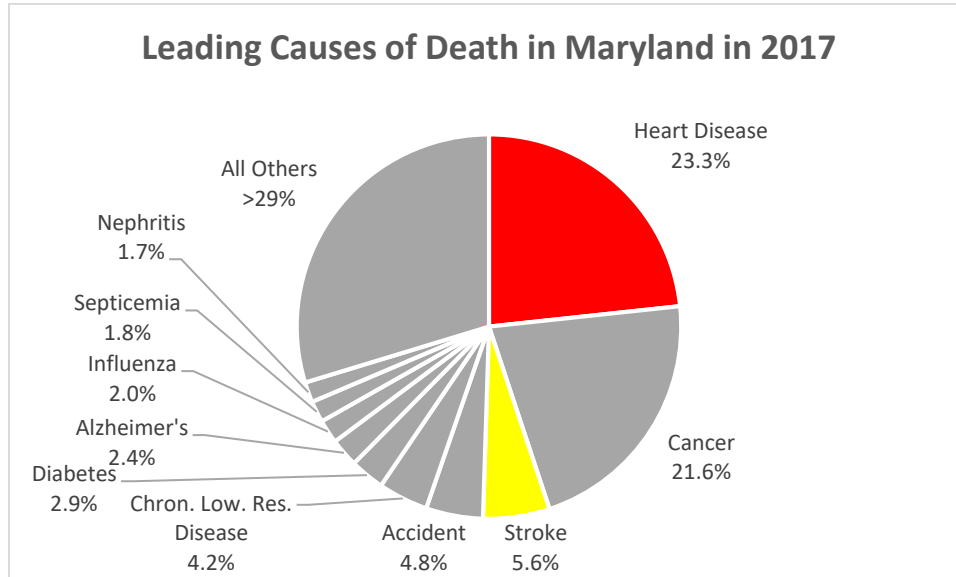




Maryland Fact Sheet



Maryland has the 21st highest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in Maryland*
- 11,653 people in Maryland died of heart disease in 2017*
- Stroke is the no. 3 killer in Maryland*
- 2,820 in Maryland died of stroke in 2017*

Heart Disease and Stroke Risk Factors in Maryland***

	<u>Maryland</u>	<u>US</u>
Adults who are current smokers	13.9%	17.5%
Adults who participate in 150+ min of aerobic physical activity per week	50.6%	51%
Adults who are overweight or obese+	66.2%	65.3%
Adults who have been told that they have had a heart attack	3.7%	4.2%
Adults who have been told that they have had a stroke	3%	2.9%
Adults who have been told that they have angina or coronary heart disease	3.3%	3.9%
Population of adults (18-64) who have some kind of health care coverage	91.1%	91%
High school Students who are obese++	12.6%	13.9%
Percentage of population covered by Medicaid/Chip+++	22%	20%

* Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017.
 ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
 ** List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.
 ***Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.
 + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
 ++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017
 +++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016