What’s the Big News? Lesson Idea

Objective

- Understand that eating a variety of foods keeps us healthy.

Prepare

- Download and print *Big News! Straight From the Heart* story

Materials

- *Big News! Straight From the Heart* story

Explore

1. Read the entire story to children, with few interruptions. To build interest in the plot, at strategic points in the story, ask children to predict an upcoming event. When you ask "What do you think will happen next?" follow up with "Why do you think that?"

2. Read the story a second time. Then review the story with children. *Who is asking all the questions? What do you think will happen next?* follow up with "Why do you think that?"

3. Focus on the characters of Squeaks, Cubby and Mrs. Calico by reviewing what each character ate. Point out that the characters chose healthful foods to eat and that it is important to eat lots of different foods. Ask children to think of other healthful foods that the three characters might eat.

What’s the Big News? Lesson Idea (Spanish)

¿Cuál es la gran noticia?

Objective

- Understand that eating a variety of foods keeps us healthy.

Materials

- ¡La gran noticia! Directo desde el corazón

Explore

1. Read the entire story to children, with few interruptions. To build interest in the plot, at strategic points (not every page) in the story, ask children to predict an upcoming event. When you ask "What do you think will happen next?" follow up with "Why do you think that?" ¿Qué creen que va a pasar ahora? ¿Por qué creen eso? The second question encourages children to think about the reasons for their predictions.

2. Read the story a second time. Invite children to read the story along with you. *Vamos a leer el cuento otra vez. Esta vez, lean el cuento conmigo.* Use a natural reading rate and intonation. Then review the story with children. Who is asking all the questions? ¿Quién hace todas las preguntas? Who is taking pictures of the animals? ¿Quién les saca fotos a los animales? Why is Leonardo talking to the animals about their big news? ¿Por qué habla Leonardo con los animales sobre la gran noticia de cada uno? Who ate cereal, pasta and bread? ¿Quién comió cereal, pasta y pan? What did Osi eat? What is Lanitas doing? What is in the middle of the pinwheel that Pasofino is holding? ¿Qué hay en el centro del molinete que sostiene Pasofino? Have you ever seen the no-smoking symbol? ¿Han visto alguna vez el símbolo de no fumar? Where did you
see it? ¿Dónde lo vieron? Can you do the things that the animals in the story do? ¿Pueden hacer las cosas que hacen los animales del cuento?

3. Focus on the characters of Ratón Pérez, Osi and señora Micifuz by reviewing what each character ate. ¿Qué comió el Ratón Pérez? ¿Y Osi? ¿Y la señora Micifuz? Point out that the characters chose healthful foods to eat and that it is important to eat lots of different foods. Ellos escogieron alimentos saludables. Es importante comer muchos alimentos diferentes. Ask children to think of other healthful foods that the three characters might eat. ¿Qué otros alimentos saludables podrían comer el Ratón Pérez, Osi y la señora Micifuz?