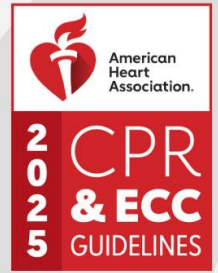


BLS Provider Course (Instructor-Led Training) 2025 Guidelines FAQ



For International Training Network Use Only

As of February 2026

BLS Provider Instructor-Led Training (ILT) Course Questions

Q: What is the American Heart Association's 2025 BLS Provider Course?

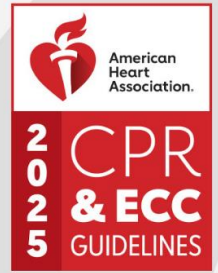
A: The Association's Basic Life Support (BLS) Provider Course trains participants to promptly recognize and respond to several life-threatening emergencies, perform high-quality CPR, and provide early use of an AED. The 2025 course has been updated to reflect new science in the 2025 American Heart Association Guidelines for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC). The BLS Provider Course teaches rescue techniques for adults, children (1 year to puberty), and infants (younger than 1 year, excluding the newly born).

Q: What specifically is taught in the new BLS Course?

A: In the 2025 BLS Provider Course, students will learn and practice

- High Quality BLS for adults, children, and infants
- Chest compressions
- Use of an AED
- Effective breaths and ventilation
- Relief of foreign-body airway obstruction for adults, children, and infants
- High Performance Teams

BLS Provider Course (Instructor-Led Training) 2025 Guidelines FAQ



Q: What are the key differences between the 2020 Guidelines and 2025 Guidelines versions of the BLS Provider Course?

A: The new BLS Course includes the following changes:

Course Videos

- All course videos have been updated to reflect the 2025 updates to science and education
- Live-action scenarios in both in-hospital and out-of-hospital settings
- Scenarios depicting female cardiac arrest

Instructor Manual

- Instructor-led student practice activities within lesson plans
- New Instructor-led discussions to reinforce video learning
- Lesson plans enhanced with correlating references to the student manual
- It is recommended that Instructors play the practice-while-watching videos once through before having students practice.

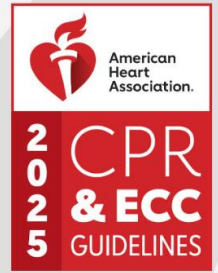
Skills Testing

- Inclusion of bystander hands-only CPR in out-of-hospital skills testing scenario
- For the Infant CPR Skills Testing Checklist, students will be tested on both heel of 1 hand and 2 thumb-encircling hands techniques for infant compressions.

Provider Manual

- Updated Chain of Survival
- New science-aligned algorithms
- Updated severe Foreign-Body Airway Obstruction protocols
- Infant compression techniques including both the heel of 1 hand and 2-thumb-encircling hands techniques
- New and revised illustrations

BLS Provider Course (Instructor-Led Training) 2025 Guidelines FAQ



Q: What are the course completion requirements for the BLS Provider Course?

A: To successfully complete this course and earn your BLS course completion card, students must do the following:

- Participate in hands-on interactive demonstrations of high-quality CPR skills
- Pass the Adult CPR and AED Skills Test
- Pass the Infant CPR Skills Test
- Score at least 84% on the exam

Q: Is there a BLS Renewal Course?

A: Yes.

BLS Target Audience

Q: Who is the intended audience for the BLS Provider Course?

A: The Association's BLS Provider Course is designed for healthcare professionals and trained first responders who provide care to patients in a wide variety of settings, as well as individuals enrolled in healthcare training programs.

There are still 2 main course tracks for the BLS audience: in-hospital and out-of-hospital. Both tracks include the same course content, but scenarios are tailored to the audience taking the BLS course

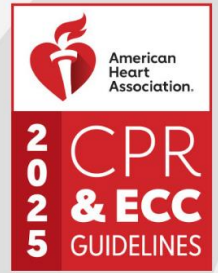
Q: What does the term "in-hospital" mean?

A: In-hospital refers to anyone who works or volunteers in a hospital setting.

Q: What does the term "out-of-hospital" mean?

