



*Child care providers want to provide healthy environments for children, and they must be supported with resources.*

### 434,000

children are within subsidized child care and preschools in California.

### 50%

of children ages 0-5 in LA County spend at least part of their day in child care.

### 13%

of California's low-income children are in high quality early education programs.

### 33%

of providers said they did not have enough money to make the healthy changes they wished to incorporate in their site.

### Need for Healthy Early Child Care

#### Problem

- California ranks 6th in the nation of states in percent of 2 to 4-year olds in the Women, Infants, and Children (WIC) program who are obese.

**1/2** *The number of Latino children who will develop type-2 diabetes in their lifetimes if the problem continues.*

- Infants with a high consumption of sugary drinks have 83% greater odds of developing dental caries by their 6th birthday, compared to infants who never consumed sugary drinks.

#### Solution

- Quality early care education can help shrink the achievement gap, improve health outcomes, and increase lifetime earnings.
- Early childhood programs can establish healthy habits for preschoolers like less screen time and more physical activities.



### Budget Proposal

- Establish funding for dedicated technical assistance and grant opportunities for child care providers in low-income communities to incorporate nutrition, active play, and screen time standards.
- \$10 million allocated over two years
  - Effective January 2019
  - Administered through the Department of Education's (DOE) Resource and Referral (R&Rs) agency Health and Safety Training regions.
  - The DOE shall develop a system to prioritize funding for those providers in low-income communities or serving families with low incomes.

