

Name _____

Sugar Detectives Worksheet

My 5 Favorite Sweet Treats Are	It Contains This Much Sugar	A Good And Healthy Alternative Is	It Contains This Much Sugar	Healthy alternative has X less grams of sugar than sweet treat has
1.		1.		X=
2.		2.		X=
3.		3.		X=
4.		4.		X=
5.		5.		X=