The Heart's a Most Important Part Game

The heart, the heart, the heart
Is a most important part.
How important a part is the heart?
Your body won't start without a heart!
That's how important a part
Is the heart, the heart, the heart.

Write the rhyme on the chalkboard and read it aloud. Ask children to name the words that rhyme (heart, part, start). Read the rhyme again and have children say it with you. Then ask them to clap their hands each time they hear the words heart, part and start. Read the rhyme several times until children clap at all the appropriate places. Now tell them that you will read the rhyme and leave out some words. Ask them to say the missing words. Read the rhyme again, leaving out the words heart, part and start and pausing while the children say the words. Then ask children to give their own ideas about why the heart is an important part of the body.