Heart Message Quick Activity

Give children copies of Heart Message Activity Sheet.

Read the directions to children, or have volunteers read the directions aloud. Make sure that children understand what they are to do in the activity. If they need help, read and fill in the first sentence together. You might wish to have children work in pairs to complete the page.

Then as a class check the activity answers. Ask volunteers to read the sentences, name the missing words and solve the puzzle. Encourage children to think about the answer word – HeartPower! – and what it means to them.

Heart Message Quick Activity (Spanish)

Un mensaje del corazón

Give children copies of Activity Sheet Un mensaje del corazón.

Read the directions to children, or have volunteers read the directions aloud. Make sure that children understand what they are to do in the activity. If they need help, read and fill in the first sentence together. You might wish to have children work in pairs to complete the page. Si quieren, trabajen en parejas y completen juntos la hoja.

Then as a class check the activity answers. Vamos a revisar las respuestas todos juntos. Ask volunteers to read the sentences, name the missing words and solve the puzzle. Encourage children to think about the message – ¡Corazón sano! – and what it means to them. ¿Qué creen que quiere decir el mensaje?