

# What is **HeartChase?**

A fun  
game

for a  
great  
cause!

## HeartChase: Get your game on!

HeartChase allows students learn while engaging in fun physical activities, creating public awareness to prevent heart disease, raising dollars to fund lifesaving research and earning community service hours. Teams of four will compete against each other on Game Day in fun, heart-health challenges that test knowledge and skills related to physical fitness, nutrition, or hands-only CPR.

## How can teams win?



Start by signing up four players per team. Then raise funds to earn Game Advantages that boost the odds of taking your team to **VICTORY!** The team with the most points when the game clock strikes 0:00 will be High School HeartChase Heroes!

## When YOU play, the American Heart Association WINS!

Generate team spirit, have fun with other students, play during school and help a great cause. Raising funds for the American Heart Association will help all of us live longer and healthier.

### THROUGH HEARTCHASE, TOGETHER WE CAN:

- Plan a fun event for you and your friends.
- Play and learn more about keeping you and your friends healthy for life.
- Help 1,000 communities get healthier.
- Reach 2.5 million people with lifesaving information.
- Raise \$25 million by 2020 to save more lives.