Jump Bands: Triple Threat

Description of Activity:
- Three (3) Enders; one (1) on each end; and one (1) in the middle.
- The middle Ender has both sets of Jump Bands attached to their ankles; and should be the “leader”.
- One (1) Center in each space (green and blue).
- Centers should start with “Original” and move on to more challenging “dances” as their skills increase.
- As skills increase, the group may add additional Centers to each space.
Enders: Jump “Out-Out-In-In”
• “In-In-Out-Up”.

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