Follow up and regular checkups are important for preventing congestive heart failure and stroke.

*It is very important to take risk reduction measures even though no method or treatment can guarantee prevention. Know the warning signs for stroke and call 9-1-1 immediately if you experience them.

What are my CHA₂DS₂ - VASc risk factors?
- Congestive heart failure?
- Hypertension?
- Age? (75 or greater)
- Diabetes?
- Stroke? (prior episode)
- Vascular disease?*
- Age? (65 - 74)
- Sex category? (female)

Does my heart rhythm or rate need treatment?

If yes, there are 2 basic treatment considerations

How will I prevent* stroke?

Based on the following

Follow up

Healthy Lifestyle

Aspirin? (Only considered a potential treatment option for select low-risk patients**)

FDA Approved Anticoagulants?

Follow up and regular checkups are important for preventing congestive heart failure and stroke.

Medications

Catheter Ablation

Cardioversion

Surgery

Usually combined with other treatments

Yes, we will pursue heart rate control

Not at this time - We will monitor the situation

Yes, we will pursue keeping the heart in normal rhythm

Does my heart rhythm or rate need treatment?

*AFib risks factors linked to vascular disease history include:
- Prior heart attack
- Peripheral Artery Disease (PAD)
- Aortic plaque

** Select low-risk patients includes those with nonvalvular AFib and a CHA₂DS₂ - VASc risk score of 1.