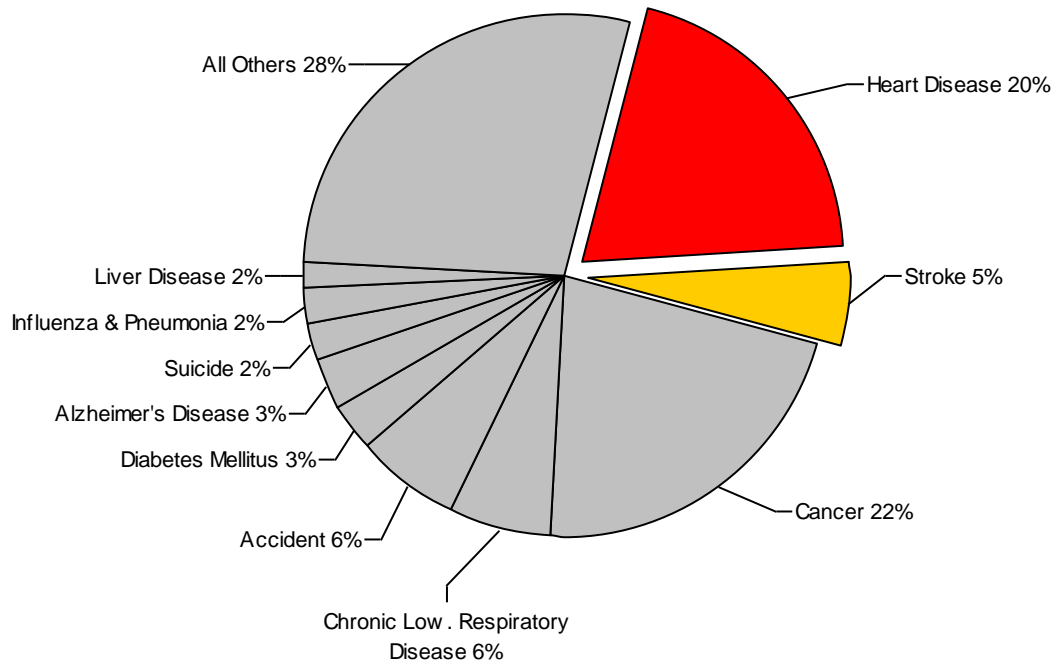




Idaho State Fact Sheet

Leading Causes of death in Idaho in 2013*



Idaho has the 32nd highest death rate from cardiovascular disease in the country.**

- Heart disease is the No. 2 killer in Idaho*
- Stroke is the No. 5 killer in Idaho*
- 2,495 people in Idaho died of heart disease in 2013*
- 598 people in Idaho died of stroke in 2013*

Heart Disease and Stroke Risk Factors in Idaho

	Idaho	US
Adults who are current smokers	17.2%	19%
Adults who participate in 150+ min of aerobic physical activity per week	53.9%	50.5%
Adults who are overweight or obese+	65%	64.3%
Adults who have been told that they have had a heart attack	3.7%	4.4%
Adults who have been told that they have had a stroke	2.3%	2.8%
Adults who have been told that they have angina or coronary heart disease	3.6%	4.1%
Population of adults (18-64) who have some kind of health care coverage	75.9%	80%
High school Students who are obese++	9.6%	13.7%

* List includes Puerto Rico and D.C. Based on total number of deaths in 2013. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2013.
 ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
 ** Based on 2010 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2015 Update. A Report from the American Heart Association. Circulation, Accessed February 1, 2015
 ***Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2013.
 + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
 ++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2013.