a stake in community health.

The priority of the HCN is to reduce heart disease with an emphasis on hypertension control for individuals with low socioeconomic status (SES).

The three key areas of focus for the Delaware Hypertension Control Network are:

**Increase hypertension control through screening and follow-up focusing on individuals with low SES.**

**Establish best practices at primary care offices, HRSA funded health centers and other health care organizations (HCOs).**

**Identify community/clinical data and metrics that are meaningful to improve patient quality around hypertension in our region.**

## DELAWARE HYPERTENSION CONTROL NETWORK

**Goal:** Achieve >70% or greater hypertension control for adults across Delaware by 2024.

- American Heart Association
- AmeriHealth Caritas
- Bayhealth
- Beebe Healthcare
- Bethel AME Wilmington
- Black Nurses Rock Delaware Chapter
- Chi Eta Phi Sorority, Inc.
- ChristianaCare
- Delaware Division of Public Health
- Delaware Division of Libraries
- Food Rescue Heroes
- Healthy Communities Delaware
- Henrietta Johnson Medical Center
- La Red Health Center
- Medical Society of Delaware
- Mid-Atlantic Association of CHCs
- Milford Wellness Village
- Mountaire Farms
- Quality Insights
- TidalHealth
- Trinity Health Mid-Atlantic: St. Francis
- Unite Delaware
- University of Delaware
- Westside Family Healthcare
- YMCA of Delaware



**American  
Heart  
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The Hypertension Control Network is an initiative of the American Heart Association of Delaware with generous funding and support from: E. Thomas Harvey & Robin Adair Harvey, The Happy Difference Foundation, Highmark Blue Cross Blue Shield Delaware, The Longwood Foundation, M&T Charitable Foundation, and the WSFS CARES Foundation. Additional funding to support our work in achieving blood pressure control comes from local sponsorships and donations.