



Walking Path



WALKING PATH
0.5 MILES

Tips for Safety:

- Stay on Path
- Wear Sneakers or Boots
- Wear Reflective Clothing after Sunset
- Carry a Flashlight
- Stay Hydrated

Proud Local Supporter of the
American Heart Association Walking Paths



For more information about AHA Walking Paths, visit www.StartWalkingNow.org or contact your local AHA office.