English and Technology Lesson Plan 1

PLAY 60 PowerPoint

Quick summary: Students will create a PowerPoint presentation based on a sport or activity and present to the class.

How long will it take: 45 minutes to create the presentation. Additional time will be required for group presentations.

What do I need: Computer for each group of students with PowerPoint software, access to internet and student worksheet.

How does it work:
The class will be divided into groups of three to four students. The teacher will ask the groups to research a sport or physical activity that they enjoy and create a PowerPoint presentation answering questions that are posed by the teacher.

Suggested items to cover in the presentation:

1. Why you selected this sport or activity
2. Include a brief history of the sport/activity such as: origin, rules and regulations
3. List skills necessary to participate in the sport/activity
4. Include fitness components the sport/activity focuses on, for example: cardiovascular, muscular strength, muscular endurance, flexibility
5. Provide a diagram of major muscle groups used during the sport/activity
6. List other activities that are connected to the sport/activity
7. Identify local areas to participate in or observe the sport/activity
8. Include ideas on how to encourage others to be active with you in your sport/activity
9. Share how you plan on implementing your sport/activity into your 60 minutes of daily physical activity
10. Additional information that would be interesting to share about the sport/activity

Provide time in subsequent classes for each group to share their PowerPoint presentation with the class.

REINFORCE the content in this lesson with Active Homework Break #2, “Explore a New Sport” on page 20.
Worksheet for English and Technology Lesson Plan 1

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Student Name: ___________________________ Class: ___________________________ Date: ____________

Names of Students in your Group: __________________________________________________________

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