**cues:** ready • set • jump • jump • turn
• reach over • unwrap • face partner

1. Without a rope, two partners face each other, lightly touching or holding hands.

2. Partner A brings his or her right hand across his or her body to the left side at shoulder level, turning partner B clockwise.

3. Partner A reaches over partner B's head as partner B turns toward the back. Partner A brings his or her hand back to right side.

4. Reverse steps 1–3 to unwrap.

5. Repeat steps 1–4. Both partners jump, using a single bounce, without ropes.


**tips:** The partners' hands should barely touch (don't grip hands tightly). • Partner A's hands should be on top, palms down. • Also practice bringing the left hand across and turning partner B clockwise.