Social Studies Lesson Plan

Biography of an Athlete

Quick summary: Students will research and write a report on a professional athlete.

How long will it take: 45 minutes

What do I need: Computer with internet access

How does it work:
Divide students into groups of 2 or 3. Students will select an athlete (past or present) and write a report on the athlete. Instruct the students to practice the sport their athlete played at home and have them demonstrate the sport at the end of their report. Provide time in subsequent classes for each group to share their report and demonstration with the class.

Following are suggested items to cover in the report:

1. Athlete name and sport
2. Birth place and date of birth
3. Why did they select the sport?
4. What type of training activities do they use?
5. What other sports or activities do they enjoy?
6. What teams did they play for?
7. Awards and accomplishments in the sport
8. What will they most be remembered for?
9. Who was their role model?
10. How have they been a positive role model?
11. What was the athlete's importance in history?
12. How would the sport have been influenced if this athlete wasn’t involved?
13. Additional information about the athlete such as hobbies, interests, involvement in a charity, what they plan to do after their sport career ends (or has ended).