**Songs of the Heart**

Invite students to write song lyrics about the heart. They might create a tune of their own or choose the tune from a well-known song, such as "Row, Row, Row Your Boat" or "I've Been Working on the Railroad." Older students might enjoy writing a rap about the heart.

Divide the class into small groups. Have the groups write lyrics for their chosen tune about why the heart is important or how to keep the heart healthy. You might want to give students the beginnings of some possible lyrics.

- Heart, Heart, Love My Heart! (to the tune of "Row, Row, Row Your Boat")
- I've been working on a healthful diet (to the tune of "I've Been Working on the Railroad")
- This strong heart, it pumps blood (to the tune of "This Old Man")

Have the groups take turns singing their songs to their classmates.