

ONLY 3% OF KIDS' MEAL OPTIONS ARE HEALTHY. IT'S  
TIME FOR RESTAURANTS TO SERVE KIDS BETTER™.



## WHAT'S ON THE MENU TONIGHT FOR CHILDREN IN [STATE]?

Healthy foods like whole grains, fruits, and vegetables? Hardly.

Thousands of children across [STATE] will eat foods that are high in fat, sugar, sodium, and calories, and low in nutrition. That's because most restaurants make unhealthy food the default and even market it directly to children, so it is nearly impossible for parents to reinforce healthy eating habits when going out to eat.

With Americans spending nearly half of their food dollars on restaurant foods and children consuming a quarter of their daily calories at restaurants, it's a real shame that some restaurants aren't doing their part to feed Americans healthfully.

Luckily, there is something all of us can do to help restaurants serve kids better.

**Sign up below to learn more, and visit [URL PLACEHOLDER] to get involved.**

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