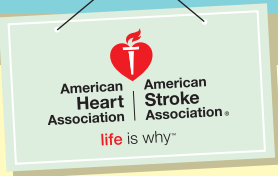




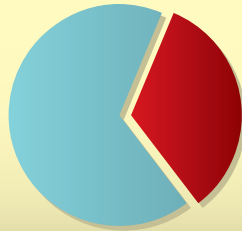
# CARDIOVASCULAR DISEASES AFFECT EMPLOYERS



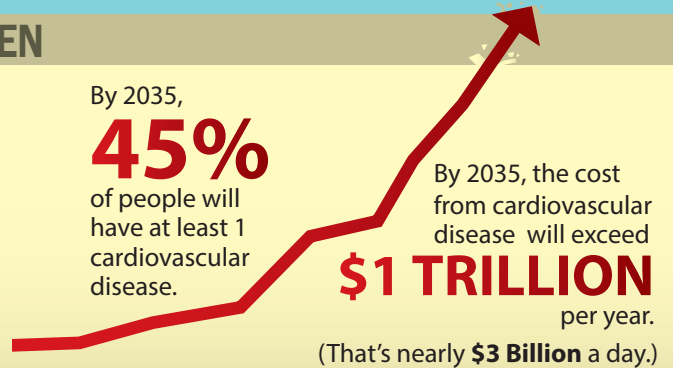
Cardiovascular diseases are the **No. 1 killer of Americans**. They place a troublesome burden on American businesses & families.

## THE BURDEN

Cardiovascular diseases account for **1/3 of all deaths**.



By 2035, **45%** of people will have at least 1 cardiovascular disease.



## RISING HEALTHCARE PREMIUMS

In the last decade, healthcare insurance premiums have **drastically risen** for both large & small businesses.

**Small Business Increase**



**Large Business Increase**



## CARDIOVASCULAR DISEASES BURDEN EMPLOYERS



### The cost of high blood pressure

High blood pressure raises an employee's healthcare costs by nearly **one third**.



Hypertension-related absenteeism costs employers **\$10.3 billion per year**.



### The cost of stroke

Stroke is America's **No. 1** debilitating disease.



Stroke costs all payers **\$6,492 a person per year**.

Stroke leads to an average of **20 lost workdays per year** per patient.



### The cost of obesity

Obesity raises an employee's healthcare costs by **27 percent**.



Obesity-related absenteeism costs employers **\$11.2 billion per year**.



### The cost of cardiovascular diseases



**Employees with a cardiovascular disease**

- **Lost 56 hours** more per year in productivity
- Cost **\$1,119 more** per year in insurance
- Congestive Heart Failure costs all payers **\$8,332 a person per year**.



Heart disease leads to an average of **13 lost workdays** per year per patient.



### The cost of physical inactivity



Physical inactivity costs U.S. employers **\$9.1 billion per year**.

## **CARDIOVASCULAR DISEASES AFFECT EMPLOYERS**

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