A: Out-of-hospital refers to anyone who works or volunteers outside of the hospital. This was previously called the prehospital track.

BLS Provider Course (Instructor-Led Training) 2025 Guidelines FAQ



Course Materials

Q: What materials are available for the BLS Provider ILT Course?

A: Materials for the Association's BLS Provider ILT Course are currently available through [ShopCPR.Heart.org](https://shopcpr.heart.org).

For those countries who cannot access ShopCPR should reach out to their International Training Center.

Print products for International English are now available to purchase through your International distributor.

Materials include:

Student Materials:

- 25-2804 BLS Provider Manual (International English) (includes BLS Reference Card (International English), product JN-1496))
- 25-2803 BLS Provider Manual eBook (includes BLS Digital Reference Card (International English), product 25-2942))
- 25-2942 BLS Digital Reference Card (International English)

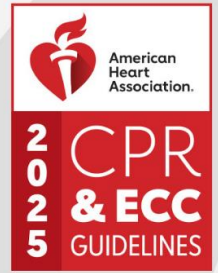
Instructor Materials:

- 25-2802 BLS Instructor Manual eBook (International English)
- 25-2851 BLS Provider Course Videos: Digital & Streaming (International English)

Cards:

- 25-2800 BLS Provider eCard (International)
- 25-2876 BLS Advisor eCard (International)

BLS Provider Course (Instructor-Led Training) 2025 Guidelines FAQ



Course Length

Q: How long is the BLS Course?

A: Approximate times for each version of the BLS Provider Course are listed below:

- BLS ILT Full Course: 4:30 hours with breaks
- BLS ILT Renewal Course: 4 hours with breaks

Teaching the New BLS Provider Instructor-led Course

Q: Who can teach the new BLS Provider ILT Course?

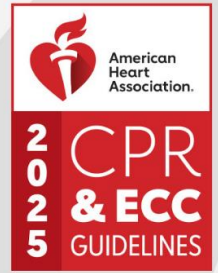
A: The new BLS Provider Course may be taught by American Heart Association BLS Instructors who have completed their 2025 Guidelines Instructor Update for BLS and have received and reviewed their new 2025 Guidelines BLS Instructor materials.

Q: What resources are available to help Instructors understand the new BLS Course and materials?

A: 2025 BLS Instructor Update (25-1637)

The 2025 American Heart Association Guidelines BLS Instructor Update Course provides AHA Instructors updates on new science and key changes published in the 2025 Guidelines for CPR and ECC. They also deliver Interim Training Materials and guidance on how to use these materials to incorporate 2025 science and education updates to those instructors who are still using the 2020 training materials. All International AHA Instructors must complete their required science update by 11:59 p.m. CST, 28 February 2026, to continue teaching Association courses in International English. If Instructors cannot complete the Instructor Update course in English, language versions are coming soon, and more information on completion dates for languages will be shared at a later date.

BLS Provider Course (Instructor-Led Training) 2025 Guidelines FAQ



BLS Product & Course Orientation (International English) (JN-1511)

The P&CO is now available on [Atlas](#). If you cannot access Atlas, contact your Training Center Coordinator.

The P&CO provides BLS Instructors

- Information about new course materials, course curriculum updates, and how the changes impact the way you will teach the BLS Course
- Details, clarification, and direction on various course formats
- Specifics about new BLS course materials
- Steps to incorporate new updates into various course settings

While all BLS Instructors are strongly encouraged to complete the P&CO before teaching the new course, it is not required. Viewing the P&CO is most helpful if Instructors have new course materials in hand while viewing.

2025 BLS Exam

Q: Are students allowed to access resources when taking the BLS Provider Course Exam?

A: The Association has adopted an open-resource policy for exams. Open resource means that students may use resources as a reference while completing the exam. Resources could include the provider manual, either in printed form or as an eBook on personal devices, any notes the student took during the provider course, the 2025 Handbook of ECC for Healthcare Providers, the 2025 American Heart Association Guidelines for CPR and ECC, etc. Open resource does not mean open discussion with other students or the instructor. Students may not interact with each other during the exam.