Description of Activity:
- Start with one (1) Center.
- The open space between the Jump Bands, just to the right of the Center, is that Center’s Home.
- The Center hops into the middle of the two bands with right foot; then left foot.
- The Center hops out with right foot, then hops again on right foot; then hops on left foot.
- Repeat the sequence again while moving to the next Home.
- **Right, Left, Right, Right, Left.**
- As their skills improve, add a 2nd Center, a 3rd Center and then a 4th Center.

Enders: Jump “Out-Out-In-In”