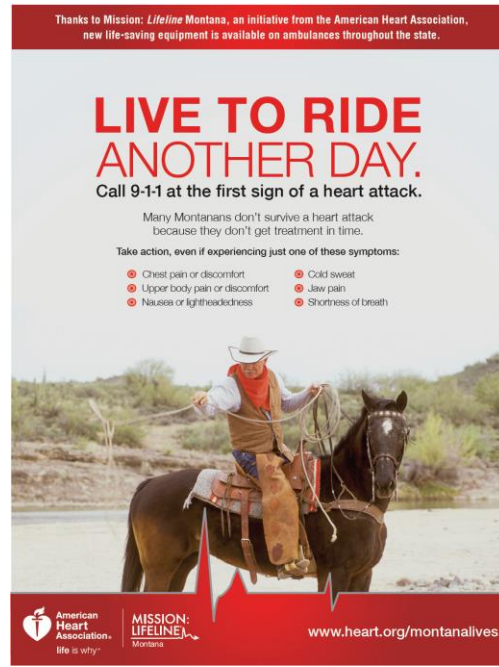


## Grassroots Kits Order Form

We have Grassroots Kits available to help increase calls to 911. The kits include posters, magnets, social media tips, & cardiovascular disease FAQs. You can order the posters in 8.5x11 or 11x 17-color or black & white. You can use these at health fairs, in waiting rooms, or any public events. EMS week will soon be upon us. Put your order in now to Bobbie for any events you will be hosting. Just fill out quantities below and email form to [Bobbie](#) or you can also print these on your own from our [website](#). To get a closer view of the posters please check out our website.



8.5x11's needed \_\_\_\_\_ 11x17's needed \_\_\_\_\_

Black and White  Color

8.5x11's needed \_\_\_\_\_ 11x17's needed \_\_\_\_\_

Black and White  Color

8.5x11's needed \_\_\_\_\_ 11x17's needed \_\_\_\_\_

Black and White  Color

Magnets # needed \_\_\_\_\_

Social media tips sheets: # needed \_\_\_\_\_

Cardiovascular disease FAQ sheets: # needed \_\_\_\_\_

Send to this address:

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17-AHA-0017 Tool  
Kit Fact Sheet & Lett

17-AHA-0017 Tool  
Kit Social Media Pos

## Dial 9-1-1

In a heart attack, every second matters. By calling 9-1-1 instead of driving to the hospital you significantly increase your chance of survival.

**Know these heart attack symptoms:**

- Chest pain or discomfort
- Upper body pain or discomfort
- Shortness of breath
- Cold sweat
- Nausea
- Lightheadedness

[heart.org/montanalives](http://www.heart.org/montanalives)