Description of Activity:
- Two (2) Centers, on opposite sides of the jump bands.
- The open space between the Jump Bands, just to the right of the Center, is that Center’s Home.
- At the same time, both Centers begin doing the “Original” footwork, moving to the right to begin.
- As their skills improve, add a 3rd Center and then a 4th Center.
Enders: Jump “Out-Out-In-In”