What's on the Food TV? Quick Activity

Invite students to create programming for a special television channel devoted to healthful eating. Suggest that they try writing short descriptions of the shows they think might appear on this channel.

Remind students that TV listings usually tell what time a show starts, what channel it is on, what it is about and sometimes who is in it.

A typical listing might look like this:

7:00 p.m. (Channel 67) “Apples: Does One a Day Keep the Doctor Away?” Scientists discuss why apples are good for you.

Students can write their own listings or work in small groups to write listings. Encourage them to choose and read their favorite descriptions to the class.