AHA Nutrition Committee Update
3.12.12

Alice H. Lichtenstein, DSc
Tufts University
INAP Representative & Liaison
Agenda

- Nutrition Committee Overview
- November 2011 Meeting Summary
- March 2012 Meeting Agenda
- AHA Science and Medicine Report
Nutrition Committee Overview

- Under Council on Nutrition, Physical Activity and Metabolism (NPAM), one of 16 AHA councils of health professional volunteers

- 10 members, including the Chairperson and Vice-Chairperson, appointed by NPAM leadership and serving two-year terms

- Plus liaisons with other AHA councils, internal committees and major partners (e.g., ADA, AD A, ACS, FDA, etc.)
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<thead>
<tr>
<th>Name</th>
<th>Title/Institution</th>
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<tr>
<td>Frank Sacks, MD, FAHA</td>
<td>Cardiovascular Disease Prevention, Harvard School of Public Health</td>
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<td>Rachel K Johnson, PhD, MPH, RD</td>
<td>Nutrition, Food Science and Medicine, The University of Vermont</td>
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<td>Christopher Gardner, PhD</td>
<td>Preventative Medicine, Plant-Based Diets, Stanford Prevention Research Center</td>
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<td>Henry Ginsberg, MD</td>
<td>Effects of Diet on Lipid Metabolism, Columbia, College of Physicians and Surgeons</td>
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<td>Gary D Foster, PhD</td>
<td>Obesity Research and Psychology, Temple University</td>
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<td>Christine Olson, PhD</td>
<td>Nutrition for Infants, Children and Family, Cornell University</td>
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<td>Carol J Boushey, PhD MPH RD</td>
<td>Nutritional Science and Epidemiology, University of Hawaii Cancer Center</td>
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<td>Kristie Lancaster, PhD, RD</td>
<td>Public Health Nutrition with Emphasis on Vulnerable Communities, New York University</td>
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<tr>
<td>Alice H Lichtenstein, Dsc, FAHA</td>
<td>Cardiovascular Nutrition, Dietary Fatty Acids, Tufts University</td>
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<tr>
<td>Linda Van Horn, PhD, RD, FAHA</td>
<td>Cardiovascular Disease Prevention, Dietary Interventions, Northwestern University</td>
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And Liaisons...
Nutrition Committee Liaisons

Lisa A Cassis, PhD
High Blood Pressure Council
University of Kentucky

Lyn M Steffen, RD, PhD, MPH, FAHA
Epidemiology and Prevention Council
The University of Minnesota

Elaine Urbina, MD, MS, FAHA
Atherosclerosis, HTN and Obesity in Youth
Cincinnati Hospital Children’s Medical Ctr.

George Kaysen, MD, PhD
Kidney Council
University of California, Davis

Lawrence Appel, MD, MPH, FAHA
Hypertension Council, Sodium Task Force,
The Johns Hopkins University

Penny Kris-Etherton, PhD, RD, FAHA
Healthier Diet and Business Committee
Pennsylvania State University

JoAnn S Carson, PhD, RD
Academy of Nutrition and Dietetics
CRRC/ERRC
UT Southwestern Medical School

Judith Wylie-Rosett, RD, EdD
American Diabetes Association
Albert Einstein College of Medicine

Vincent DeJesus, MS, RD
Food and Drug Administration
Center for Food Safety and Applied Health

Janelle Peralez Gunn, MPH, RD
Centers for Disease Control and Prevention
Division for Heart Disease and Stroke Prevention

Rebecca Costello, PhD, FACN
Office of Dietary Supplements

Catherine Loria, PhD, MS, MA, FAHA
National Heart, Lung and Blood Institute
Nutrition, Physical Activity, and Metabolism Council

- Nutrition
- Physical Activity
- Diabetes
- Obesity
- Behavior Change

- 5 Science Subcommittees
- Collaborate on scientific programming; statement development
Committee Member Responsibilities

- Identify scientific research gaps and determine areas for review and examination; emphasis in nutrition and cardiovascular disease
- Serve as members of writing groups for the development of AHA scientific statements
- Serve as AHA spokesperson, work with communications staff
- Provide guidance to AHA departments (e.g., Food Certification, Consumer Publications)
- Participate in INAP for the purpose of exchanging scientific information
- Work cooperatively with the Office of Public Advocacy in matters concerning legislation and government regulations
Strategic Relationship with INAP

- Nutrition Committee members participate in meetings twice yearly.
- INAP representative from Nutrition Committee participates in conference calls with INAP leadership, as needed.
- Nutrition Committee members participate in luncheons and receptions for optimal networking and sharing.
- Nutrition Committee members participate in speaker panels per INAP invitation.
  - Provides suggestions for speaker panels and topics for consideration.
- Nutrition Committee receives information provided by INAP members via staff.
- Nutrition Committee considers proposals from INAP members (per form).
Manuscripts in Progress
NPAM Council

Dorothea K. Vafiadis, MS
NPAM Papers In Progress

- Parents and Adult Caregivers as “Agents of Change” for Treating Obese Children (published)
- Health Effects of Non-Nutritive Sweeteners
- Type 1 Diabetes and Risk of Cardiovascular Disease
- Women and Exercise
- Prevention of CVS in People with Type 2 Diabetes in Light of New Evidence
- The National Physical Activity Plan: A Call to Action
- Better Population Health through Behavior Change: A Call to Action
- A Comprehensive Guide to the Assessment of Physical Activity: Clinical and Research Applications
Questions?