Everybody Needs a Heart Song

Write the following lyrics on the chalkboard and sing them to the tune of “Here We Go ‘Round the Mulberry Bush.”

Everybody needs a heart,
Needs a heart,
Needs a heart.
Everybody needs a heart
To keep their body running

Ask children to sing the song with you and sing it together several times. Then help children write their own verses about the heart using the same tune. They might write about how the heart works or what it needs. For example:

The heart, it pumps blood constantly,
Constantly.
The heart, it pumps blood constantly,
To keep the body running.
The heart needs daily exercise,
Exercise.
The heart needs daily exercise,
To keep it strong and healthy.

The heart gets all its nutrients,
Nutrients.
The heart gets all its nutrients
From foods that we have eaten.

Older students can work in small groups to write their verses. Encourage each group to sing its verse to the others. As a class project, arrange all the verses by topic and put them into a booklet titled “Everybody Needs a Heart.”